

Data:	14-07-2013	Hora:	08h00	Local:	Caminha			
Natação	1.900 mt	Ciclismo:	90.000 mt	Corrida:	21.100 mt			

Ranking:	Camp. Nac. de Grupos de Idade	hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	5443	1411	Bruno Pereira	-	20-24	Sport Lisboa e Benfica	6	00:31:29	28	02:57:31	30	01:31:15	05:00:16	
2	3296	1102	Jorge Duarte	-	30-34	Garmin Olimpico de Oeiras	33	00:37:43	25	02:54:24	28	01:30:09	05:02:17	00:02:01
3	4001	499	David Caldeirão	-	40-44	Peniche A. C.	2	00:30:32	30	03:01:14	33	01:32:37	05:04:23	00:04:07
4	3583	1379	Paulo Adão Coelho	-	35-39	Clube Triatlo de Perosinho	3	00:30:41	35	03:05:14	27	01:29:04	05:05:00	00:04:44
5	3260	838	Rafael Gomes	-	30-34	Sporting CP	8	00:32:47	36	03:06:39	26	01:28:52	05:08:19	00:08:03
6	5312		Jose Luis Dorado Viéitez	-	35-39	Individual	38	00:38:28	26	02:54:47	44	01:35:38	05:08:55	00:08:38
7	5279		Enrique Moran Gonzalez	-	30-34	Club Atletismo Porriño	62	00:40:58	27	02:54:51	38	01:33:43	05:09:33	00:09:17
8	5349		Ricardo Rey martinez	-	35-39	Club Nosportlimit-Trek Galicia	10	00:34:42	32	03:02:54	34	01:32:43	05:10:20	00:10:04
9	3239	210	Telmo Veloso	-	35-39	Porto Runners	77	00:42:32	39	03:08:06	25	01:23:11	05:13:50	00:13:34
10	5226		Adrian Bouzan Alonso	-	25-29	Club Nosportlimit-Trek Galicia	11	00:34:55	37	03:06:46	40	01:34:37	05:16:18	00:16:02
11	4103	3485	Paulo Ferreira	-	40-44	Individual	70	00:41:53	31	03:02:30	35	01:32:51	05:17:15	00:16:59
12	2020	1654	Bruno Freitas	-	20-24	Ludens de Machico/Ourinvest Talento	4	00:30:44	29	02:58:21	76	01:49:16	05:18:22	00:18:06
13	4200	1482	Paulo Margarido	-	45-49	Clube Aventura da Madeira	9	00:34:03	47	03:13:47	29	01:30:39	05:18:29	00:18:13
14	5264		Carlos Alcalde	-	40-44	Individual	13	00:35:12	43	03:12:12	31	01:31:42	05:19:07	00:18:51
15	3698	656	José Afonso	-	35-39	McDonalds/TriBraga	41	00:38:39	40	03:08:07	36	01:33:12	05:19:58	00:19:42
16	3206	1389	André Guimarães	-	30-34	Lince Triathlon	23	00:37:13	41	03:10:07	39	01:33:57	05:21:18	00:21:02
17	4316	3404	Pablo Menendez	-	40-44	Pedalarte Triatlo	12	00:35:07	34	03:04:54	55	01:41:47	05:21:49	00:21:33
18	3708	430	Octávio Vicente	-	25-29	Garmin Olimpico de Oeiras	66	00:41:06	33	03:03:10	47	01:37:40	05:21:57	00:21:41
19	3594	3400	Rui Viana	-	35-39	Pedalarte Triatlo	69	00:41:50	38	03:07:47	37	01:33:12	05:22:50	00:22:34
20	3318	1518	Leandro Pinto	-	35-39	McDonalds/TriBraga	22	00:37:13	46	03:13:15	45	01:35:46	05:26:15	00:25:59
21	4534	2450	Rui Gameiro	-	40-44	Núcleo Sportinguista da Golegã	56	00:40:11	42	03:12:00	42	01:34:51	05:27:04	00:26:47
22	3738	743	Nuno Ventura	-	30-34	TRIATLO CLUBE TAP	24	00:37:19	51	03:17:15	32	01:32:33	05:27:08	00:26:51
23	5309		Jose Costal Camiña	-	25-29	Individual	7	00:32:10	49	03:15:18	51	01:39:49	05:27:18	00:27:02
24	4631	2145	João Carlos Correia	-	40-44	Ferrovário	61	00:40:57	17		17		05:28:04	00:27:48
25	4147	62	Fernando Carmo	-	45-49	C. N. Colégio Vasco da Gama	75	00:42:24	16		16		05:30:18	00:30:02
26	3494	424	Rui Pedro Costa	-	35-39	C. N. Tejo	60	00:40:57	7		7		05:30:33	00:30:16
27	5301		Javier Perez Bouza	-	35-39	Individual	29	00:37:40	44	03:12:14	53	01:40:49	05:30:44	00:30:27
28	5441		Jesus Figueiroa Fernandez	-	35-39	Individual	36	00:38:25	24		24		05:31:34	00:31:18
29	3705	469	Ricardo Silva	-	30-34	Clube de Triatlo de Almada	37	00:38:27	48	03:14:14	54	01:41:29	05:34:11	00:33:54
30	3841	1630	Pedro Carvalho	-	35-39	C. C. D. M. Matosinhos	16	00:35:37	14		14		05:34:43	00:34:27
31	5271		Daniel Pérez	-	30-34	Individual	73	00:42:11	19		19		05:36:33	00:36:17
32	5327		Miguel Angel Diaz	-	40-44	Individual	43	00:38:46	22		22		05:38:46	00:38:30
33	5274		Dvid Senra Eiroa	-	25-29	Club Nosportlimit-Trek Galicia	17	00:35:38	20		20		05:39:24	00:39:08
34	3796	1432	Hugo Gomes	-	30-34	Porto Runners	72	00:42:10	13		13		05:40:16	00:40:00
35	3359	667	Duarte Câmara	-	35-39	Clube Desportivo Nacional	47	00:39:02	4		4		05:40:52	00:40:36
36	3020	1880	António Marques	-	35-39	Clube de Praças da Armada	26	00:37:32	1		1		05:40:57	00:40:40
37	3368	1176	Pedro Magalhães	-	25-29	Assoc. Académica S. Mamede	1		5		5		05:41:01	00:40:44
38	5439		Victor Mourinho	-	35-39	Individual	15	00:35:26	50	03:15:26	80	01:50:30	05:41:23	00:41:06
39	3468	2722	António Moita	-	35-39	Clube Triatlo de Perosinho	85	00:43:05	6		6		05:42:15	00:41:59
40	5316		Jose Nespereira Gomez	-	45-49	Individual	68	00:41:35	45	03:12:26	74	01:48:46	05:42:48	00:42:32
41	3105	2893	João Fragoso	-	30-34	Individual	100	00:45:31	2		2		05:45:52	00:45:36
42	3128	616	José Ferreira	-	35-39	McDonalds/TriBraga	39	00:38:35	3		3		05:46:37	00:46:21
43	4121	144	Paulo Codinha	-	45-49	TRIATLO CLUBE TAP	25	00:37:19	15		15		05:47:11	00:46:55
44	4397	794	Carlos Manuel Silva	-	50-54	Individual	115	00:47:27	53	03:22:39	48	01:37:57	05:48:04	00:47:48
45	3631	3414	Virgilio Barbosa	-	35-39	Pedalarte Triatlo	30	00:37:42	10		10		05:48:57	00:48:40
46	3571	1295	Carlos Rocha	-	35-39	Clube dos Galitos	50	00:39:36	9		9		05:49:27	00:49:11
47	5333		Oscar Silguero Garcia	-	45-49	Club Nosportlimit-Trek Galicia	49	00:39:28	23		23		05:50:39	00:50:23
48	5373		David Vazquez Rodriguez	-	40-44	Individual	64	00:41:03	56	03:26:56	66	01:45:28	05:53:28	00:53:12
49	3740	1074	Francisco Gaspar	-	30-34	A. M. C. R. Fonte Grada	28	00:37:37	12		12		05:54:32	00:54:16

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Natação	1.900 mt	Ciclismo:	90.000 mt	Corrida:	21.100 mt			

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	4308	1571	Ricardo Cordeiro	-	40-44	Individual	53	00:39:45	83	03:35:35	49	01:39:20	05:54:41	00:54:25
51	5334		Pablo Gonzalez Fernandez	-	30-34	Club Nosportlimit-Trek Galicia	58	00:40:55	75	03:32:25	58	01:42:40	05:56:01	00:55:45
52	3692	3486	Ricardo Miranda	-	25-29	Individual	93	00:43:32	11		11		05:56:21	00:56:04
53	4083	1765	Antonio Ribeiro	-	40-44	Porto Runners	67	00:41:25	67	03:30:17	69	01:45:50	05:57:34	00:57:18
54	5258		Armando Piñeiro Perez	-	45-49	Individual	18	00:36:46	18		18		05:57:44	00:57:28
55	5283		Filipe Sales Fernandes	-	20-24	Individual	27	00:37:33	21		21		05:58:07	00:57:51
56	6315	1165	Emanuel Marques	-	45-49	Assoc. Académica S. Mamede	46	00:38:57	84	03:36:27	62	01:44:27	05:59:52	00:59:36
57	4518	341	José Manuel Nunes	-	40-44	C. C. D. M. Matosinhos	87	00:43:09	99	03:42:24	41	01:34:41	06:00:14	00:59:58
58	5438		Ricardo Barreiros	-	30-34	Individual	99	00:45:12	59	03:27:51	73	01:48:19	06:01:24	01:01:08
59	4377	381	Faber Martins	-	40-44	Porto Runners	82	00:42:55	57	03:27:34	85	01:51:34	06:02:04	01:01:48
60	3695	654	Emanuel Matos	-	35-39	CFV	112	00:46:35	55	03:25:18	78	01:50:13	06:02:06	01:01:50
61	4039	1371	José Varela	-	55-59	Louletano	127	00:49:32	60	03:28:00	64	01:44:54	06:02:28	01:02:12
62	4463	1636	Paulo Henriques	-	40-44	Individual	40	00:38:36	65	03:29:53	93	01:54:00	06:02:30	01:02:14
63	5322		Marco A. Guindal Gonzalez	-	35-39	Individual	96	00:44:02	78	03:33:04	67	01:45:31	06:02:38	01:02:22
64	3143	1162	Daniel Reis	-	30-34	Assoc. Académica S. Mamede	35	00:38:17	80	03:34:02	79	01:50:23	06:02:43	01:02:27
65	5308		Joao Teixeira	-	35-39	Individual	146	00:54:33	54	03:22:45	68	01:45:39	06:02:58	01:02:42
66	4618	1055	João Duarte	-	40-44	Quintajense Futebol Clube	95	00:43:38	62	03:28:33	83	01:51:14	06:03:27	01:03:11
67	3674	386	Pedro Carreira	-	30-34	A. M. C. R. Fonte Grada	144	00:53:24	64	03:29:51	52	01:40:16	06:03:32	01:03:16
68	4160	800	António Dias	-	50-54	Lince Triathlon	129	00:49:33	72	03:32:06	56	01:42:03	06:03:43	01:03:26
69	3586	977	Miguel Carneiro	-	30-34	Individual	14	00:35:23	86	03:37:23	82	01:51:12	06:03:59	01:03:43
70	5277		Eloy Madero Antón	-	40-44	Individual	80	00:42:35	90	03:38:56	59	01:42:59	06:04:30	01:04:14
71	4628	3033	Antonio Pereira	-	40-44	McDonalds/TriBraga	130	00:49:53	52	03:19:22	99	01:55:45	06:05:01	01:04:45
72	4249	871	Luis Cipriano	-	40-44	A. M. C. R. Fonte Grada	123	00:48:48	73	03:32:20	60	01:44:08	06:05:17	01:05:00
73	5260		Blanca Labandeira	-	35-39	Individual	20	00:36:59	92	03:39:23	81	01:50:40	06:07:04	01:06:47
74	5358		Sérgio Moreira	-	30-34	Individual	111	00:46:33	58	03:27:43	88	01:53:06	06:07:24	01:07:07
75	5282		Fernando Silvarrey	-	40-44	Club Nosportlimit-Trek Galicia	92	00:43:31	98	03:41:47	57	01:42:18	06:07:37	01:07:21
76	4530	1494	Luis Filipe Valente	-	40-44	Clube Oriental de Lisboa	31	00:37:43	63	03:29:16	111	02:01:15	06:08:15	01:07:59
77	3640	1660	Tiago Costa	-	30-34	Clube Triatlo de Perosinho	45	00:38:54	97	03:41:02	75	01:49:08	06:09:06	01:08:50
78	3545	280	José Franco	-	35-39	Individual	32	00:37:43	8		8		06:10:57	01:10:41
79	5299		Ivo Manuel Correia	-	35-39	Individual	21	00:37:12	81	03:35:04	108	02:00:03	06:12:21	01:12:05
80	3404	824	Miguel Ramos	-	25-29	A. M. C. R. Fonte Grada	108	00:46:24	69	03:31:11	96	01:55:09	06:12:46	01:12:29
81	3771	1311	Inácio José Faisca	-	35-39	Atlético Clube Montemorense	76	00:42:24	88	03:37:44	86	01:52:39	06:12:48	01:12:32
82	4449	581	Nuno Santos	-	45-49	TRIATLO CLUBE TAP	84	00:42:59	91	03:38:58	89	01:53:13	06:15:10	01:14:54
83	5294		Gonzalo fernandez	-	25-29	Club Nosportlimit-Trek Galicia	109	00:46:26	74	03:32:24	103	01:57:38	06:16:29	01:16:13
84	4684	3334	Antonio Jose G Oliveira	-	45-49	A. M. C. R. Fonte Grada	141	00:52:36	85	03:36:38	71	01:47:32	06:16:48	01:16:32
85	5314		Jose Miguel Fernandez	-	25-29	Club Atletismo Porriño	117	00:47:40	79	03:33:30	101	01:56:25	06:17:36	01:17:20
86	3082	1348	João Seródio	-	35-39	C. N. Colégio Vasco da Gama	44	00:38:47	103	03:45:23	94	01:54:01	06:18:12	01:17:56
87	4142	2904	Paulo Figueiredo	-	40-44	Individual	34	00:37:52	82	03:35:09	131	02:06:46	06:19:48	01:19:32
88	4245	2063	Carlos Pereira	-	45-49	Lince Triathlon	125	00:48:55	105	03:46:04	65	01:45:04	06:20:04	01:19:48
89	4259	806	Paulo Neves	-	45-49	Assoc. Académica S. Mamede	42	00:38:40	93	03:39:25	116	02:02:06	06:20:12	01:19:56
90	5446		Alejandro Hernandez	-	45-49	Individual	5	00:31:09	87	03:37:38	138	02:12:36	06:21:23	01:21:07
91	4115	385	António Ervideira	-	45-49	A. M. C. R. Fonte Grada	121	00:47:54	115	03:49:48	61	01:44:25	06:22:08	01:21:52
92	3323	3111	Francisco Trocado	-	35-39	Individual	55	00:40:11	100	03:42:43	115	02:01:41	06:24:36	01:24:20
93	3257	2260	Patricia Leite	-	30-34	Clube Triatlo de Perosinho	79	00:42:34	108	03:47:44	95	01:54:27	06:24:47	01:24:30
94	4277	672	João Saúde	-	40-44	Ferrovário	159	01:17:32	71	03:31:55	43	01:35:22	06:24:50	01:24:34
95	3386	3174	José Rodrigo Araújo	-	25-29	Individual	139	00:52:04	104	03:45:49	70	01:47:05	06:24:59	01:24:43
96	3715	618	Pedro Reis	-	35-39	Assoc. Académica S. Mamede	113	00:46:41	95	03:39:49	106	01:59:13	06:25:44	01:25:28
97	3520	429	Hugo Tomé Ferreira	-	30-34	Individual	103	00:46:03	70	03:31:51	133	02:07:55	06:25:50	01:25:34
98	5265		Carlos Videira Martins	-	40-44	Individual	102	00:45:56	96	03:40:22	114	02:01:32	06:27:51	01:27:35

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Natação	1.900 mt	Ciclismo:	90.000 mt	Corrida:	21.100 mt			

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	5336		Pablo Ramil Frean	-	30-34	Club Nospportlimit-Trek Galicia	91	00:43:29	94	03:39:43	123	02:05:03	06:28:15	01:27:59
100	5238		Almudena Vázquez	-	35-39	Individual	128	00:49:33	76	03:32:56	129	02:06:28	06:28:57	01:28:41
101	4236	1173	Rui Pena	-	40-44	Assoc. Académica S. Mamede	98	00:44:17	101	03:43:08	118	02:02:55	06:30:21	01:30:04
102	5348		Ricardo Martinez Abril	-	40-44	Individual	19	00:36:51	127	03:57:14	105	01:57:51	06:31:57	01:31:41
103	5276		Eduardo Seoane Santiso	-	35-39	Individual	86	00:43:08	143	04:10:07	50	01:39:36	06:32:51	01:32:34
104	5320		Manuel Salgueiro Alvarez	-	30-34	Club Atletismo Porriño	120	00:47:52	61	03:28:29	145	02:16:42	06:33:04	01:32:48
105	4403	981	Paulo Jorge Santos	-	45-49	A. M. C. R. Fonte Grada	90	00:43:27	130	03:57:57	87	01:52:47	06:34:11	01:33:55
106	4293	1099	Miguel Velez	-	50-54	Escola de Ciclismo Triatlo Camara	81	00:42:53	129	03:57:49	90	01:53:30	06:34:12	01:33:56
107	6314	3142	Paulo Pereira	-	35-39	Individual	147	00:54:34	106	03:46:12	91	01:53:44	06:34:31	01:34:14
108	5317		Julio Gonzalez Dieguez	-	35-39	Individual	52	00:39:42	124	03:55:24	112	02:01:17	06:36:25	01:36:09
109	3061	2880	Pedro Monteiro	-	30-34	Individual	148	00:54:47	89	03:37:55	120	02:03:57	06:36:40	01:36:24
110	5310		Jose Garrido Rodriguez	-	25-29	Individual	104	00:46:11	122	03:54:53	98	01:55:40	06:36:44	01:36:28
111	4516	1876	António Madeira	-	50-54	Clube de Praças da Armada	149	00:56:18	137	04:03:55	46	01:37:23	06:37:37	01:37:21
112	3639	116	Pedro Teixeira Brandão	-	35-39	Lince Triathlon	54	00:40:00	68	03:30:56	153	02:27:23	06:38:19	01:38:03
113	4014	742	João Santos	-	50-54	A. H. Bombeiros Estoris / 3 IRON	71	00:42:02	109	03:47:54	135	02:08:28	06:38:25	01:38:09
114	5350		Ricardo Soler Vidal	-	40-44	Individual	106	00:46:18	118	03:51:19	110	02:00:55	06:38:32	01:38:16
115	4569	2632	Paulo Costa	-	40-44	Assoc. Académica S. Mamede	89	00:43:16	125	03:55:59	109	02:00:38	06:39:55	01:39:39
116	5231		Alejandro Nuñez Alonso	-	25-29	Club Nospportlimit-Trek Galicia	105	00:46:12	114	03:49:11	122	02:04:58	06:40:21	01:40:05
117	4330	1163	José Fernando Silva	-	45-49	Assoc. Académica S. Mamede	150	00:56:25	111	03:47:57	100	01:56:05	06:40:29	01:40:12
118	4561	2609	Fernando Socorro	-	40-44	Lince Triathlon	57	00:40:35	102	03:43:55	144	02:16:06	06:40:36	01:40:20
119	4587	2713	Alberto Xavier	-	40-44	Individual	122	00:48:25	116	03:50:01	117	02:02:28	06:40:55	01:40:39
120	5354		Rui Pancadares	-	35-39	Individual	158	01:14:24	66	03:30:08	107	01:59:28	06:44:01	01:43:45
121	3645	107	Miguel Torres	-	30-34	CFV	97	00:44:10	132	03:59:32	113	02:01:28	06:45:11	01:44:55
122	5286		Francisco Ramallo	-	35-39	Individual	63	00:41:02	107	03:47:05	146	02:17:33	06:45:40	01:45:24
123	4509	211	Susana Simões	-	40-44	Porto Runners	126	00:49:18	145	04:11:49	63	01:44:37	06:45:46	01:45:30
124	4318	1064	Fernando Teixeira	-	45-49	Ludens de Machico/Ourinvest Talento	131	00:49:55	133	04:00:25	97	01:55:33	06:45:54	01:45:38
125	3208	1440	Rui Trovão	-	30-34	Assoc. Académica de Coimbra	101	00:45:40	112	03:48:51	136	02:11:32	06:46:04	01:45:48
126	3673	3457	Leonel Salgueiro	-	30-34	Individual	134	00:51:17	113	03:48:59	126	02:06:18	06:46:34	01:46:18
127	4580	2661	Marco Silva	-	40-44	Porto Runners	140	00:52:27	141	04:06:20	72	01:48:04	06:46:51	01:46:35
128	5351		Rubén Pardo Alvarez	-	25-29	Individual	110	00:46:30	131	03:59:09	119	02:02:58	06:48:38	01:48:21
129	3711	666	Sara Reis	-	35-39	A. M. C. R. Fonte Grada	74	00:42:12	134	04:00:33	125	02:06:06	06:48:52	01:48:36
130	3321	3110	Nuno Pinto	-	25-29	Assoc. Académica S. Mamede	88	00:43:15	136	04:01:27	124	02:05:44	06:50:28	01:50:11
131	3213	2155	Bruno Feio	-	30-34	TRI CAP - Penafirme	51	00:39:37	138	04:03:57	132	02:06:53	06:50:28	01:50:12
132	3000	665	Vitor Santos	-	35-39	A. M. C. R. Fonte Grada	132	00:50:44	77	03:33:04	152	02:27:10	06:50:58	01:50:42
133	5343		Pedro Ricardo Oliveira	-	25-29	Individual	155	01:08:50	120	03:52:38	84	01:51:31	06:53:01	01:52:45
134	4485	2233	Luis Fernandes	-	40-44	Individual	143	00:53:22	110	03:47:56	139	02:12:54	06:54:14	01:53:58
135	4508	2270	Vasco Borges	-	40-44	Ferrovário	94	00:43:32	119	03:51:43	149	02:18:59	06:54:15	01:53:59
136	4295	1352	Luis Barbosa	-	40-44	C. N. Colégio Vasco da Gama	151	00:56:34	135	04:01:00	102	01:56:48	06:54:23	01:54:07
137	4487	1318	Rodrigo Cordeiro	-	40-44	Individual	83	00:42:58	123	03:55:20	147	02:17:54	06:56:13	01:55:56
138	5281		Fernando Paulo Salvador	-	35-39	Individual	157	01:11:32	128	03:57:16	77	01:49:46	06:58:34	01:58:18
139	3126	2037	Bruno Dinis	-	35-39	Individual	116	00:47:28	139	04:04:49	128	02:06:27	06:58:45	01:58:29
140	4345	627	Paulo Batista	-	50-54	TRIATLO CLUBE TAP	142	00:52:49	142	04:09:09	121	02:04:43	07:06:42	02:06:26
141	4336	235	José Calheiros Dias	-	45-49	Veteranos do Porto	48	00:39:23	146	04:11:55	141	02:15:34	07:06:52	02:06:36
142	3596	3402	Paulo Bouça	-	30-34	Pedalarte Triatlo	156	01:09:00	117	03:50:59	134	02:08:05	07:08:05	02:07:49
143	4661	3218	Luis Pires	-	55-59	Porto Runners	145	00:54:32	150	04:19:44	92	01:53:53	07:08:10	02:07:54
144	5289		Frédéric FERRER	-	45-49	Individual	59	00:40:56	144	04:10:23	148	02:18:53	07:10:12	02:09:56
145	4005	1696	José Maçarrria	-	50-54	Ginásio Clube Figueirense	133	00:50:47	152	04:21:57	104	01:57:39	07:10:24	02:10:08
146	5296		Ignacio Delgado Rodriguez	-	35-39	Individual	152	00:58:36	126	03:56:06	142	02:15:50	07:10:33	02:10:17
147	3724	1824	Pedro Raposo	-	35-39	Ateneu Artístico Cartaxense	124	00:48:49	140	04:05:54	143	02:16:00	07:10:44	02:10:28

Data:	14-07-2013	Hora:	08h00	Local:	Caminha			
Natação	1.900 mt	Ciclismo:	90.000 mt	Corrida:	21.100 mt			

Ranking:	Camp. Nac. de Grupos de Idade	hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	5257		Armando González Luis	-	35-39	Individual	135	00:51:30	149	04:15:23	127	02:06:19	07:13:13	02:12:57
149	5269		Daniel Lesende Valiño	-	40-44	Club Nosportlimit-Trek Galicia	114	00:46:57	148	04:15:13	137	02:12:03	07:14:14	02:13:58
150	4506	1614	Filipe Varandas	-	40-44	Clube Triatlo de Perosinho	65	00:41:05	154	04:27:40	130	02:06:38	07:15:24	02:15:08
151	5329		Miguel López Arias	-	45-49	Individual	154	01:08:24	147	04:13:30	140	02:13:41	07:35:37	02:35:20
152	3378	3252	Nuno Carmo	-	30-34	Individual	107	00:46:24	121	03:54:25	159	02:59:39	07:40:28	02:40:12
153	3778	1288	Renato Cardoso	-	35-39	Porto Runners	119	00:47:49	151	04:20:55	155	02:31:44	07:40:29	02:40:13
154	4024	151	Carlos Albano Silva	-	40-44	SS CGD	136	00:51:48	156	04:36:48	154	02:28:54	07:57:31	02:57:14
155	3263	1174	Maria Joana Creissac	-	30-34	Assoc. Académica S. Mamede	78	00:42:33	155	04:33:21	157	02:41:35	07:57:31	02:57:14
156	4023	432	Francisco Bexiga	-	55-59	Clube de Praças da Armada	137	00:51:55	157	04:55:28	151	02:20:52	08:08:16	03:08:00
157	4549	1171	Silvia Pedroso	-	40-44	Assoc. Académica S. Mamede	138	00:52:02	159	05:04:49	150	02:20:10	08:17:02	03:16:46
158	5444		José António Oliveira	-	30-34	Individual	153	01:03:04	153	04:27:04	158	02:49:00	08:19:10	03:18:54
159	5266		Cristina Ramirez	-	40-44	Individual	118	00:47:43	158	05:00:18	156	02:36:20	08:24:22	03:24:06
	5284		Francisco Javier Puente	DQ	40-44		66	00:37:30	66	03:51:51	66	01:36:12	06:05:34	01:05:17
	5342		Pedro Resende	DQ	40-44	Individual	77	00:49:12	77		77		06:12:22	01:12:05
	3215	2167	Rui Silva	DNF	35-39	Açoreana Clube Banif		00:39:09						-
	3354	1682	Sara Teixeira	DNF	25-29	Clube Aventura da Madeira		00:37:36		03:52:06				-
	4107	1070	Sandra Teixeira	DNF	40-44	Ludens de Machico/Ourinvest Talento		01:10:39						-
	3642	1674	Jorge Carneiro	DNF	30-34	Teleperformance - "os Belenenses"		00:52:51						-
	4046	266	Mário Melo	DNF	60-64	Ferrovário		00:43:12						-
	4060	994	António Moura	DNF	50-54	Peniche A. C.		00:41:17						-
	4195	390	Sérgio Oliveira	DNF	45-49	TRIATLO CLUBE TAP		00:52:50		04:29:15				-
	4210	245	Óscar Pereira	DNF	50-54	Clube Aventura da Madeira		00:42:39						-
	4288	1101	João Manuel Correia	DNF	50-54	Individual		00:45:33		03:31:13				-
	4294	1056	José Panóias	DNF	55-59	Quintajense Futebol Clube		01:00:06						-
	4303	673	António Joaquim Reis	DNF	50-54	Individual		00:50:02						-
	5249		Álvaro Javier Garcia	DNF	45-49	Individual		00:43:31						-
	5263		Bruno Cortes	DNF	35-39	Individual		00:39:59						-
	5288		Francisco Sanchez Mendez	DNF	30-34	Individual		00:41:48						-
	5295		Henrique Baixinho	DNF	50-54	Individual		00:42:37		03:40:03				-
	5324		Mario Machado	DNF	50-54	Individual		00:40:45		04:40:28				-
	5332		Miguel Varela Fernandez	DNF	40-44	Individual		00:39:29						-
	5338		Paulo Ribeiro	DNF	50-54	Individual		00:42:08		03:34:16				-
	3615	3255	Pedro Sanguino	DNS	30-34	Individual								-
	4342	140	Luis Filipe Silva	DNS	55-59	TRIATLO CLUBE TAP								-
	5115		Abdón Cruces Caride	DNS	50-54	Club Nautico de Vigo								-
	5259		Augusto Oliveira	DNS	40-44	Individual								-
	5267		Cristóbal Dios Ríos	DNS	20-24	Individual								-
	5272		David Castro Graño	DNS	30-34	Individual								-
	5291		Gonçalo Cardoso	DNS	40-44	Individual								-
	5297		Isabel Caetano	DNS	30-34	Individual								-
	5302		Jesus Carlos Quintas	DNS	40-44	Club Nosportlimit-Trek Galicia								-
	5307		João Leite	DNS	25-29	Individual								-