

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
1	3016	3	Bruno Pais	-	SEN	Sport Lisboa e Benfica	10	00:18:41	9	01:04:59	3	00:10:22	01:34:03	
2	2088	13	Miguel Arraiolos	-	S23	C. D. "Os Águias" de Alpiarça	8	00:18:40	11	01:05:35	2	00:10:00	01:34:16	00:00:13
3	2004	29	Hugo Ventura	-	S23	DUNIK.PT-Clube dos Galitos	17	00:19:42	7	01:04:04	6	00:10:39	01:34:26	00:00:23
4	3117	33	Lino Barruncho	-	SEN	Clube Olímpico de Oeiras	9	00:18:40	10	01:05:12	12	00:11:03	01:34:56	00:00:53
5	3551	1022	Marco Aurélio Sousa	-	SEN	Ext. Coop. da Benedita	18	00:19:42	8	01:04:10	18	00:11:17	01:35:10	00:01:07
6	2015	30	João Serrano	-	S23	C. D. "Os Águias" de Alpiarça	15	00:19:24	12	01:07:31	4	00:10:24	01:37:20	00:03:17
7	2124	14	Vasco Pessoa	-	S23	C. D. "Os Águias" de Alpiarça	12	00:18:51	14	01:08:15	5	00:10:37	01:37:43	00:03:40
8	3400	284	Marco Costa	-	SEN	Clube Olímpico de Oeiras	3		3		19	00:11:19	01:39:07	00:05:04
9	3039	346	Custódio António	-	SEN	Clube Olímpico de Oeiras	19	00:19:43	15	01:08:29	17	00:11:14	01:39:27	00:05:24
10	3291	4	Duarte Marques	-	SEN	C. D. "Os Águias" de Alpiarça	13	00:18:56	18	01:09:50	8	00:10:49	01:39:37	00:05:34
11	4402	849	Joaquim Carlos Lopes	-	V1	Amiciclo	14	00:19:14	19	01:09:56	22	00:11:24	01:40:35	00:06:32
12	4149	595	José Ribeiro	-	V1	Ext. Coop. da Benedita	33	00:20:52	16	01:08:46	13	00:11:09	01:40:48	00:06:45
13	3552	526	João António Santos	-	SEN	Ext. Coop. da Benedita	48	00:21:34	13	01:07:57	38	00:12:06	01:41:38	00:07:35
14	3412	831	Rui Dolores	-	SEN	Amiciclo	25	00:20:26	17	01:09:15	37	00:12:03	01:41:45	00:07:42
15	1522	419	Diogo Rosa	-	JUN	Núcleo Sportinguista da Golegã	27	00:20:39	20	01:10:16	21	00:11:24	01:42:20	00:08:17
16	3013	12	João José Pereira	-	SEN	Alhandra Sporting Club	7	00:18:13	40	01:14:25	7	00:10:47	01:43:27	00:09:24
17	1535	21	Hugo Alves	-	JUN	C. T. Fundão	11	00:18:41	30	01:12:53	46	00:12:13	01:43:48	00:09:45
18	3049	1152	Sérgio Dias	-	SEN	COMPEED - Tri-Oeste	21	00:20:18	26	01:12:15	20	00:11:19	01:43:53	00:09:50
19	2151	226	Tiago Maia	-	S23	DUNIK.PT-Clube dos Galitos	20	00:20:09	28	01:12:50	9	00:10:58	01:43:58	00:09:55
20	3071	344	Luis Manuel Almeida	-	SEN	Clube Olímpico de Oeiras	2		2		72	00:12:46	01:44:04	00:10:01
21	1543	52	Filipe Azevedo	-	JUN	Clube Olímpico de Oeiras	22	00:20:18	29	01:12:52	11	00:11:02	01:44:13	00:10:10
22	1293	51	Pedro Afonso Gaspar	-	CAD	Núcleo Sportinguista da Golegã	1		1		14	00:11:09	01:44:33	00:10:30
23	3261	499	David Caldeirão	-	SEN	Louletano	37	00:21:11	23	01:11:22	36	00:12:01	01:44:34	00:10:31
24	4359	727	Joel Marcelino	-	V1	Peniche A. C.	38	00:21:11	24	01:11:31	34	00:11:58	01:44:41	00:10:38
25	5378		João Paulo Marques	-	V2	Individual	67	00:22:08	22	01:10:30	70	00:12:44	01:45:22	00:11:19
26	3485	1111	Nuno Patrício	-	SEN	C. N. Alvito	69	00:22:10	25	01:11:43	35	00:11:58	01:45:51	00:11:48
27	4277	672	João Saude	-	V1	Cl. Ferroviário de Vendas Novas	30	00:20:40	35	01:13:55	23	00:11:31	01:46:08	00:12:05
28	3040	1758	Rui Galinha	-	SEN	Núcleo Sportinguista da Golegã	66	00:22:08	27	01:12:32	64	00:12:35	01:47:16	00:13:13
29	3708	430	Octávio Vicente	-	SEN	Núcleo Sportinguista da Golegã	73	00:22:12	31	01:12:55	43	00:12:10	01:47:18	00:13:15
30	3063	1035	Nuno Neves	-	SEN	Louletano	23	00:20:19	46	01:15:34	30	00:11:38	01:47:32	00:13:29
31	3435	181	Marco Fidalgo	-	SEN	G. A. A. Vila Franca de Xira	39	00:21:15	43	01:14:47	26	00:11:34	01:47:36	00:13:33
32	5682		Domingos Paiva	-	SEN	Individual	71	00:22:12	32	01:13:06	62	00:12:31	01:47:50	00:13:47
33	2010	357	Sérgio Filipe Monteiro	-	S23	Clube Olímpico de Oeiras	16	00:19:38	59	01:17:17	15	00:11:12	01:48:07	00:14:04
34	1529	26	Guilherme Marques	-	JUN	C. D. "Os Águias" de Alpiarça	28	00:20:39	53	01:16:16	27	00:11:35	01:48:31	00:14:28
35	3050	387	Bruno Fernandes	-	SEN	A. M. C. R. Fonte Grada	34	00:20:55	58	01:17:13	16	00:11:13	01:49:21	00:15:18
36	3000	665	Vitor Santos	-	SEN	A. M. C. R. Fonte Grada	40	00:21:16	48	01:16:00	47	00:12:13	01:49:30	00:15:27
37	1530	592	Pedro Miguel Amaral	-	JUN	C. D. "Os Águias" de Alpiarça	56	00:22:01	45	01:15:32	56	00:12:27	01:50:01	00:15:58
38	3704	453	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	32	00:20:47	77	01:18:20	10	00:11:01	01:50:09	00:16:06
39	1024	921	Ricardo Jorge	-	CAD	C. D. "Os Águias" de Alpiarça	62	00:22:06	51	01:16:04	42	00:12:09	01:50:19	00:16:16
40	3754	1015	Luis Filipe Santos	-	SEN	DUNIK.PT-Clube dos Galitos	4		4		32	00:11:39	01:50:25	00:16:22
41	3142	497	Pedro Figueira	-	SEN	Ribabike/Assoc. 20 Km de Almeirim	147	00:24:01	38	01:14:08	66	00:12:38	01:50:48	00:16:45
42	3702	495	Hugo Mendes	-	SEN	Ribabike/Assoc. 20 Km de Almeirim	149	00:24:03	33	01:13:54	94	00:13:02	01:51:00	00:16:57
43	3742	846	Miguel Garcia	-	SEN	Amiciclo	132	00:23:41	39	01:14:14	104	00:13:10	01:51:06	00:17:03
44	3772	1312	Ricardo Lanceiro	-	SEN	Sporting CP - St.Peters School	47	00:21:32	67	01:17:59	31	00:11:39	01:51:11	00:17:07
45	3300	241	Nelson Santos	-	SEN	Peniche A. C.	41	00:21:16	76	01:18:20	28	00:11:35	01:51:12	00:17:09
46	1120	416	Rafael Domingos	-	CAD	Núcleo Sportinguista da Golegã	45	00:21:26	73	01:18:16	24	00:11:31	01:51:14	00:17:11
47	4151	1898	António Calafate	-	V1	Núcleo Sportinguista da Golegã	76	00:22:18	52	01:16:13	74	00:12:48	01:51:20	00:17:17
48	1047	309	Eddy Fachadas	-	CAD	TRI CAP - Penafirme	63	00:22:06	54	01:16:28	90	00:13:00	01:51:35	00:17:32
49	4082	923	Raúl Jorge	-	V1	C. D. "Os Águias" de Alpiarça	57	00:22:01	55	01:16:48	75	00:12:49	01:51:39	00:17:36

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
50	4013	500	Miguel Fragoso	-	V2	Vitoria de Janes	51	00:21:42	66	01:17:50	40	00:12:07	01:51:41	00:17:38
51	5522		Paulo Queirós Gonçalves	-	V1	Individual	49	00:21:37	80	01:18:51	25	00:11:33	01:52:03	00:18:00
52	1314	680	João Miguel Cristo	-	CAD	Clube de Triatlo de Almada	79	00:22:20	60	01:17:21	53	00:12:23	01:52:06	00:18:02
53	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	87	00:22:34	56	01:16:48	80	00:12:51	01:52:14	00:18:11
54	5396		Joel Pena	-	SEN	Individual	205	00:24:59	37	01:14:01	118	00:13:18	01:52:19	00:18:16
55	5596		Tiago Inácio	-	SEN	Individual	80	00:22:20	57	01:16:58	96	00:13:06	01:52:25	00:18:22
56	3010	1719	José Miguel Pereira	-	SEN	Peniche A. C.	168	00:24:17	36	01:14:00	198	00:14:08	01:52:26	00:18:23
57	5519		Paulo José Lopes	-	SEN	Individual	173	00:24:24	42	01:14:41	130	00:13:25	01:52:30	00:18:27
58	3047	1783	Isabel Caetano	-	SEN	Clube de Triatlo de Almada	200	00:24:54	41	01:14:27	123	00:13:20	01:52:42	00:18:39
59	3674	386	Pedro Carreira	-	SEN	A. M. C. R. Fonte Grada	59	00:22:04	74	01:18:18	55	00:12:27	01:52:50	00:18:46
60	2142	676	William Lemos	-	S23	Triatlo "osBelenenses"	26	00:20:38	92	01:19:50	54	00:12:25	01:52:54	00:18:51
61	4204	243	Mário Sousa	-	V3	Peniche A. C.	82	00:22:28	70	01:18:12	49	00:12:18	01:52:59	00:18:56
62	3095	1963	Ricardo Esteves	-	SEN	Individual	150	00:24:04	50	01:16:04	79	00:12:51	01:52:59	00:18:56
63	3562	749	João Carlos Canas	-	SEN	Ext. Coop. da Benedita	44	00:21:25	87	01:19:20	48	00:12:14	01:52:59	00:18:56
64	3698	656	José Afonso	-	SEN	McDonalds/TriBraga	74	00:22:12	78	01:18:23	60	00:12:30	01:53:06	00:19:03
65	5652		Sérgio Barros	-	SEN	Individual	218	00:25:08	34	01:13:54	193	00:14:07	01:53:11	00:19:08
66	3098	1979	Hugo Pinho	-	SEN	DAR - SlowDown	182	00:24:30	44	01:15:08	154	00:13:38	01:53:17	00:19:14
67	1524	531	Ricardo Correia	-	JUN	Ext. Coop. da Benedita	81	00:22:28	64	01:17:42	98	00:13:08	01:53:19	00:19:16
68	1002	45	Luis Gabriel Monteiro	-	CAD	Alhandra Sporting Club	24	00:20:20	63	01:17:37	301	00:15:40	01:53:38	00:19:35
69	5571		Romeu Correia	-	SEN	Individual	58	00:22:03	94	01:20:00	29	00:11:38	01:53:42	00:19:39
70	3512	267	Rui Baptista	-	SEN	Cl. Ferroviário de Vendas Novas	89	00:22:39	71	01:18:12	86	00:12:58	01:53:50	00:19:47
71	4137	1481	Eduardo Alçada	-	V1	Ginásio Clube Figueirense	166	00:24:16	49	01:16:02	149	00:13:34	01:53:53	00:19:50
72	4048	674	Jerónimo Manuel Cruz	-	V3	Cl. Ferroviário de Vendas Novas	106	00:23:12	62	01:17:25	132	00:13:25	01:54:03	00:20:00
73	4131	348	Pedro Nogueira Silva	-	V2	Clube Olímpico de Oeiras	86	00:22:33	83	01:19:08	73	00:12:47	01:54:29	00:20:26
74	4026	1038	Rui Medina	-	V1	Louletano	92	00:22:47	90	01:19:25	50	00:12:20	01:54:32	00:20:29
75	3494	424	Rui Pedro Costa	-	SEN	C. N. Tejo	105	00:23:05	89	01:19:25	41	00:12:08	01:54:38	00:20:35
76	4233	1675	Carlos Reis	-	V1	Clube Oriental de Lisboa	143	00:23:59	69	01:18:09	58	00:12:29	01:54:38	00:20:35
77	5472		Luis Silva	-	SEN	Individual	157	00:24:10	61	01:17:23	122	00:13:20	01:54:54	00:20:51
78	3018	1879	João Sousa Ferreira	-	SEN	Clube de Praças da Armada	46	00:21:28	118	01:21:47	33	00:11:53	01:55:09	00:21:06
79	5409		Jorge Pimentel	-	SEN	Individual	114	00:23:22	79	01:18:36	117	00:13:17	01:55:17	00:21:14
80	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	35	00:20:55	116	01:21:18	105	00:13:10	01:55:24	00:21:21
81	5598		Tiago Lopes	-	SEN	Individual	109	00:23:18	85	01:19:14	87	00:12:58	01:55:31	00:21:28
82	5666		Luis Cordeiro	-	SEN	Individual	155	00:24:09	68	01:18:00	136	00:13:27	01:55:37	00:21:34
83	3103	1980	Carlos Almeida	-	SEN	DAR - SlowDown	84	00:22:29	103	01:20:31	68	00:12:41	01:55:42	00:21:39
84	3051	1774	Patricia Serafim	-	SEN	C. T. Fundão	88	00:22:35	102	01:20:31	67	00:12:39	01:55:45	00:21:42
85	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	141	00:23:57	72	01:18:16	151	00:13:34	01:55:48	00:21:45
86	5291		Dário Santos	-	SEN	Individual	102	00:23:04	88	01:19:24	133	00:13:25	01:55:54	00:21:51
87	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	85	00:22:29	108	01:21:01	59	00:12:30	01:56:01	00:21:58
88	4055	1739	Ivo Costa	-	V1	Alhandra Sporting Club	72	00:22:12	106	01:20:52	99	00:13:08	01:56:13	00:22:10
89	1528	1755	João Rodrigues	-	JUN	Núcleo Sportinguista da Golegã	117	00:23:26	86	01:19:16	153	00:13:36	01:56:19	00:22:16
90	3089	1912	Tiago Grilo	-	SEN	S.U.Colarense	108	00:23:16	97	01:20:13	78	00:12:50	01:56:21	00:22:18
91	4081	596	António Jourdan	-	V1	C. D. "Os Águias" de Alpiarça	98	00:22:57	96	01:20:13	109	00:13:12	01:56:23	00:22:20
92	5374		João Mesquita	-	V1	Individual	91	00:22:46	104	01:20:44	116	00:13:16	01:56:48	00:22:45
93	5304		Eduardo Simas	-	SEN	Individual	268	00:26:12	47	01:15:52	245	00:14:46	01:56:51	00:22:48
94	3068	1852	Nuno Henriques	-	SEN	Associação Naval Amorense	75	00:22:16	115	01:21:11	137	00:13:27	01:56:55	00:22:52
95	5292		David leite	-	V1	Individual	65	00:22:07	121	01:21:57	82	00:12:55	01:56:59	00:22:56
96	3763	1902	José Silvestre	-	SEN	Núcleo Sportinguista da Golegã	125	00:23:35	93	01:19:57	142	00:13:29	01:57:02	00:22:59
97	5540		Pedro Pinto	-	SEN	Individual	165	00:24:15	81	01:18:56	176	00:13:54	01:57:06	00:23:03
98	3081	1893	Marco Jardim	-	SEN	Louletano	152	00:24:08	65	01:17:49	273	00:15:11	01:57:09	00:23:06

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
99	4029	394	Luis Guerreiro	-	V1	Ginásio Clube de Sines	90	00:22:44	114	01:21:09	124	00:13:21	01:57:15	00:23:12
100	5450		José Marques	-	SEN	Individual	209	00:25:01	75	01:18:18	179	00:13:56	01:57:16	00:23:13
101	3012	1701	Bruno Miguel Carona	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	151	00:24:06	101	01:20:30	69	00:12:42	01:57:19	00:23:16
102	4382	478	Paulo Fonseca	-	V1	Clube de Triatlo de Almada	115	00:23:23	111	01:21:02	93	00:13:01	01:57:27	00:23:24
103	3318	1518	Leandro Pinto	-	SEN	McDonalds/TriBraga	196	00:24:52	84	01:19:12	134	00:13:26	01:57:31	00:23:27
104	3753	1014	Rui Santos	-	SEN	DAR - SlowDown	68	00:22:08	132	01:22:42	85	00:12:57	01:57:49	00:23:46
105	4125	1894	António Borlão	-	V1	C. D. "Os Águias" de Alpiarça	54	00:22:00	130	01:22:37	140	00:13:28	01:58:07	00:24:04
106	5469		Luis Pinho	-	V1	Individual	104	00:23:04	134	01:22:46	52	00:12:23	01:58:14	00:24:11
107	3031	980	Paulo Marques	-	SEN	Clube de Praças da Armada	29	00:20:40	174	01:25:38	39	00:12:06	01:58:24	00:24:21
108	5491		Miguel Carmo	-	S23	Individual	159	00:24:10	109	01:21:01	112	00:13:15	01:58:27	00:24:24
109	5117	1939	Helder Fernandes	-	V3	C. D. "Os Águias" de Alpiarça	164	00:24:14	113	01:21:08	95	00:13:04	01:58:27	00:24:24
110	4135	652	Joaquim Figueiras	-	V1	Oeiras Sport Clube	99	00:22:57	133	01:22:46	71	00:12:44	01:58:28	00:24:25
111	1005	191	Rúben Tavares	-	CAD	Alhandra Sporting Club	111	00:23:21	119	01:21:47	128	00:13:24	01:58:33	00:24:30
112	5567		Ricardo Vicente	-	SEN	Individual	133	00:23:45	112	01:21:07	161	00:13:43	01:58:37	00:24:34
113	3606	590	Paulo Silvestre	-	SEN	Ateneu Artístico Cartaxense	260	00:26:03	91	01:19:30	103	00:13:09	01:58:43	00:24:40
114	1527	1753	Carlos Carvalho	-	JUN	Núcleo Sportinguista da Golegã	118	00:23:26	100	01:20:29	270	00:15:09	01:59:05	00:25:02
115	5606		Vitor Gomes	-	V1	Individual	185	00:24:32	98	01:20:21	203	00:14:12	01:59:06	00:25:03
116	4399	826	Manuel Ferreira	-	V1	A. D. C. R. Painho	126	00:23:37	124	01:22:15	119	00:13:18	01:59:11	00:25:08
117	3758	1019	Celso Moreira	-	SEN	DAR - SlowDown	188	00:24:35	117	01:21:21	114	00:13:15	01:59:13	00:25:10
118	4059	511	Fernando Feijão	-	V4	C. T. Fundão	121	00:23:31	125	01:22:21	147	00:13:32	01:59:25	00:25:22
119	3120	504	Mário Couto	-	SEN	Ateneu Artístico Cartaxense	184	00:24:31	120	01:21:53	91	00:13:01	01:59:26	00:25:23
120	3411	163	Luis Novo	-	SEN	Alhandra Sporting Club	221	00:25:17	95	01:20:09	185	00:14:00	01:59:27	00:25:24
121	3744	951	Nuno Nobre	-	SEN	Ateneu Artístico Cartaxense	97	00:22:55	129	01:22:37	187	00:14:00	01:59:33	00:25:30
122	3182	509	Alexandre Ventura	-	SEN	Ateneu Artístico Cartaxense	122	00:23:33	122	01:22:01	208	00:14:15	01:59:50	00:25:46
123	5328		Gonçalo Tomás	-	SEN	Individual	94	00:22:52	145	01:23:30	144	00:13:31	01:59:54	00:25:51
124	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	119	00:23:29	146	01:23:31	88	00:12:58	01:59:59	00:25:56
125	1039	903	João Oliveira	-	CAD	DUNIK.PT-Clube dos Galitos	78	00:22:18	165	01:25:15	57	00:12:28	02:00:03	00:26:00
126	3835	1644	Luis Fera	-	SEN	Louletano	130	00:23:39	139	01:22:57	143	00:13:30	02:00:07	00:26:04
127	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	60	00:22:04	179	01:25:54	44	00:12:11	02:00:11	00:26:08
128	4299	525	Luis Serrazina	-	V2	Ext. Coop. da Benedita	70	00:22:12	149	01:23:54	216	00:14:19	02:00:25	00:26:22
129	4072	827	Renato Fidalgo	-	V3	A. D. C. R. Painho	240	00:25:41	99	01:20:25	218	00:14:21	02:00:27	00:26:24
130	4143	1593	Carlos Pedro	-	V1	Clube Oriental de Lisboa	6		6		1		02:00:38	00:26:35
131	4031	1720	Bruno da Silva	-	V3	Peniche A. C.	179	00:24:28	126	01:22:26	162	00:13:44	02:00:38	00:26:35
132	5680		Andreia Moço	-	SEN	Individual	255	00:25:58	107	01:20:53	168	00:13:47	02:00:40	00:26:36
133	4129	132	João Hipólito	-	V2	Alhandra Sporting Club	226	00:25:21	110	01:21:02	221	00:14:23	02:00:47	00:26:44
134	3065	1828	Joel Gouveia	-	SEN	DAR - SlowDown	138	00:23:51	135	01:22:48	232	00:14:34	02:01:14	00:27:11
135	1014	364	José Luis Virtuoso	-	CAD	Clube Olímpico de Oeiras	55	00:22:01	185	01:26:07	107	00:13:11	02:01:20	00:27:17
136	3697	729	Patrick Silva	-	SEN	McDonalds/TriBraga	101	00:23:03	163	01:25:15	106	00:13:11	02:01:30	00:27:27
137	5639		Carlos Ferreira	-	V4	Individual	167	00:24:17	138	01:22:56	212	00:14:18	02:01:31	00:27:28
138	5239		Antonio Jose G Oliveira	-	V1	Individual	137	00:23:48	153	01:24:27	115	00:13:16	02:01:32	00:27:29
139	4022	730	Paulo Teles	-	V1	G. A. A. Vila Franca de Xira	190	00:24:45	142	01:23:23	129	00:13:24	02:01:34	00:27:31
140	3508	1055	João Duarte	-	SEN	Quintajense Futebol Clube	169	00:24:18	144	01:23:28	169	00:13:48	02:01:35	00:27:32
141	4360	558	Helder Lopes	-	V1	G. D. R. de Manique de Cima	225	00:25:21	127	01:22:26	171	00:13:49	02:01:37	00:27:34
142	5306		Elisio Roque	-	SEN	Individual	42	00:21:24	202	01:26:35	163	00:13:45	02:01:45	00:27:42
143	5535		Pedro Lucas	-	SEN	Individual	136	00:23:48	156	01:24:31	135	00:13:26	02:01:46	00:27:42
144	4470	822	José Ferreira	-	V1	A. D. C. R. Painho	224	00:25:20	137	01:22:52	156	00:13:39	02:01:52	00:27:49
145	3526	323	António Gouveia	-	SEN	Louletano	100	00:22:58	183	01:26:05	81	00:12:53	02:01:57	00:27:54
146	5262		Carlos Branco	-	SEN	Individual	128	00:23:38	176	01:25:49	65	00:12:37	02:02:05	00:28:02
147	4398	1965	Luis Gomes	-	V2	A. D. C. R. Painho	183	00:24:30	152	01:24:23	110	00:13:13	02:02:07	00:28:04

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
148	3043	1768	Hugo Aguiar	-	SEN	C. D. "Os Águias" de Alpiarça	238	00:25:34	140	01:23:00	175	00:13:54	02:02:29	00:28:26
149	5624		Marco Pinto	-	JUN	Individual	103	00:23:04	131	01:22:41	365	00:16:46	02:02:32	00:28:29
150	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	61	00:22:05	233	01:28:25	45	00:12:12	02:02:43	00:28:40
151	5344		Jean-Michel Vie	-	SEN	Individual	146	00:24:01	170	01:25:30	120	00:13:18	02:02:50	00:28:47
152	1295	522	Miguel Ângelo Silva	-	CAD	Ext. Coop. da Benedita	43	00:21:25	192	01:26:21	263	00:15:03	02:02:50	00:28:47
153	3735	740	Ricardo Filipe Costa	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	139	00:23:54	172	01:25:34	125	00:13:22	02:02:51	00:28:48
154	4449	581	Nuno Santos	-	V1	TRIATLO CLUBE TAP	220	00:25:11	148	01:23:40	191	00:14:07	02:02:59	00:28:56
155	3032	1745	Ana Vigário	-	SEN	Amiciclo	327	00:27:50	82	01:19:07	328	00:16:06	02:03:03	00:29:00
156	4087	869	Gonçalo Costa	-	V1	Assoc. Académica de Coimbra	186	00:24:33	171	01:25:31	97	00:13:07	02:03:11	00:29:08
157	4315	1359	Carlos Dias	-	V4	Clube Olímpico de Oeiras	217	00:25:08	151	01:24:14	184	00:13:58	02:03:21	00:29:18
158	5501		Nuno Preciado	-	SEN	Individual	124	00:23:34	168	01:25:22	230	00:14:33	02:03:30	00:29:27
159	1553	1962	João Freire	-	JUN	C. T. Fundão	172	00:24:23	175	01:25:40	146	00:13:31	02:03:35	00:29:32
160	3037	1756	João Martinho	-	SEN	Núcleo Sportinguista da Golegã	201	00:24:55	160	01:25:08	150	00:13:34	02:03:37	00:29:34
161	4460	1629	João Pereira Martins	-	V2	G. A. A. Vila Franca de Xira	116	00:23:24	201	01:26:35	155	00:13:39	02:03:38	00:29:35
162	5361		João Lima	-	SEN	Individual	204	00:24:58	162	01:25:14	138	00:13:27	02:03:40	00:29:37
163	5307		Emanuel Simões	-	SEN	Individual	145	00:24:00	199	01:26:31	101	00:13:09	02:03:42	00:29:38
164	5270		Carlos Lopes	-	SEN	Individual	123	00:23:34	191	01:26:20	172	00:13:51	02:03:46	00:29:42
165	3004	873	Bruno Silva	-	SEN	A. M. C. R. Fonte Grada	129	00:23:39	217	01:27:12	84	00:12:57	02:03:48	00:29:45
166	4300	521	Jorge Monteiro	-	V2	Ext. Coop. da Benedita	276	00:26:37	136	01:22:49	222	00:14:25	02:03:52	00:29:49
167	5294		Délio Nunes	-	SEN	Individual	250	00:25:51	154	01:24:29	148	00:13:32	02:03:53	00:29:50
168	4047	1715	José Morgado	-	V1	Núcleo Sportinguista da Golegã	235	00:25:30	157	01:24:53	145	00:13:31	02:03:56	00:29:52
169	3096	1958	Henrique Coelho	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	77	00:22:18	229	01:28:17	126	00:13:22	02:03:58	00:29:55
170	5520		Paulo Nabo	-	SEN	Individual	195	00:24:51	105	01:20:45	416	00:18:25	02:04:02	00:29:59
171	3195	517	Ana Filipa Santos	-	SEN	C. T. Fundão	96	00:22:55	219	01:27:22	170	00:13:49	02:04:07	00:30:04
172	4434	437	Luis Pereira	-	V1	Clube de Triatlo de Almada	53	00:21:58	251	01:29:46	61	00:12:31	02:04:16	00:30:13
173	3033	1741	Irina Coelho	-	SEN	Louletano	153	00:24:09	198	01:26:29	157	00:13:39	02:04:18	00:30:14
174	600		Análberto Santos	-	V1	Individual	131	00:23:40	210	01:27:00	159	00:13:40	02:04:21	00:30:18
175	5538		Pedro Nascimento	-	SEN	Individual	175	00:24:26	195	01:26:23	152	00:13:35	02:04:25	00:30:22
176	4188	725	Luis Filipe Pereira	-	V2	Peniche A. C.	178	00:24:27	188	01:26:16	166	00:13:46	02:04:30	00:30:27
177	5655		Diogo Martins	-	S23	Individual	203	00:24:58	164	01:25:15	213	00:14:18	02:04:32	00:30:29
178	4073	828	Amândio Caetano	-	V2	A. D. C. R. Painho	189	00:24:37	207	01:26:57	89	00:12:59	02:04:33	00:30:30
179	3392	380	Katarina Larsson	-	SEN	Sporting CP - St.Peters School	135	00:23:48	226	01:28:07	77	00:12:50	02:04:46	00:30:43
180	3119	510	Paulo Calixto	-	SEN	Ateneu Artístico Cartaxense	120	00:23:31	169	01:25:22	312	00:15:51	02:04:46	00:30:43
181	4086	1769	Jose Almeida	-	V1	Alhandra Sporting Club	295	00:27:05	141	01:23:11	228	00:14:32	02:04:48	00:30:45
182	4287	867	Luis Abade	-	V1	Assoc. Académica de Coimbra	202	00:24:58	184	01:26:07	167	00:13:47	02:04:52	00:30:49
183	5605		Vitor Catarro	-	V1	Individual	229	00:25:23	177	01:25:50	164	00:13:45	02:04:59	00:30:56
184	1198	1355	Francisco Machado	-	CAD	C. N. Colégio Vasco da Gama	31	00:20:41	244	01:29:27	271	00:15:09	02:05:17	00:31:14
185	3491	1534	João Belo Martins	-	SEN	Núcleo Sportinguista da Golegã	233	00:25:28	166	01:25:16	236	00:14:35	02:05:20	00:31:17
186	3713	628	Diogo Barbosa	-	SEN	TRI CAP - Penafirme	142	00:23:57	223	01:27:44	158	00:13:40	02:05:22	00:31:19
187	4075	242	José Peixoto	-	V3	Peniche A. C.	163	00:24:14	167	01:25:17	318	00:15:59	02:05:31	00:31:28
188	4068	936	Manuel Rodrigues	-	V2	Individual	198	00:24:53	194	01:26:23	219	00:14:21	02:05:37	00:31:34
189	3544	1671	Miguel Oliveira	-	SEN	DAR - SlowDown	251	00:25:55	161	01:25:13	231	00:14:33	02:05:42	00:31:39
190	5517		Paulo Godinho	-	V2	Individual	227	00:25:23	197	01:26:28	173	00:13:51	02:05:43	00:31:40
191	5245		António Samora	-	V2	Individual	194	00:24:50	182	01:26:04	249	00:14:49	02:05:44	00:31:41
192	5507		Orlando Marques	-	SEN	Individual	134	00:23:47	220	01:27:25	227	00:14:31	02:05:44	00:31:41
193	5272		Carlos Martins	-	V1	Individual	158	00:24:10	218	01:27:20	207	00:14:15	02:05:45	00:31:42
194	3613	554	Nuno Rijo	-	SEN	G. D. R. de Manique de Cima	232	00:25:27	193	01:26:23	178	00:13:55	02:05:46	00:31:43
195	622		André Henriques	-	SEN	Individual	171	00:24:20	143	01:23:25	409	00:18:10	02:05:56	00:31:53
196	5338		Hugo Lopes	-	SEN	Individual	181	00:24:29	196	01:26:28	258	00:14:59	02:05:57	00:31:53

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
197	5549		Pedro Vilaça da Silva	-	V1	Individual	216	00:25:07	200	01:26:33	210	00:14:16	02:05:58	00:31:55
198	4148	379	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	199	00:24:53	215	01:27:08	180	00:13:56	02:05:59	00:31:56
199	3003	731	César Andrade	-	SEN	Alhandra Sporting Club	245	00:25:48	178	01:25:53	214	00:14:18	02:06:00	00:31:57
200	4080	1760	Jorge Santos	-	V1	Núcleo Sportinguista da Golegã	236	00:25:30	155	01:24:31	319	00:15:59	02:06:01	00:31:58
201	4056	1740	Carlos Vitor	-	V2	Alhandra Sporting Club	353	00:28:23	123	01:22:13	289	00:15:28	02:06:05	00:32:01
202	3002	1776	Paulo Pereira	-	SEN	DUNIK.PT-Clube dos Galitos	243	00:25:46	190	01:26:19	188	00:14:03	02:06:09	00:32:06
203	4393	877	Julio Nunes	-	V1	Associação Naval Amorense	228	00:25:23	208	01:26:57	183	00:13:58	02:06:19	00:32:16
204	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	259	00:26:01	214	01:27:05	111	00:13:13	02:06:20	00:32:17
205	4197	498	Victor Rodrigues	-	V1	Ribabike/Assoc. 20 Km de Almeirim	247	00:25:49	203	01:26:46	165	00:13:46	02:06:22	00:32:19
206	3022	1707	João Oliveira	-	SEN	Individual	230	00:25:24	204	01:26:46	206	00:14:13	02:06:24	00:32:21
207	5353		João Bronze	-	SEN	Individual	319	00:27:31	150	01:23:58	255	00:14:54	02:06:24	00:32:21
208	1052	660	Melanie Santos	-	CAD	Alhandra Sporting Club	113	00:23:22	253	01:29:52	108	00:13:12	02:06:27	00:32:24
209	5449		José Manuel Figueiredo	-	V1	Individual	302	00:27:13	158	01:24:53	220	00:14:21	02:06:28	00:32:25
210	1547	1480	Raul Bicho	-	JUN	Ginásio Clube Figueirense	93	00:22:49	240	01:29:14	224	00:14:26	02:06:29	00:32:26
211	1525	1747	Daniel Mateus	-	JUN	Ext. Coop. da Benedita	223	00:25:17	222	01:27:44	139	00:13:28	02:06:30	00:32:27
212	3064	1827	João Arede	-	SEN	DAR - SlowDown	274	00:26:30	187	01:26:13	197	00:14:08	02:06:52	00:32:49
213	5635		Miguel Fernandes	-	SEN	Individual	50	00:21:40	264	01:30:32	257	00:14:57	02:07:10	00:33:07
214	5615		Vladimiro Sá	-	SEN	Individual	246	00:25:48	211	01:27:00	247	00:14:48	02:07:37	00:33:34
215	3440	117	Filipa Fernandes	-	SEN	Amiciclo	272	00:26:27	213	01:27:05	192	00:14:07	02:07:40	00:33:37
216	5320		Francisco Macedo	-	SEN	Individual	356	00:28:27	128	01:22:35	361	00:16:43	02:07:46	00:33:43
217	4267	868	Victor Garcez	-	V3	Assoc. Académica de Coimbra	248	00:25:49	231	01:28:18	160	00:13:41	02:07:49	00:33:46
218	4025	148	João Medeiro	-	V2	Serv. Soc. CGD	154	00:24:09	246	01:29:37	202	00:14:11	02:07:58	00:33:55
219	4422	1322	José Morais	-	V1	G. D. R. de Manique de Cima	210	00:25:01	230	01:28:17	241	00:14:41	02:08:00	00:33:57
220	5528		Pedro Alexandre Gomes	-	SEN	Individual	264	00:26:07	205	01:26:50	264	00:15:04	02:08:01	00:33:58
221	4166	675	José Maria Santos	-	V2	Cl. Ferroviário de Vendas Novas	355	00:28:25	147	01:23:37	320	00:15:59	02:08:02	00:33:59
222	5128		Ambrósio Pereira	-	SEN	Individual	52	00:21:58	304	01:33:31	63	00:12:33	02:08:03	00:34:00
223	1228	46	Mitos Figueira	-	CAD	C. N. Colégio Vasco da Gama	107	00:23:12	259	01:30:13	240	00:14:39	02:08:04	00:34:01
224	3740	1074	Francisco Gaspar	-	SEN	A. M. C. R. Fonte Grada	110	00:23:19	283	01:31:54	83	00:12:57	02:08:10	00:34:07
225	4293	1099	Miguel Velez	-	V2	Escola de Ciclismo Triatlo Camara	148	00:24:01	278	01:31:34	76	00:12:49	02:08:25	00:34:22
226	3028	1737	Ricardo Romba	-	SEN	G. D. R. de Manique de Cima	309	00:27:16	181	01:26:03	272	00:15:10	02:08:30	00:34:27
227	3102	375	Alexandre Feliz	-	SEN	COMPEED - Tri-Oeste	211	00:25:02	232	01:28:21	275	00:15:13	02:08:37	00:34:34
228	3826	1572	Helder Figueiredo	-	SEN	C. N. Colégio Vasco da Gama	206	00:25:00	250	01:29:45	174	00:13:52	02:08:38	00:34:35
229	5637		Pedro Mogaleira	-	V1	Individual	301	00:27:12	159	01:25:01	351	00:16:30	02:08:44	00:34:41
230	4396	732	António Peixoto	-	V1	GRECI - EL CORTE INGLÉS	256	00:25:58	189	01:26:19	345	00:16:26	02:08:44	00:34:41
231	3025	1716	Pedro Pratas	-	SEN	Núcleo Sportinguista da Golegã	140	00:23:55	281	01:31:41	121	00:13:19	02:08:56	00:34:53
232	4335	518	Filomena Gomes	-	V1	C. T. Fundação	320	00:27:32	180	01:26:02	294	00:15:33	02:09:08	00:35:05
233	5532		Pedro Conceição	-	SEN	Individual	277	00:26:37	209	01:26:58	293	00:15:32	02:09:08	00:35:05
234	3624	334	José Camões	-	SEN	Alhandra Sporting Club	252	00:25:56	241	01:29:15	182	00:13:57	02:09:09	00:35:06
235	3489	1151	Cecília Shinn	-	SEN	Sporting CP - St.Peters School	207	00:25:00	260	01:30:15	177	00:13:54	02:09:11	00:35:08
236	1006	41	Sara Tenrinho	-	CAD	Alhandra Sporting Club	156	00:24:09	254	01:29:57	279	00:15:17	02:09:25	00:35:22
237	3677	263	Rui Manuel Pereira	-	SEN	A. M. C. R. Fonte Grada	244	00:25:47	237	01:28:48	254	00:14:53	02:09:30	00:35:27
238	3724	1824	Pedro Raposo	-	SEN	Ateneu Artístico Cartaxense	343	00:28:09	173	01:25:35	308	00:15:45	02:09:30	00:35:27
239	4358	748	João Bento	-	V1	A. D. C. R. Painho	170	00:24:19	267	01:30:36	238	00:14:38	02:09:33	00:35:30
240	3007	1878	Bruno Canhão	-	SEN	Clube de Praças da Armada	144	00:23:59	289	01:32:21	113	00:13:15	02:09:36	00:35:33
241	4412	1021	Vasco Micaelo	-	V5	DAR - SlowDown	208	00:25:00	242	01:29:21	281	00:15:19	02:09:41	00:35:38
242	5536		Pedro Mira	-	SEN	Individual	214	00:25:06	263	01:30:32	190	00:14:05	02:09:43	00:35:40
243	5631		Ismael Teixeira	-	SEN	Individual	315	00:27:24	216	01:27:09	277	00:15:15	02:09:49	00:35:46
244	3587	1034	Isa Parreira	-	SEN	Louletano	261	00:26:04	243	01:29:21	223	00:14:25	02:09:51	00:35:48
245	4456	1595	Helder Moringa	-	V1	Ateneu Artístico Cartaxense	263	00:26:06	248	01:29:39	209	00:14:16	02:10:02	00:35:59

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
246	5124	1754	Rui Matos	-	V2	Núcleo Sportinguista da Golegã	293	00:27:03	221	01:27:28	296	00:15:35	02:10:08	00:36:05
247	5581		Rui Quaresma	-	V1	Individual	215	00:25:06	265	01:30:33	235	00:14:34	02:10:14	00:36:11
248	5510		Orlando Silva	-	V3	Individual	112	00:23:22	309	01:33:44	100	00:13:08	02:10:15	00:36:12
249	3240	59	Carla Ribeiro	-	SEN	Louletano	237	00:25:34	266	01:30:34	200	00:14:11	02:10:20	00:36:17
250	3798	1429	Sérgio Ferreira	-	SEN	C. N. Alvito	127	00:23:38	294	01:32:43	201	00:14:11	02:10:32	00:36:29
251	5477		Marco António	-	SEN	Individual	326	00:27:49	224	01:27:51	253	00:14:53	02:10:33	00:36:30
252	4389	911	Rui Sardinheiro	-	V2	C. D. "Os Águias" de Alpiarça	282	00:26:43	238	01:28:50	262	00:15:00	02:10:34	00:36:31
253	5494		Normando Ferreira	-	SEN	Individual	231	00:25:27	256	01:30:02	266	00:15:05	02:10:35	00:36:32
254	5498		Nuno Carvalhinho	-	SEN	Individual	212	00:25:02	276	01:31:29	189	00:14:04	02:10:36	00:36:33
255	5445		José Luis Caturra	-	V3	Individual	281	00:26:42	227	01:28:14	299	00:15:40	02:10:38	00:36:35
256	5425		José Anibal Correia	-	V2	Individual	273	00:26:28	257	01:30:04	211	00:14:17	02:10:51	00:36:48
257	5351		João Boim	-	SEN	Individual	317	00:27:27	225	01:27:59	288	00:15:27	02:10:54	00:36:51
258	4363	566	Joaquim Guedelha	-	V2	G. D. R. de Manique de Cima	305	00:27:13	228	01:28:15	302	00:15:41	02:11:10	00:37:07
259	5620		Cristiano Marques	-	S23	Individual	83	00:22:28	292	01:32:34	338	00:16:17	02:11:21	00:37:18
260	5466		Luis Marques	-	V2	Individual	280	00:26:42	236	01:28:46	313	00:15:56	02:11:24	00:37:21
261	5105		Fernando Pereira	-	V1	Individual	318	00:27:29	252	01:29:49	195	00:14:08	02:11:27	00:37:24
262	5488		Miguel Alves	-	SEN	Individual	294	00:27:04	249	01:29:44	242	00:14:42	02:11:30	00:37:27
263	4005	1696	José Maçarria	-	V3	Individual	262	00:26:04	287	01:32:11	127	00:13:23	02:11:39	00:37:36
264	4446	1521	João Canhão	-	V1	Cl. Ferroviário de Vendas Novas	192	00:24:49	272	01:31:05	310	00:15:47	02:11:42	00:37:39
265	2111	1283	João Luis	-	S23	G. A. A. Vila Franca de Xira	64	00:22:06	284	01:31:57	399	00:17:42	02:11:46	00:37:43
266	3072	1871	Sérgio Cipriano	-	SEN	A. M. C. R. Fonte Grada	283	00:26:44	269	01:30:52	205	00:14:13	02:11:49	00:37:46
267	5585		Rui Reis Santos	-	SEN	Individual	469	00:36:51	21	01:10:21	469	00:24:45	02:11:59	00:37:56
268	5511		Paulo Bruno	-	SEN	Individual	180	00:24:29	293	01:32:35	259	00:15:00	02:12:05	00:38:02
269	4094	1780	Hernâni Amaral	-	V4	DUNIK.PT-Clube dos Galitos	287	00:26:50	271	01:31:04	204	00:14:12	02:12:07	00:38:04
270	5446		José Luis Gomes	-	V1	Individual	373	00:28:56	212	01:27:05	336	00:16:14	02:12:15	00:38:12
271	5247		António Umbelino	-	V1	Individual	265	00:26:08	273	01:31:10	261	00:15:00	02:12:18	00:38:15
272	5474		Manuel Chinita	-	V2	Individual	191	00:24:49	310	01:34:01	141	00:13:29	02:12:19	00:38:16
273	4290	170	Bento Tanganho	-	V4	Alhandra Sporting Club	312	00:27:21	262	01:30:24	243	00:14:44	02:12:30	00:38:27
274	5646		Possidónio Graça	-	V4	Individual	160	00:24:10	318	01:35:15	102	00:13:09	02:12:35	00:38:32
275	1501	215	Diogo Soares	-	JUN	Alhandra Sporting Club	36	00:21:09	330	01:36:42	244	00:14:45	02:12:37	00:38:34
276	4050	1762	António Marcelino Freitas	-	V1	Individual	5		5		268	00:15:08	02:12:39	00:38:36
277	4063	1372	José Soares	-	V3	Louletano	304	00:27:13	247	01:29:38	323	00:16:01	02:12:53	00:38:50
278	5400		Jorge Esteireiro	-	SEN	Individual	346	00:28:17	235	01:28:46	322	00:16:00	02:13:03	00:39:00
279	1286	417	Ana Alarico	-	CAD	Núcleo Sportinguista da Golegã	308	00:27:15	270	01:30:57	252	00:14:52	02:13:05	00:39:02
280	5318		Fernando Sabino	-	V1	Individual	336	00:27:58	275	01:31:25	196	00:14:08	02:13:33	00:39:30
281	5669		Pedro Rosa	-	SEN	Individual	335	00:27:58	261	01:30:18	282	00:15:19	02:13:36	00:39:33
282	1509	44	Raquel Rocha	-	JUN	Alhandra Sporting Club	219	00:25:09	311	01:34:07	234	00:14:34	02:13:51	00:39:48
283	4150	1924	Susana Pontes	-	V1	C. T. Fundão	331	00:27:51	258	01:30:09	329	00:16:06	02:14:07	00:40:04
284	5357		João Faria	-	SEN	Individual	257	00:25:59	282	01:31:49	369	00:16:49	02:14:37	00:40:34
285	5562		Ricardo Franco	-	SEN	Individual	253	00:25:57	306	01:33:36	274	00:15:12	02:14:46	00:40:43
286	4057	1742	Natalia Mendes	-	V1	Louletano	374	00:29:03	239	01:29:12	354	00:16:35	02:14:52	00:40:48
287	5499		Nuno Jorge	-	SEN	Individual	222	00:25:17	186	01:26:09	466	00:23:28	02:14:55	00:40:52
288	3091	1900	Rui Gonçalves	-	SEN	Núcleo Sportinguista da Golegã	288	00:26:52	290	01:32:32	292	00:15:31	02:14:57	00:40:54
289	3386	999	Ana Pereira	-	SEN	Sporting CP - St.Peters School	254	00:25:57	313	01:34:24	237	00:14:37	02:15:00	00:40:57
290	5256		Bruno Silva	-	SEN	Individual	95	00:22:53	342	01:38:06	186	00:14:00	02:15:00	00:40:57
291	1022	508	Andreia Ferrum	-	CAD	C. D. "Os Águias" de Alpiarça	311	00:27:21	291	01:32:32	284	00:15:21	02:15:15	00:41:12
292	4367	404	Joaquim Figueiredo	-	V3	DAR - SlowDown	177	00:24:26	334	01:36:59	181	00:13:57	02:15:24	00:41:21
293	4411	1020	Victor Campos	-	V5	DAR - SlowDown	291	00:27:01	296	01:32:45	298	00:15:39	02:15:26	00:41:23
294	5394		João Simões	-	V1	Individual	342	00:28:07	255	01:29:59	386	00:17:22	02:15:29	00:41:26

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
295	5426		José Carlos Marques	-	S23	Individual	381	00:29:08	279	01:31:35	251	00:14:52	02:15:36	00:41:33
296	4424	1323	Sandra Isabelinha	-	V2	C. D. "Os Águias" de Alpiarça	328	00:27:50	298	01:32:47	260	00:15:00	02:15:38	00:41:35
297	4362	564	José Colaço	-	V4	G. D. R. de Manique de Cima	370	00:28:49	245	01:29:29	393	00:17:33	02:15:52	00:41:49
298	5560		Ricardo Farinha	-	SEN	Individual	258	00:26:00	315	01:34:45	283	00:15:20	02:16:05	00:42:02
299	5544		Pedro Rodrigues Cabrito	-	SEN	Individual	386	00:29:15	286	01:32:09	269	00:15:09	02:16:34	00:42:31
300	4123	1921	Rui Ferreira	-	V1	Individual	414	00:30:02	234	01:28:30	412	00:18:15	02:16:48	00:42:45
301	3080	1895	Paulo Duarte	-	SEN	Oeiras Sport Clube	161	00:24:13	341	01:38:05	229	00:14:32	02:16:51	00:42:48
302	1281	439	Caterina Sousa	-	CAD	Clube de Triatlo de Almada	351	00:28:21	300	01:33:20	285	00:15:21	02:17:03	00:43:00
303	4303	673	António Reis	-	V2	Cl. Ferroviário de Vendas Novas	354	00:28:24	285	01:32:00	368	00:16:48	02:17:12	00:43:09
304	5268		Carlos Filipe	-	V2	Individual	267	00:26:11	333	01:36:59	199	00:14:09	02:17:20	00:43:17
305	3478	845	Sofia Brites	-	SEN	Amiciclo	300	00:27:11	302	01:33:24	364	00:16:46	02:17:22	00:43:19
306	5333		Henrique Romão	-	V4	Individual	234	00:25:28	329	01:36:28	287	00:15:27	02:17:24	00:43:21
307	4096	664	Luis Tavares	-	V1	Associação Naval Amorense	376	00:29:04	288	01:32:15	326	00:16:04	02:17:25	00:43:22
308	5518		Paulo Jorge Dias	-	V2	Individual	279	00:26:41	317	01:35:06	303	00:15:43	02:17:30	00:43:27
309	4294	1056	José Panóias	-	V4	Quintajense Futebol Clube	269	00:26:24	308	01:33:41	391	00:17:31	02:17:37	00:43:34
310	4114	1148	Pedro Gaspar	-	V2	Núcleo Sportinguista da Golegã	174	00:24:25	363	01:40:15	92	00:13:01	02:17:42	00:43:39
311	5406		Jorge Oliveira	-	SEN	Individual	429	00:30:41	274	01:31:16	324	00:16:03	02:18:01	00:43:58
312	5515		Paulo Ferreira	-	SEN	Individual	424	00:30:23	280	01:31:35	327	00:16:05	02:18:04	00:44:01
313	1300	661	Vanessa Valente	-	CAD	Alhandra Sporting Club	358	00:28:30	299	01:33:18	339	00:16:18	02:18:07	00:44:04
314	5439		José Davide Gregório	-	V1	Individual	289	00:26:53	321	01:35:21	330	00:16:07	02:18:21	00:44:18
315	2012	351	Carolina Gregório	-	S23	Clube Olímpico de Oeiras	290	00:26:53	320	01:35:20	331	00:16:09	02:18:23	00:44:20
316	4342	140	Luis Filipe Silva	-	V3	TRIATLO CLUBE TAP	392	00:29:26	277	01:31:30	390	00:17:30	02:18:27	00:44:24
317	3752	1039	Vera Silva	-	SEN	Louletano	314	00:27:24	303	01:33:29	403	00:17:46	02:18:39	00:44:36
318	4154	162	Paulo Leote	-	V1	G. A. A. Vila Franca de Xira	303	00:27:13	312	01:34:14	379	00:17:12	02:18:40	00:44:37
319	5443		Jose Lima	-	V2	Individual	394	00:29:29	295	01:32:45	353	00:16:34	02:18:49	00:44:46
320	5296		Diogo Branco	-	SEN	Individual	187	00:24:34	357	01:39:45	226	00:14:31	02:18:51	00:44:48
321	5619		Rui Rocha	-	SEN	Individual	306	00:27:14	336	01:37:08	225	00:14:30	02:18:53	00:44:50
322	5248		Armando Marques da Silva	-	V3	Individual	284	00:26:45	324	01:35:35	357	00:16:37	02:18:58	00:44:54
323	5525		Paulo Rosa	-	SEN	Individual	329	00:27:50	316	01:34:49	344	00:16:26	02:19:06	00:45:03
324	5462		Luis Carvalhinho	-	V1	Individual	330	00:27:51	307	01:33:41	392	00:17:33	02:19:06	00:45:03
325	5358		Joao Germano	-	V1	Individual	383	00:29:10	305	01:33:33	373	00:17:01	02:19:45	00:45:42
326	5500		Nuno Pais	-	SEN	Individual	322	00:27:45	337	01:37:21	246	00:14:47	02:19:55	00:45:52
327	5463		Luis Custódio	-	V3	Individual	359	00:28:32	301	01:33:20	414	00:18:20	02:20:13	00:46:10
328	1297	523	Luis Filipe Ferreira	-	CAD	Ext. Coop. da Benedita	361	00:28:33	314	01:34:29	381	00:17:14	02:20:17	00:46:14
329	5479		Maria do Céu Nunes	-	SEN	Individual	176	00:24:26	374	01:41:50	194	00:14:08	02:20:25	00:46:22
330	5482		Mário Nunes	-	V3	Individual	321	00:27:45	331	01:36:49	335	00:16:13	02:20:47	00:46:44
331	3804	1413	Paula Vizinho	-	SEN	DUNIK.PT-Clube dos Galitos	377	00:29:04	319	01:35:16	358	00:16:38	02:20:58	00:46:55
332	4332	505	João Gameiro	-	V4	Ateneu Artístico Cartaxense	298	00:27:06	349	01:38:37	290	00:15:30	02:21:14	00:47:11
333	5473		Luis Silva	-	V1	Individual	299	00:27:10	332	01:36:58	377	00:17:09	02:21:19	00:47:16
334	1548	1889	Sara Gonçalves	-	JUN	Alhandra Sporting Club	278	00:26:41	360	01:40:02	239	00:14:38	02:21:21	00:47:18
335	5317		Fernando Polónio	-	V1	Individual	323	00:27:46	346	01:38:20	278	00:15:15	02:21:22	00:47:19
336	5454		José Pereira Silva	-	V2	Individual	436	00:30:53	268	01:30:50	441	00:19:41	02:21:24	00:47:21
337	3811	1494	Luis Filipe Valente	-	SEN	Clube Oriental de Lisboa	162	00:24:14	371	01:41:35	311	00:15:51	02:21:41	00:47:38
338	3094	1097	Pedro Fernandes	-	SEN	Escola de Ciclismo Triatlo Camara	241	00:25:45	297	01:32:46	463	00:23:10	02:21:41	00:47:38
339	3085	1890	Teresa Cardoso	-	SEN	DUNIK.PT-Clube dos Galitos	396	00:29:32	327	01:36:16	314	00:15:56	02:21:44	00:47:41
340	5665		Rui Caniço	-	SEN	Individual	406	00:29:49	323	01:35:34	341	00:16:23	02:21:47	00:47:43
341	4053	560	Pedro Pereira	-	V1	G. D. R. de Manique de Cima	197	00:24:53	378	01:42:04	265	00:15:04	02:22:02	00:47:59
342	3527	1037	Rui Manuel Ferreira	-	SEN	Louletano	249	00:25:50	388	01:43:02	131	00:13:25	02:22:17	00:48:14
343	5243		António Quadrado	-	SEN	Individual	316	00:27:24	362	01:40:07	267	00:15:06	02:22:39	00:48:36

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
344	3717	578	Tiago Avelãs	-	SEN	Serv. Soc. CGD	266	00:26:09	381	01:42:13	217	00:14:19	02:22:42	00:48:39
345	5641		Vitor Verissimo	-	V1	Individual	242	00:25:45	368	01:41:08	316	00:15:58	02:22:52	00:48:49
346	4006	1699	Ricardo do Canto	-	V1	C. D. "Os Águias" de Alpiarça	325	00:27:48	351	01:39:07	340	00:16:19	02:23:15	00:49:12
347	5566		Ricardo Pereira	-	SEN	Individual	369	00:28:42	345	01:38:16	343	00:16:25	02:23:25	00:49:22
348	3118	941	Nuno Morais	-	SEN	Ateneu Artístico Cartaxense	417	00:30:12	326	01:36:05	376	00:17:08	02:23:26	00:49:23
349	5485		Mendes Soares	-	V1	Individual	193	00:24:50	393	01:44:06	233	00:14:34	02:23:30	00:49:27
350	5458		Karin Omberg	-	V1	Individual	393	00:29:28	348	01:38:35	307	00:15:45	02:23:49	00:49:46
351	3113	503	Duarte Barreto	-	SEN	Ateneu Artístico Cartaxense	362	00:28:33	206	01:26:50	472	00:28:35	02:23:58	00:49:55
352	4381	620	Antonio José Horta	-	V3	Individual	275	00:26:36	383	01:42:21	276	00:15:15	02:24:13	00:50:10
353	5442		José Leitão	-	V4	Individual	411	00:30:00	347	01:38:35	300	00:15:40	02:24:16	00:50:13
354	5395		Joaquim Ramos	-	SEN	Individual	419	00:30:18	339	01:37:37	347	00:16:27	02:24:23	00:50:20
355	5448		José Manuel Carretas	-	V2	Individual	378	00:29:05	352	01:39:08	332	00:16:10	02:24:25	00:50:22
356	5608	5608	Sandra Santos	-	SEN	Núcleo Sportinguista da Golegã	360	00:28:32	358	01:39:55	321	00:16:00	02:24:28	00:50:25
357	5343		Isabel Nunes Calixto	-	SEN	Individual	372	00:28:55	350	01:39:07	352	00:16:33	02:24:36	00:50:33
358	5403		Jorge Morgado	-	V2	Individual	344	00:28:13	359	01:40:00	348	00:16:29	02:24:42	00:50:39
359	5459		Luis Alberto Gonçalves	-	SEN	Individual	423	00:30:23	328	01:36:20	405	00:18:00	02:24:44	00:50:41
360	648		André Pontes	-	SEN	Individual	334	00:27:57	370	01:41:13	295	00:15:33	02:24:45	00:50:42
361	5441		José Jacob	-	V2	Individual	307	00:27:15	384	01:42:37	256	00:14:54	02:24:46	00:50:43
362	5629		Diogo Franca	-	V2	Individual	402	00:29:40	335	01:37:00	415	00:18:23	02:25:05	00:51:02
363	5579		Rui Pratas	-	SEN	Individual	404	00:29:42	325	01:35:36	445	00:19:52	02:25:11	00:51:08
364	5559		Ricardo dos Santos	-	SEN	Individual	333	00:27:56	379	01:42:07	297	00:15:37	02:25:40	00:51:37
365	4077	872	João Côte Real	-	V2	A. M. C. R. Fonte Grada	400	00:29:39	361	01:40:03	317	00:15:58	02:25:41	00:51:38
366	5309		Emídio Candeias	-	V1	Individual	445	00:32:04	322	01:35:22	411	00:18:15	02:25:42	00:51:39
367	5322		Gonçalo Campos Lopes	-	SEN	Individual	365	00:28:38	340	01:38:03	432	00:19:13	02:25:56	00:51:53
368	4045	264	Rogério Morais	-	V3	Cl. Ferroviário de Vendas Novas	387	00:29:18	356	01:39:45	378	00:17:10	02:26:14	00:52:11
369	4215	738	José Luis Correia	-	V3	A. H. Bombeiros Estoris / Nutrilogia	388	00:29:19	354	01:39:26	400	00:17:43	02:26:28	00:52:25
370	5556		Ricardo Clemente	-	SEN	Individual	364	00:28:38	380	01:42:08	325	00:16:04	02:26:51	00:52:47
371	5382		João Pereira	-	V2	Individual	389	00:29:23	366	01:40:42	362	00:16:44	02:26:51	00:52:48
372	1017	544	Joana Coelho	-	CAD	G. D. R. de Manique de Cima	390	00:29:25	365	01:40:41	363	00:16:45	02:26:51	00:52:48
373	453		Agostinho Duarte	-	V5	Individual	422	00:30:23	338	01:37:26	430	00:19:08	02:26:57	00:52:54
374	635		André Luís	-	SEN	Individual	357	00:28:28	377	01:42:04	346	00:16:27	02:27:00	00:52:57
375	5475		Manuel Horta	-	V4	Individual	380	00:29:07	364	01:40:28	387	00:17:24	02:27:01	00:52:58
376	5534		Pedro Dinis	-	JUN	Individual	345	00:28:16	376	01:41:52	374	00:17:02	02:27:12	00:53:09
377	3500	943	Fábio Ferreira	-	SEN	Ateneu Artístico Cartaxense	286	00:26:49	385	01:42:53	410	00:18:12	02:27:55	00:53:51
378	5444		José Lourenço	-	V1	Individual	430	00:30:46	344	01:38:12	434	00:19:15	02:28:14	00:54:11
379	5335		Hugo Branco	-	SEN	Individual	391	00:29:25	343	01:38:11	456	00:20:59	02:28:36	00:54:33
380	1016	606	Ana Rita Reis	-	CAD	Clube Olímpico de Oeiras	367	00:28:40	382	01:42:18	398	00:17:41	02:28:40	00:54:37
381	4279	435	João Morgado	-	V1	Clube de Triatlo de Almada	452	00:32:10	353	01:39:17	384	00:17:20	02:28:48	00:54:45
382	5250		Augusto Ferreira	-	V4	Individual	431	00:30:51	373	01:41:44	355	00:16:35	02:29:12	00:55:08
383	5513		Paulo Costa	-	V2	Individual	340	00:28:05	395	01:44:21	367	00:16:47	02:29:14	00:55:11
384	5456		Júlio Pereira	-	V4	Individual	363	00:28:35	372	01:41:36	436	00:19:22	02:29:34	00:55:31
385	5484		Mário Ramos	-	V3	Individual	401	00:29:39	394	01:44:18	337	00:16:17	02:30:16	00:56:13
386	4076	538	Rui Silva	-	V1	Ext. Coop. da Benedita	432	00:30:51	355	01:39:34	449	00:20:04	02:30:30	00:56:27
387	1536	1559	Tânia Henriques	-	JUN	Associação Naval Amorense	350	00:28:21	398	01:44:37	404	00:17:53	02:30:51	00:56:48
388	5182		Pedro Falcato	-	SEN	Individual	397	00:29:33	386	01:42:55	423	00:18:45	02:31:13	00:57:10
389	3493	557	José Pinho	-	SEN	G. D. R. de Manique de Cima	213	00:25:03	411	01:46:58	435	00:19:20	02:31:22	00:57:19
390	5573		Rui Martins	-	SEN	Individual	347	00:28:17	409	01:46:32	356	00:16:37	02:31:28	00:57:25
391	5440		José Félix Martins	-	SEN	Individual	379	00:29:06	405	01:45:44	366	00:16:47	02:31:38	00:57:35
392	3390	155	Hélder Valente	-	SEN	Serv. Soc. CGD	421	00:30:22	396	01:44:23	388	00:17:27	02:32:13	00:58:10

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
393	5452		José Pedro Cunha	-	V2	Individual	382	00:29:09	418	01:48:16	250	00:14:49	02:32:15	00:58:12
394	5497		Nuno Carneiro	-	SEN	Individual	385	00:29:14	403	01:45:35	389	00:17:29	02:32:19	00:58:15
395	2013	1738	Gonçalo Franco	-	S23	G. D. R. de Manique de Cima	313	00:27:22	422	01:48:50	342	00:16:24	02:32:37	00:58:34
396	4346	133	Jorge Carreiras	-	V2	Clube Oriental de Lisboa	348	00:28:19	414	01:47:50	360	00:16:41	02:32:51	00:58:48
397	4194	156	Helena Medeiro	-	V1	Serv. Soc. CGD	384	00:29:12	410	01:46:43	375	00:17:05	02:33:01	00:58:58
398	5557		Ricardo Conceição	-	SEN	Individual	296	00:27:05	434	01:51:49	215	00:14:19	02:33:13	00:59:10
399	5555		Ricardo	-	SEN	Individual	341	00:28:06	421	01:48:34	359	00:16:38	02:33:18	00:59:15
400	5277		Carlos Pinheiro Gomes	-	V4	Individual	465	00:35:15	404	01:45:44	51	00:12:22	02:33:22	00:59:19
401	3805	1455	Nuno Ribeiro	-	SEN	Porto Runners	271	00:26:26	433	01:51:30	286	00:15:25	02:33:22	00:59:19
402	4024	151	Carlos Albano Silva	-	V1	Serv. Soc. CGD	420	00:30:21	406	01:45:44	385	00:17:22	02:33:28	00:59:25
403	5468		Luis Mendonça	-	V1	Individual	339	00:28:03	425	01:49:45	309	00:15:46	02:33:35	00:59:32
404	1018	524	Catarina Marques	-	CAD	Ext. Coop. da Benedita	310	00:27:17	423	01:48:54	396	00:17:39	02:33:51	00:59:48
405	3042	1761	Joana Fragata	-	SEN	Individual	449	00:32:07	392	01:43:37	413	00:18:17	02:34:01	00:59:58
406	543		Ana Mendes	-	V2	Individual	405	00:29:47	419	01:48:20	333	00:16:12	02:34:19	01:00:16
407	5576		Rui Narigueta	-	SEN	Individual	446	00:32:05	389	01:43:32	424	00:18:46	02:34:23	01:00:20
408	5244		Antonio Rocha	-	V1	Individual	447	00:32:05	391	01:43:34	421	00:18:44	02:34:23	01:00:20
409	5278		Carlos Silva	-	SEN	Individual	448	00:32:05	390	01:43:32	425	00:18:47	02:34:26	01:00:23
410	5455		Jose Rico	-	SEN	Individual	395	00:29:31	407	01:45:48	431	00:19:12	02:34:32	01:00:29
411	5563		Ricardo Gonçalves	-	SEN	Individual	410	00:29:57	401	01:45:13	439	00:19:35	02:34:46	01:00:43
412	5369		João Marcelino	-	V3	Individual	442	00:31:24	397	01:44:30	426	00:18:53	02:34:48	01:00:45
413	578		Ana Paula Gaspar	-	V2	Individual	439	00:31:23	400	01:45:04	420	00:18:43	02:35:11	01:01:08
414	5332		Guilherme Branquinho	-	SEN	Individual	440	00:31:23	399	01:45:03	422	00:18:45	02:35:11	01:01:08
415	5438		José Correia	-	V3	Individual	441	00:31:24	408	01:46:09	397	00:17:40	02:35:13	01:01:10
416	5506		Orlando Azeitona	-	SEN	Individual	455	00:32:40	387	01:43:00	443	00:19:45	02:35:26	01:01:23
417	5266		Carlos Dinis	-	V2	Individual	352	00:28:22	412	01:47:17	446	00:19:52	02:35:33	01:01:30
418	5258		Carlos Assunção	-	V1	Individual	464	00:35:07	367	01:40:56	447	00:19:56	02:35:59	01:01:56
419	1283	477	Andreia Ferreira	-	CAD	Clube de Triatlo de Almada	349	00:28:20	416	01:48:01	440	00:19:40	02:36:03	01:02:00
420	5654		Pedro Oliveira	-	V1	Individual	371	00:28:55	430	01:50:58	334	00:16:13	02:36:07	01:02:04
421	5408		Jorge Paulo Correia	-	SEN	Individual	407	00:29:52	424	01:49:00	380	00:17:14	02:36:07	01:02:04
422	5612		Vitor Manuel Fernandes	-	V5	Individual	461	00:33:46	402	01:45:13	383	00:17:18	02:36:18	01:02:15
423	4092	196	António Perdigoto	-	V3	Alhandra Sporting Club	408	00:29:54	415	01:47:52	437	00:19:33	02:37:20	01:03:17
424	4091	197	Vicente Graça	-	V3	Alhandra Sporting Club	409	00:29:54	426	01:49:48	395	00:17:37	02:37:20	01:03:17
425	3730	734	Bruno Rainho	-	SEN	GRECI - EL CORTE INGLÉS	457	00:33:11	369	01:41:10	464	00:23:17	02:37:39	01:03:36
426	5263		Carlos Carranca	-	V2	Individual	368	00:28:42	440	01:53:48	291	00:15:31	02:38:01	01:03:58
427	5526		Paulo Toledo	-	V2	Individual	297	00:27:06	444	01:54:20	370	00:16:50	02:38:17	01:04:14
428	4036	1722	Miguel Gomes	-	V1	C. N. Colégio Vasco da Gama	366	00:28:40	443	01:54:15	304	00:15:43	02:38:39	01:04:36
429	4289	1321	Luis Cristóvão	-	V4	Individual	450	00:32:07	417	01:48:10	419	00:18:31	02:38:49	01:04:46
430	5301		Eduardo Coelho	-	SEN	Individual	415	00:30:09	436	01:51:55	371	00:16:58	02:39:02	01:04:59
431	5558		Ricardo Costa	-	SEN	Individual	451	00:32:08	413	01:47:36	442	00:19:43	02:39:28	01:05:25
432	4046	266	Mário Melo	-	V5	Cl. Ferroviário de Vendas Novas	438	00:31:22	429	01:50:50	394	00:17:37	02:39:50	01:05:47
433	3058	1797	Maria Sousa	-	SEN	Alhandra Sporting Club	413	00:30:02	445	01:54:28	315	00:15:57	02:40:27	01:06:24
434	5384		João Rodrigo Silva	-	V1	Individual	444	00:32:03	427	01:49:58	428	00:19:03	02:41:06	01:07:03
435	5410		Jorge Pimpim Santos	-	SEN	Individual	399	00:29:35	441	01:53:49	406	00:18:03	02:41:28	01:07:25
436	5275		Carlos Oliveira	-	SEN	Individual	428	00:30:40	438	01:53:35	382	00:17:17	02:41:34	01:07:31
437	4170	1961	Mário Silva	-	V4	Ferroviário	332	00:27:55	453	01:56:54	372	00:16:59	02:41:49	01:07:46
438	5647		Carlos Candeias	-	V1	Individual	324	00:27:46	456	01:58:52	280	00:15:18	02:41:58	01:07:55
439	5467		Luis Matias	-	V2	Individual	398	00:29:34	439	01:53:42	429	00:19:06	02:42:23	01:08:20
440	5662		Carlos Vasques	-	V1	Individual	463	00:35:03	420	01:48:23	433	00:19:13	02:42:40	01:08:36
441	5645		Hugo Quaresma	-	SEN	Individual	418	00:30:16	437	01:53:03	438	00:19:34	02:42:53	01:08:50

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
442	3821	1541	Nuno Bernardo	-	SEN	Vitoria de Janes	412	00:30:01	375	01:41:52	473	00:31:00	02:42:54	01:08:51
443	5429		José Carlos Sousa	-	SEN	Individual	239	00:25:39	460	02:01:58	306	00:15:44	02:43:22	01:09:19
444	5657		João Correia	-	V1	Individual	416	00:30:11	442	01:54:09	427	00:19:03	02:43:24	01:09:21
445	5661		Miguel Reis	-	SEN	Individual	433	00:30:52	450	01:56:10	350	00:16:29	02:43:32	01:09:29
446	5660		Pedro Sampaio	-	SEN	Individual	434	00:30:52	451	01:56:10	349	00:16:29	02:43:32	01:09:29
447	5112	681	Maria Carvalho	-	CAD	Ext. Coop. da Benedita	375	00:29:03	449	01:56:02	418	00:18:29	02:43:36	01:09:33
448	1526	1749	David Silva	-	JUN	Ext. Coop. da Benedita	337	00:28:00	452	01:56:15	451	00:20:15	02:44:31	01:10:28
449	5554		Renato Silva	-	SEN	Individual	458	00:33:20	428	01:50:19	458	00:21:34	02:45:14	01:11:11
450	3672	1031	Fernando Ferreira	-	SEN	GRECI - EL CORTE INGLÉS	403	00:29:41	455	01:58:28	402	00:17:44	02:45:55	01:11:52
451	5653		Francisco Cunha	-	SEN	Individual	338	00:28:03	448	01:55:57	461	00:22:55	02:46:56	01:12:53
452	5130		Nuno Fonseca	-	SEN	Individual	459	00:33:21	435	01:51:50	459	00:21:59	02:47:11	01:13:07
453	4302	528	Maria Serrazina	-	V3	Ext. Coop. da Benedita	437	00:31:02	446	01:55:40	455	00:20:45	02:47:27	01:13:24
454	456		Alberto Cabo	-	V1	Individual	453	00:32:10	454	01:57:19	417	00:18:26	02:47:56	01:13:53
455	5110		António Santos	-	V1	Individual	426	00:30:32	459	02:01:51	305	00:15:43	02:48:06	01:14:03
456	5668		Ruben Fernandes	-	JUN	Individual	285	00:26:47	463	02:04:45	401	00:17:44	02:49:18	01:15:14
457	5651		Diogo Ferreira	-	SEN	Individual	425	00:30:32	462	02:03:02	408	00:18:07	02:51:41	01:17:38
458	5460		Luis António Nascimento	-	SEN	Individual	466	00:35:57	447	01:55:56	450	00:20:08	02:52:02	01:17:59
459	5249		Artur Gonçalves	-	SEN	Individual	292	00:27:03	470	02:10:29	248	00:14:48	02:52:21	01:18:18
460	5512		Paulo Carvalho	-	V4	Individual	454	00:32:35	461	02:02:01	407	00:18:04	02:52:41	01:18:38
461	603		Andre Batista	-	S23	Individual	460	00:33:22	458	02:00:07	453	00:20:26	02:53:56	01:19:53
462	5664		Luis Cruz	-	SEN	Individual	471	00:39:35	432	01:51:11	465	00:23:27	02:54:14	01:20:11
463	5663		Liliana Carriço	-	SEN	Individual	472	00:39:35	431	01:51:10	467	00:23:28	02:54:14	01:20:11
464	5495		Nuno B. Monteiro	-	SEN	Individual	427	00:30:38	466	02:05:56	452	00:20:24	02:56:59	01:22:56
465	5667		Vitor Fernandes	-	SEN	Individual	270	00:26:25	469	02:10:23	462	00:23:04	02:59:54	01:25:51
466	5508		Orlando Peixeiro	-	V3	Individual	467	00:36:47	465	02:05:56	448	00:20:00	03:02:43	01:28:40
467	5453		José Pedro Brandão	-	V4	Individual	470	00:38:50	457	01:59:11	470	00:25:42	03:03:43	01:29:40
468	5514		Paulo Crisóstomo	-	V3	Individual	468	00:36:50	464	02:05:52	457	00:21:32	03:04:15	01:30:12
469	5457		Justino Lopes	-	V3	Individual	456	00:33:09	471	02:11:38	444	00:19:48	03:04:36	01:30:33
470	585		Ana Viçoso	-	V1	Individual	462	00:34:36	468	02:08:37	468	00:23:44	03:06:58	01:32:55
471	5541		Pedro Pires	-	SEN	Individual	435	00:30:52	473	02:17:06	454	00:20:27	03:08:26	01:34:23
472	5493		Neuza Lopes	-	SEN	Individual	443	00:32:03	472	02:16:17	460	00:22:41	03:11:02	01:36:59
473	1135	547	Mariana Matos	-	CAD	C. N. Colégio Vasco da Gama	473	00:39:53	467	02:06:44	471	00:26:36	03:13:15	01:39:12
	1001	47	Luis Pedro Ferreira	DNF	CAD	Alhandra Sporting Club		00:22:02						-
	1004	49	Alexandre Nobre	DNF	CAD	Alhandra Sporting Club		00:20:40						-
	1007	161	Tiago Saraiva	DNF	CAD	Alhandra Sporting Club		00:23:22						-
	1008	365	Gonçalo Pitarma	DNF	CAD	Alhandra Sporting Club		00:23:21						-
	1012	1479	Afonso Garcia	DNF	CAD	Clube Olimpico de Oeiras		00:24:37						-
	1019	1748	Diogo Filipe Silva	DNF	CAD	Ext. Coop. da Benedita		00:23:53						-
	1023	593	Afonso Claudino	DNF	CAD	C. D. "Os Águias" de Alpiarça		00:22:03						-
	1028	462	João Melo	DNF	CAD	Clube de Triatlo de Almada		00:23:29						-
	1029	444	Tiago André Pereira	DNF	CAD	Clube de Triatlo de Almada		00:25:34						-
	1030	1785	Bárbara Silveira	DNF	CAD	Clube de Triatlo de Almada		00:29:11						-
	1032	1669	Pedro de Deus	DNF	CAD	Clube de Triatlo de Almada		00:28:00						-
	1035	1771	João Carlos Costa	DNF	CAD	Sporting CP - St.Peters School		00:24:36						-
	1041	715	Miguel Lacerda	DNF	CAD	Ginásio Clube de Sines		00:21:43						-
	1043	1215	Sofia Hipólito	DNF	CAD	Sporting CP - St.Peters School		00:27:57						-
	1053	944	Maria Correia	DNF	CAD	C. N. Cartaxo		00:24:50						-
	1270	545	André Mateus Silva	DNF	CAD	G. D. R. de Manique de Cima		00:25:44						-
	1271	551	Pedro Bica	DNF	CAD	G. D. R. de Manique de Cima		00:25:21						-

Data:	13-02-2011	Hora:	10h30	Local:	Vila Franca de Xira			
Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

Ranking:	Taça de Portugal PORTerra	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	1301	847	Rita Maria Lopes	DNF	CAD	Amiciclo		00:22:11						-
	1303	50	Ricardo Calado	DNF	CAD	C. D. "Os Águias" de Alpiarça		00:20:19						-
	1311	43	Andreia Lopes	DNF	CAD	Núcleo Sportinguista da Golegã		00:25:35						-
	1503	194	Filipe Miguel Lopes	DNF	JUN	Alhandra Sporting Club		00:21:09						-
	1504	147	Ivo Cristeta	DNF	JUN	Alhandra Sporting Club		00:24:52						-
	1508	53	Rafael Ribeiro	DNF	JUN	Alhandra Sporting Club		00:19:24						-
	1512	54	Miguel Fernandes	DNF	JUN	Alhandra Sporting Club		00:19:23						-
	1531	23	Pedro Araújo Mendes	DNF	JUN	Individual		00:19:35						-
	1533	24	João Curado	DNF	JUN	Sporting CP - St.Peters School		00:20:26						-
	1554	195	Rui Tenrinho	DNF	JUN	C. D. "Os Águias" de Alpiarça		00:21:43						-
	2006	28	João Amorim	DNF	S23	Alhandra Sporting Club		00:18:41						-
	2009	31	Fabrcio Tomás	DNF	S23	COMPEED - Tri-Oeste		00:21:01						-
	2011	27	José Veiga	DNF	S23	Clube Olimpico de Oeiras		00:19:59						-
	2016	18	Mariana Costa	DNF	S23	C. T. Fundão		00:22:48						-
	2018	573	Andreia Simões Lopes	DNF	S23	C. T. Fundão		00:26:10						-
	2087	15	José Estrangeiro	DNF	S23	Assoc. Académica de Coimbra		00:19:14						-
	2123	11	João Pedro Silva	DNF	S23	Sporting CP - St.Peters School		00:18:13						-
	2127	579	Diogo Custódio	DNF	S23	Sporting CP - St.Peters School		00:20:19						-
	2133	1662	Frederico Sousa	DNF	S23	C. T. Fundão		00:21:18						-
	2143	353	Ana Teresa Machado	DNF	S23	Clube Olimpico de Oeiras		00:23:26						-
	2152	17	Pedro Laginha Palma	DNF	S23	DUNIK.PT-Clube dos Galitos		00:18:44						-
	2160	16	Ruben Costa	DNF	S23	Sporting CP - St.Peters School		00:20:41						-
	2162	490	Jorge Alves	DNF	S23	Clube Olimpico de Oeiras		00:20:12						-
	3015	434	Maria João Madeira	DNF	SEN	Clube de Triatlo de Almada		00:26:41						-
	3017	1710	Daniel Delgado	DNF	SEN	A. H. Bombeiros Estoris / Nutrilogia		00:28:59						-
	3034	1750	Paulo Luis Santos	DNF	SEN	Ext. Coop. da Benedita		00:22:16		01:20:35				-
	3056	1781	Jenny Martins	DNF	SEN	DUNIK.PT-Clube dos Galitos		00:28:32						-
	3206	1389	André Guimarães	DNF	SEN	Clube Triatlo de Perosinho		00:19:44						-
	3218	1721	Pedro Miguel Machado	DNF	SEN	C. N. Colégio Vasco da Gama		00:23:16						-
	3244	253	Carlos Fernandes	DNF	SEN	Oeiras Sport Clube		00:20:40						-
	3320	975	Sérgio Ribeiro	DNF	SEN	Clube de Praças da Armada		00:22:57						-
	3403	1040	Rita Ribeiro	DNF	SEN	Louletano		00:27:53						-
	3462	236	Rafael Lourenço	DNF	SEN	Alhandra Sporting Club		00:23:43						-
	3518	583	David Chéu Martins	DNF	SEN	Associação Naval Amorense		00:22:56						-
	3525	326	Elisabete Sousa	DNF	SEN	Louletano		00:25:51						-
	3546	735	Nuno Felício	DNF	SEN	A. H. Bombeiros Estoris / Nutrilogia		00:22:59						-
	3589	519	Pedro Lopes Pereira	DNF	SEN	C. T. Fundão		00:24:01						-
	3666	35	Tiago Abreu Silva	DNF	SEN	Ludens Clube do Machico		00:18:42						-
	3707	603	Ana Patricia Ferreira	DNF	SEN	Núcleo Sportinguista da Golegã		00:24:19						-
	3722	626	Ana Sofia Henriques	DNF	SEN	Associação Naval Amorense		00:25:48						-
	3728	793	Nuno Costa	DNF	SEN	Serv. Soc. CGD		00:29:29						-
	3760	1000	Pedro Pinheiro	DNF	SEN	S.U.Colarense		00:21:35						-
	4023	432	Francisco Bexiga	DNF	V3	Clube de Praças da Armada		00:30:28						-
	4038	1112	Joaquim Patrício	DNF	V5	C. N. Alvito		00:31:54						-
	4060	994	António Moura	DNF	V3	A. M. C. R. Fonte Grada		00:23:24						-
	4062	1041	Carlos Cabrita	DNF	V4	Louletano		00:22:05						-
	4090	354	Rui Campos	DNF	V3	Clube Olimpico de Oeiras		00:21:14						-
	4103	1821	Paulo Ferreira	DNF	V1	Individual		00:25:18						-
	4108	225	Paulo Leitão Santos	DNF	V2	Peniche A. C.		00:25:17						-

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	4115	385	António Ervideira	DNF	V2	A. M. C. R. Fonte Grada		00:22:48						-
	4120	870	José Magalhães Dias	DNF	V1	A. M. C. R. Fonte Grada		00:23:15						-
	4168	1959	Manuel Ferreira	DNF	V5	Vitoria de Janes		00:24:49						-
	4180	1334	António Horta	DNF	V2	Clube de Praças da Armada		00:21:27						-
	4357	769	Jorge Teixeira	DNF	V1	Clube de Praças da Armada		00:22:22						-
	4361	559	Hipólito Ferreira	DNF	V2	G. D. R. de Manique de Cima		00:27:57						-
	4401	848	Joaquim Manuel Lopes	DNF	V2	Amiciclo		00:26:13						-
	4409	874	Francisco Cipriano	DNF	V5	A. M. C. R. Fonte Grada		00:32:36						-
	4469	1876	António Moreira	DNF	V3	Clube de Praças da Armada		00:22:57						-
	465		Alcino Serras	DNF	V2	Individual		00:20:39						-
	5255		Bruno Bértolo	DNF	V1	Individual		00:21:16						-
	5260		Carlos Borda d Agua	DNF	SEN	Individual		00:30:53						-
	5282		Carlos Teixeira	DNF	SEN	Individual		00:30:12						-
	5293		Delfim Ferreira	DNF	SEN	Individual		00:27:32						-
	5297		Duarte Beltrão	DNF	SEN	Individual		00:29:03						-
	5314		Fernanda Ferreira	DNF	SEN	Individual		00:30:51						-
	5321		Frederico Cardoso	DNF	SEN	Individual		00:25:47						-
	5326		Gonçalo Rodrigues	DNF	JUN	Individual		00:25:09						-
	5362		João Luis Seródio	DNF	V4	Individual		00:39:53						-
	5375		João Miranda	DNF	V3	Individual		00:24:54						-
	5397		Jorge Costa	DNF	SEN	Individual		00:30:22						-
	5416		Jorge Romão	DNF	V1	Individual		00:30:55						-
	5437		Jose Carvalho	DNF	V1	Individual		00:22:44						-
	5464		Luis Leite	DNF	SEN	Individual		00:27:35						-
	5470		Luis Prego	DNF	V3	Individual		00:23:49						-
	5471		Luis Santos	DNF	V1	Individual		00:32:26						-
	5481		Mário Freitas	DNF	V1	Individual		00:31:54						-
	5487		Miguel Alexandre Martins	DNF	JUN	Individual		00:22:41						-
	5489		Miguel António Gomes	DNF	SEN	Individual		00:21:17						-
	5490		Miguel Azevedo	DNF	V1	Individual		00:29:23						-
	5523		Paulo Robalo	DNF	SEN	Individual		00:24:55						-
	5543		Pedro Quadros	DNF	SEN	Individual		00:41:15						-
	5545		Pedro Sebastião	DNF	V1	Individual		00:27:46						-
	5546		Pedro Silva Santos	DNF	SEN	Individual		00:36:03		02:32:47				-
	5564		Ricardo Gonçalves	DNF	SEN	Individual		00:25:56						-
	5565		Ricardo Nunes	DNF	SEN	Individual		00:25:02						-
	5568		Rita Delgado	DNF	JUN	Individual		00:29:59						-
	5587		Sérgio Wiezbicki	DNF	V3	Individual		00:27:59						-
	5590		Teresa Farinha	DNF	V1	Individual		00:32:10						-
	5595		Tiago Antunes	DNF	SEN	Individual		00:30:03						-
	5599		Vasco Santos	DNF	SEN	Individual		00:25:15						-
	5600		Venâncio Leitão	DNF	SEN	Individual		00:24:48						-
	5603		Víctor Teixeira	DNF	SEN	Individual		00:20:50						-
	3128	616	José Ferreira	DNF	SEN	McDonalds/TriBraga		00:24:00						-
	5625		Nuno Calvário	DNF	SEN	Individual		00:22:12						-
	5626		Bruno Ricardo	DNF	V2	Individual		00:37:03						-
	5638		José Gouveia	DNF	V2	Individual		00:23:29						-
	5658		Sérgio Manuel Silva	DNF	SEN	Individual		01:24:15						-
	5659		Pedro Sá	DNF	SEN	Individual		00:28:18						-

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Corrida	6.000 mt	BTT:	29.000 mt	Corrida:	3.000 mt			

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	5670		Miguel Ferrinho	DNF	SEN	Individual		00:30:39						-
	5677		Herculano Marques	DNF	V3	Individual		00:29:08						-
	5681		João Teixeira	DNF	JUN	Individual		00:25:31						-
	5150		Estela Borges	DNF	SEN	Individual		00:35:16						-
	1000	130	Eduardo Félix	DNS	CAD	Alhandra Sporting Club								-
	1015	362	Ana Paula Reis	DNS	CAD	Clube Olímpico de Oeiras								-
	1025	452	Cristina Melicio	DNS	CAD	Clube de Triatlo de Almada								-
	1040	587	André Pinheiro	DNS	CAD	Associação Naval Amorense								-
	1042	875	Inês Teixeira	DNS	CAD	Associação Naval Amorense								-
	1054	1673	Ana Margarida Rodrigues	DNS	CAD	Ginásio Clube Figueirense								-
	1056	216	João Sousa	DNS	CAD	Alhandra Sporting Club								-
	1113	32	Gil Maia	DNS	CAD	DUNIK.PT-Clube dos Galitos								-
	1505	408	Laura Costa Bento	DNS	JUN	Alhandra Sporting Club								-
	1506	22	Luis Filipe Marafuz	DNS	JUN	Alhandra Sporting Club								-
	2007	20	Sofia Almeida	DNS	S23	Alhandra Sporting Club								-
	2020	1896	Elisvaldo Borges	DNS	S23	Oeiras Sport Clube								-
	2086	7	Bárbara Clemente	DNS	S23	Clube Olímpico de Oeiras								-
	2095	976	Ricardo Reis	DNS	S23	Clube de Praças da Armada								-
	2108	10	Ana Filipa Sampaio	DNS	S23	Alhandra Sporting Club								-
	2122	8	Joana Marques	DNS	S23	Clube Olímpico de Oeiras								-
	3029	839	Tiago Lança	DNS	SEN	Amiciclo								-
	3045	104	Pedro Miguel Gomes	DNS	SEN	Alhandra Sporting Club								-
	3062	1809	Telma Pereira	DNS	SEN	Ext. Coop. da Benedita								-
	3086	1886	Vasco Cardigos	DNS	SEN	Ateneu Artístico Cartaxense								-
	3127	377	Tiago Lobo	DNS	SEN	COMPEED - Tri-Oeste								-
	3170	176	Rui Simões	DNS	SEN	Alhandra Sporting Club								-
	3224	996	Daniel Trindade	DNS	SEN	Clube Olímpico de Oeiras								-
	3296	1102	Jorge Duarte	DNS	SEN	Clube Olímpico de Oeiras								-
	3484	2	Maria Areosa	DNS	SEN	Clube Olímpico de Oeiras								-
	3515	1032	Jorge Borges	DNS	SEN	Individual								-
	3531	427	Pedro Miguel Matos	DNS	SEN	Núcleo Sportinguista da Golegã								-
	3680	141	Marco Cruz	DNS	SEN	Alhandra Sporting Club								-
	3695	654	Emanuel Matos	DNS	SEN	McDonalds/TriBraga								-
	3741	841	Andreia Candeias	DNS	SEN	Amiciclo								-
	3769	1303	João Pereira	DNS	SEN	DUNIK.PT-Clube dos Galitos								-
	4003	1692	Marco Reis	DNS	V1	Individual								-
	4113	1873	Fernando Manuel Serra	DNS	V2	Individual								-
	4190	1599	João Fonseca	DNS	V1	Individual								-
	4397	794	Carlos Manuel Silva	DNS	V2	Individual								-
	4400	759	Paulo Canário	DNS	V1	Cl. Ferroviário de Vendas Novas								-
	4403	981	Paulo Jorge Santos	DNS	V2	A. M. C. R. Fonte Grada								-
	4410	201	Paulo Monteiro	DNS	V2	Alhandra Sporting Club								-
	4468	939	João Coelho	DNS	V1	Individual								-
	515		Alexandre Guilhoto	DNS	SEN	Individual								-
	532		Alexandre Portugal	DNS	SEN	Individual								-
	602		André Anselmo Azevedo	DNS	JUN	Individual								-
	661		António Amaro	DNS	V5	Individual								-
	665		Antonio Carpinteiro	DNS	SEN	Individual								-
	5237		Antonio Franco	DNS	V2	Individual								-

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	5240		António José Martins	DNS	V1	Individual								-
	5253		Avelino Fernandes	DNS	SEN	Individual								-
	5267		Carlos Ferreira	DNS	SEN	Individual								-
	5269		Carlos José Santos	DNS	V3	Individual								-
	5274		Carlos Morgado Pereira	DNS	V2	Individual								-
	5283		Carlos Vitorino	DNS	SEN	Individual								-
	5298		Duarte Marques	DNS	SEN	Individual								-
	5300		Dulce Paiva Vilaça	DNS	SEN	Individual								-
	5311		Fábio Fartouce	DNS	S23	Individual								-
	5319		Flávio Cordeiro	DNS	SEN	Individual								-
	5325		Gonçalo Passareiro	DNS	SEN	Individual								-
	5339		Hugo Reis	DNS	SEN	Individual								-
	5341		Hugo Semedo Tavares	DNS	SEN	Individual								-
	5347		João Balsinha	DNS	V4	Individual								-
	5355		João Carreira	DNS	SEN	Individual								-
	5356		Joao de Sousa	DNS	V2	Individual								-
	5370		João Mariano	DNS	SEN	Individual								-
	5380		João Pedro Cunha	DNS	V1	Individual								-
	5381		João Pedro Fulgêncio	DNS	SEN	Individual								-
	5389		João Silva	DNS	V2	Individual								-
	5413		Jorge Pires	DNS	SEN	Individual								-
	5415		Jorge Ramos	DNS	SEN	Individual								-
	5447		José Manta	DNS	V1	Individual								-
	5451		José Oliveira	DNS	V4	Individual								-
	5461		Luis Carlos Garcia	DNS	V2	Individual								-
	5465		Luis Manuel Rosário	DNS	V1	Individual								-
	5476		Manuela Patas	DNS	V2	Individual								-
	5478		Marco Baptista	DNS	SEN	Individual								-
	5480		Mário Elson Fonseca	DNS	SEN	Individual								-
	5492		Nelson Benvindo	DNS	SEN	Individual								-
	5496		Nuno Calvário	DNS	SEN	Individual								-
	5502		Nuno Reis	DNS	SEN	Individual								-
	5516		Paulo Ferreira	DNS	V2	Individual								-
	5521		Paulo Novais	DNS	SEN	Individual								-
	5527		Paulo Vides	DNS	SEN	Individual								-
	5529		Pedro Calixto	DNS	SEN	Individual								-
	5530		Pedro Carola	DNS	SEN	Individual								-
	5531		Pedro Cintra	DNS	SEN	Individual								-
	5533		Pedro Costa	DNS	SEN	Individual								-
	5539		Pedro Petrônio	DNS	SEN	Individual								-
	5547		Pedro Telmo Gil	DNS	SEN	Individual								-
	5548		Pedro Torres	DNS	SEN	Individual								-
	5550		Peter Tsvetkov	DNS	SEN	Individual								-
	5551		Possidónio Graça	DNS	V4	Individual								-
	5553		Raúl Costa	DNS	V3	Individual								-
	5569		Rogério Soares	DNS	V2	Individual								-
	5572		Rúben Fernandes	DNS	JUN	Individual								-
	5583		Rui Quelhas	DNS	V2	Individual								-
	5601		Victor Fernandes	DNS	SEN	Individual								-

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	BTT	P	Corrida	Total	Diff
	5101		André Ribeirete	DNS	SEN	Individual								-