

|         |            |           |          |          |          |
|---------|------------|-----------|----------|----------|----------|
| Data:   | 08-06-2014 | Hora:     | 09h30    | Local:   | Oeiras   |
| Natação | 300 mt     | Ciclismo: | 9.400 mt | Corrida: | 2.500 mt |

|          |               |                  |       |
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| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
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| Lu | Dors | Lic  | Nome                  | PEN | Escal | Nome de clube                      | Total    | Diff     |
|----|------|------|-----------------------|-----|-------|------------------------------------|----------|----------|
| 1  | 1503 | 1540 | David Luis            | -   | JUN   | C. D. "Os Águias" de Alpiarça      | 00:30:36 |          |
| 2  | 1004 | 912  | Miguel Cassiano       | -   | CAD   | C. D. "Os Águias" de Alpiarça      | 00:31:10 | 00:00:33 |
| 3  | 345  | 319  | Vasco Vilaça          | -   | JUV   | Teleperformance - "os Belenenses"  | 00:31:11 | 00:00:35 |
| 4  | 1038 | 3105 | José Felício          | -   | CAD   | Garmin Olímpico de Oeiras          | 00:31:13 | 00:00:37 |
| 5  | 1099 | 308  | Duarte Brás           | -   | CAD   | Garmin Olímpico de Oeiras          | 00:31:16 | 00:00:40 |
| 6  | 1001 | 987  | Rodrigo Ladeira       | -   | CAD   | Clube 4 Estilos                    | 00:31:34 | 00:00:57 |
| 7  | 1024 | 1132 | Diogo Nóbrega         | -   | CAD   | Ludens de Machico/El Bom Bom Sport | 00:31:37 | 00:01:01 |
| 8  | 1014 | 359  | Afonso Feijão         | -   | CAD   | Garmin Olímpico de Oeiras          | 00:31:46 | 00:01:10 |
| 9  | 1040 | 3167 | Miguel Fortunato      | -   | CAD   | Alhandra Sporting Club             | 00:32:07 | 00:01:30 |
| 10 | 1037 | 2353 | João Lopes            | -   | CAD   | C. D. "Os Águias" de Alpiarça      | 00:32:12 | 00:01:36 |
| 11 | 1002 | 986  | Simão Albuquerque     | -   | CAD   | Clube 4 Estilos                    | 00:32:52 | 00:02:16 |
| 12 | 810  | 914  | Bernardo Aguiar       | -   | JUV   | C. D. "Os Águias" de Alpiarça      | 00:33:09 | 00:02:33 |
| 13 | 407  | 2391 | João Vale             | -   | JUV   | Núcleo Sportinguista da Golegã     | 00:33:14 | 00:02:38 |
| 14 | 1165 | 3916 | Samuel Agostinho      | -   | CAD   | Clube Natação Rio Maior            | 00:33:26 | 00:02:50 |
| 15 | 1066 | 1546 | Tiago Pinto           | -   | CAD   | Alhandra Sporting Club             | 00:33:40 | 00:03:04 |
| 16 | 488  | 450  | Tiago Fonseca         | -   | JUV   | Clube de Triatlo de Almada         | 00:33:58 | 00:03:22 |
| 17 | 5485 |      | Leonardo Aniceto      | -   | CAD   | Individual                         | 00:34:05 | 00:03:29 |
| 18 | 3214 | 443  | Miguel Ganchinho      | -   | SEN   | Clube de Triatlo de Almada         | 00:34:19 | 00:03:42 |
| 19 | 1138 | 562  | Miguel Guedelha       | -   | CAD   | G. D. R. de Manique de Cima        | 00:34:22 | 00:03:46 |
| 20 | 1036 | 922  | Alexandra Santos      | -   | CAD   | C. D. "Os Águias" de Alpiarça      | 00:34:25 | 00:03:49 |
| 21 | 961  | 2533 | Diogo Gonçalves       | -   | JUV   | Alhandra Sporting Club             | 00:34:35 | 00:03:58 |
| 22 | 1063 | 160  | Inês Baptista Pereira | -   | CAD   | Alhandra Sporting Club             | 00:34:44 | 00:04:08 |
| 23 | 435  | 2458 | João Queiroz          | -   | JUV   | Alhandra Sporting Club             | 00:34:54 | 00:04:17 |
| 24 | 611  | 391  | André Bôto            | -   | JUV   | Alhandra Sporting Club             | 00:34:58 | 00:04:21 |
| 25 | 615  | 768  | Frederico Marques     | -   | JUV   | Garmin Olímpico de Oeiras          | 00:35:01 | 00:04:25 |
| 26 | 603  | 124  | Gabriela Ribeiro      | -   | JUV   | Alhandra Sporting Club             | 00:35:03 | 00:04:27 |
| 27 | 1152 | 546  | Rodrigo Pinho         | -   | CAD   | G. D. R. de Manique de Cima        | 00:35:20 | 00:04:43 |
| 28 | 1068 | 317  | Martim Figueira       | -   | CAD   | Teleperformance - "os Belenenses"  | 00:35:20 | 00:04:44 |
| 29 | 534  | 548  | Pedro Manuel Matos    | -   | JUV   | Clube de Triatlo de Almada         | 00:35:23 | 00:04:47 |
| 30 | 30   | 3556 | André Picado          | -   | JUV   | Alhandra Sporting Club             | 00:35:32 | 00:04:56 |
| 31 | 305  | 2292 | Rogério Silva         | -   | JUV   | ETri. Santo António Évora          | 00:35:38 | 00:05:01 |
| 32 | 5169 | 3558 | Pedro Carvalho        | -   | CAD   | Alhandra Sporting Club             | 00:35:38 | 00:05:02 |
| 33 | 163  | 746  | Alexandre Travessa    | -   | JUV   | Alhandra Sporting Club             | 00:35:53 | 00:05:16 |
| 34 | 436  | 2459 | João Tomás Guerra     | -   | JUV   | Alhandra Sporting Club             | 00:35:58 | 00:05:22 |
| 35 | 1012 |      | Pedro Movilha Silva   | -   | CAD   | Individual                         | 00:36:07 | 00:05:31 |
| 36 | 1170 | 407  | Ana Vicente Amorim    | -   | CAD   | Alhandra Sporting Club             | 00:36:23 | 00:05:46 |
| 37 | 1074 | 2770 | Madalena Almeida      | -   | CAD   | Teleperformance - "os Belenenses"  | 00:36:29 | 00:05:52 |
| 38 | 1061 | 185  | Ana Sofia Pereira     | -   | CAD   | Alhandra Sporting Club             | 00:36:58 | 00:06:22 |
| 39 | 389  | 2382 | Rita Fardilha         | -   | JUV   | OLI-Clube dos Galitos              | 00:37:05 | 00:06:29 |
| 40 | 1043 | 2750 | José Barreto          | -   | CAD   | Núcleo Sportinguista da Golegã     | 00:37:10 | 00:06:34 |
| 41 | 1510 | 46   | Mitos Figueira        | -   | JUN   | Teleperformance - "os Belenenses"  | 00:37:23 | 00:06:47 |
| 42 | 1154 | 3006 | Bruno Carrazedo       | -   | CAD   | G. D. R. de Manique de Cima        | 00:37:25 | 00:06:49 |
| 43 | 679  | 3311 | Nuno Paulo            | -   | JUV   | TRI BVColares                      | 00:37:31 | 00:06:54 |
| 44 | 1126 | 3595 | Vasco Leal            | -   | CAD   | Garmin Olímpico de Oeiras          | 00:37:37 | 00:07:01 |
| 45 | 628  | 460  | Gonçalo Pereira       | -   | JUV   | Clube de Triatlo de Almada         | 00:37:46 | 00:07:10 |
| 46 | 204  | 3005 | Marco Angelino        | -   | JUV   | G. D. R. de Manique de Cima        | 00:38:01 | 00:07:24 |
| 47 | 3094 | 1097 | Pedro Fernandes       | -   | SEN   | Câmara Lisboa Clube                | 00:38:06 | 00:07:30 |
| 48 | 5806 |      | Sérgio Gato           | -   | SEN   | Individual                         | 00:38:18 | 00:07:41 |
| 49 | 298  | 2289 | Diogo Garrido         | -   | JUV   | ETri. Santo António Évora          | 00:38:44 | 00:08:07 |

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| Natação | 300 mt     | Ciclismo: | 9.400 mt | Corrida: | 2.500 mt |

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| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
|----------|---------------|------------------|-------|

| Lu | Dors | Lic  | Nome                    | PEN | Escal | Nome de clube                     | Total    | Diff     |
|----|------|------|-------------------------|-----|-------|-----------------------------------|----------|----------|
| 50 | 5579 |      | Paulo André Correia     | -   | SEN   | Individual                        | 00:38:57 | 00:08:20 |
| 51 | 5468 |      | José Leão Águas         | -   | V1    | Individual                        | 00:39:01 | 00:08:25 |
| 52 | 5981 |      | Ana Machado             | -   | SEN   | Individual                        | 00:39:12 | 00:08:35 |
| 53 | 1137 | 3533 | Diogo Maia              | -   | CAD   | G. D. R. de Manique de Cima       | 00:39:22 | 00:08:45 |
| 54 | 5351 |      | Hélio Branco            | -   | SEN   | Individual                        | 00:39:23 | 00:08:47 |
| 55 | 5268 |      | Carlos Lopes            | -   | V1    | Individual                        | 00:39:24 | 00:08:47 |
| 56 | 763  | 568  | Raquel Dias             | -   | JUV   | G. D. R. de Manique de Cima       | 00:39:28 | 00:08:51 |
| 57 | 517  | 3992 | Francisco Henriques     | -   | JUV   | Sporting CP                       | 00:39:45 | 00:09:08 |
| 58 | 1072 | 446  | Mónica Vera Cruz        | -   | CAD   | Teleperformance - "os Belenenses" | 00:39:57 | 00:09:21 |
| 59 | 5265 |      | Carlos Alberto Custodio | -   | V1    | Individual                        | 00:40:00 | 00:09:23 |
| 60 | 166  | 1727 | Joana Sofia Teixeira    | -   | JUV   | Teleperformance - "os Belenenses" | 00:40:20 | 00:09:43 |
| 61 | 5992 |      | Wellington Satyro       | -   | V2    | Individual                        | 00:40:41 | 00:10:04 |
| 62 | 5440 |      | João Pedro Monjardino   | -   | SEN   | Individual                        | 00:40:44 | 00:10:08 |
| 63 | 5534 |      | Mário Sá                | -   | SEN   | Individual                        | 00:41:01 | 00:10:25 |
| 64 | 5567 |      | Nuno Tiago Machado      | -   | SEN   | Individual                        | 00:41:03 | 00:10:26 |
| 65 | 5802 |      | Rui Minhoto             | -   | SEN   | Individual                        | 00:41:04 | 00:10:27 |
| 66 | 353  | 2355 | António Queiroz e Melo  | -   | JUV   | Teleperformance - "os Belenenses" | 00:41:16 | 00:10:39 |
| 67 | 4448 | 3551 | Sérgio Batalha          | -   | V2    | Individual                        | 00:41:32 | 00:10:55 |
| 68 | 5982 |      | João Cardodo            | -   | V2    | Individual                        | 00:41:38 | 00:11:02 |
| 69 | 850  | 788  | Gonçalo Matos           | -   | JUV   | ETri. Santo António Évora         | 00:41:40 | 00:11:04 |
| 70 | 5385 |      | João Valhelhas          | -   | V1    | Individual                        | 00:41:46 | 00:11:10 |
| 71 | 5354 |      | Henrique Jorge          | -   | V2    | Individual                        | 00:41:47 | 00:11:11 |
| 72 | 5980 |      | Jorge Banha             | -   | SEN   | Individual                        | 00:41:59 | 00:11:23 |
| 73 | 5493 |      | Luís Deus               | -   | V2    | Individual                        | 00:42:14 | 00:11:38 |
| 74 | 5830 |      | Torcato Jorge           | -   | V4    | Individual                        | 00:42:26 | 00:11:50 |
| 75 | 723  | 3354 | Hugo Cecílio            | -   | JUV   | Teleperformance - "os Belenenses" | 00:42:27 | 00:11:51 |
| 76 | 5913 |      | João Carlos Narra       | -   | V2    | Individual                        | 00:42:31 | 00:11:55 |
| 77 | 5322 |      | Francisco Jorge         | -   | CAD   | Individual                        | 00:42:42 | 00:12:06 |
| 78 | 3803 | 3638 | Jorge Fonseca           | -   | SEN   | G. D. R. de Manique de Cima       | 00:42:53 | 00:12:17 |
| 79 | 5994 |      | Jorge Barroso           | -   | SEN   | Individual                        | 00:42:55 | 00:12:19 |
| 80 | 1594 | 3886 | Mafalda Nogueira        | -   | JUN   | Alhandra Sporting Club            | 00:43:00 | 00:12:24 |
| 81 | 5599 |      | Pedro Gonçalves         | -   | SEN   | Individual                        | 00:43:17 | 00:12:41 |
| 82 | 5450 |      | Joaquim Potes           | -   | SEN   | Individual                        | 00:43:20 | 00:12:44 |
| 83 | 5220 |      | André Alberto Pinto     | -   | SEN   | Individual                        | 00:43:26 | 00:12:50 |
| 84 | 5482 |      | Jose Varela             | -   | V1    | Individual                        | 00:43:27 | 00:12:51 |
| 85 | 5566 |      | Nuno Perloiro           | -   | V1    | Individual                        | 00:43:29 | 00:12:53 |
| 86 | 5283 |      | Daniel Lopes da Silva   | -   | SEN   | Individual                        | 00:43:37 | 00:13:01 |
| 87 | 5604 |      | Pedro Ribeiro           | -   | SEN   | Individual                        | 00:43:47 | 00:13:11 |
| 88 | 5274 |      | Carlos M.Fernandes      | -   | V3    | Individual                        | 00:43:51 | 00:13:15 |
| 89 | 5576 |      | Patricia Rivotti        | -   | SEN   | Individual                        | 00:44:04 | 00:13:27 |
| 90 | 5467 |      | Jose Gordilho           | -   | V3    | Individual                        | 00:44:17 | 00:13:40 |
| 91 | 5416 |      | João Martinho           | -   | SEN   | Individual                        | 00:44:21 | 00:13:45 |
| 92 | 5985 |      | Pedro Silva             | -   | V1    | Individual                        | 00:44:39 | 00:14:03 |
| 93 | 5403 |      | João França             | -   | S23   | Individual                        | 00:44:49 | 00:14:13 |
| 94 | 6000 |      | Nuno Gonçalves          | -   | SEN   | Individual                        | 00:44:50 | 00:14:14 |
| 95 | 5172 | 4052 | Nuno Tiago Domingos     | -   | SEN   | CNA                               | 00:44:57 | 00:14:21 |
| 96 | 5213 |      | Ana Filipa Mendes       | -   | SEN   | Individual                        | 00:45:02 | 00:14:26 |
| 97 | 5197 |      | Alexandre Leal          | -   | SEN   | Individual                        | 00:45:06 | 00:14:30 |
| 98 | 659  | 3226 | Beatriz Saramagaio      | -   | JUV   | C. D. "Os Águias" de Alpiarça     | 00:45:13 | 00:14:37 |

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|---------|------------|-----------|----------|----------|----------|--|--|--|
| Data:   | 08-06-2014 | Hora:     | 09h30    | Local:   | Oeiras   |  |  |  |
| Natação | 300 mt     | Ciclismo: | 9.400 mt | Corrida: | 2.500 mt |  |  |  |

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| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
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| Lu  | Dors | Lic  | Nome                      | PEN | Escal | Nome de clube             | Total    | Diff     |
|-----|------|------|---------------------------|-----|-------|---------------------------|----------|----------|
| 99  | 5330 |      | Gonçalo Dias              | -   | SEN   | Individual                | 00:45:26 | 00:14:49 |
| 100 | 5285 |      | Daniel Patrício           | -   | SEN   | Individual                | 00:45:29 | 00:14:53 |
| 101 | 5383 |      | Joana Valente Fortuna     | -   | SEN   | Individual                | 00:45:31 | 00:14:55 |
| 102 | 5266 |      | Carlos Gonçalves          | -   | V1    | Individual                | 00:45:32 | 00:14:55 |
| 103 | 5618 |      | Rui Botão                 | -   | V2    | Individual                | 00:45:37 | 00:15:00 |
| 104 | 5983 |      | Rita Catarino             | -   | SEN   | Individual                | 00:45:39 | 00:15:03 |
| 105 | 5277 |      | Carlos Preciso            | -   | V1    | Individual                | 00:45:40 | 00:15:03 |
| 106 | 4155 |      | Ana Mata                  | -   | V1    | Individual                | 00:45:54 | 00:15:18 |
| 107 | 5297 |      | Ernesto Xavier            | -   | SEN   | Individual                | 00:45:55 | 00:15:18 |
| 108 | 5996 |      | Jorge Esteves             | -   | CAD   | Individual                | 00:46:01 | 00:15:25 |
| 109 | 5202 |      | Alexandre Neves           | -   | S23   | Individual                | 00:46:04 | 00:15:28 |
| 110 | 5507 |      | Luis Miguel Marques Perez | -   | SEN   | Individual                | 00:46:06 | 00:15:29 |
| 111 | 4219 | 1095 | Susana Santos             | -   | V1    | Olivais e Moscavide       | 00:46:12 | 00:15:36 |
| 112 | 5603 |      | Pedro Mota                | -   | SEN   | Individual                | 00:46:21 | 00:15:44 |
| 113 | 5592 |      | Paulo Cavaleiro           | -   | V3    | Individual                | 00:46:27 | 00:15:51 |
| 114 | 735  | 173  | André Filipe Gomes        | -   | JUV   | Alhandra Sporting Club    | 00:46:38 | 00:16:01 |
| 115 | 4150 | 1924 | Susana Pontes             | -   | V1    | Garmin Olimpico de Oeiras | 00:46:43 | 00:16:06 |
| 116 | 3403 | 4029 | Joao Castro Teixeira      | -   | V3    | CNA                       | 00:46:46 | 00:16:09 |
| 117 | 5496 |      | Luis Mealha               | -   | V1    | Individual                | 00:46:52 | 00:16:16 |
| 118 | 5439 |      | João Paulo Lopes          | -   | V3    | Individual                | 00:46:53 | 00:16:16 |
| 119 | 5296 |      | Eduardo Lacerda           | -   | CAD   | Individual                | 00:47:13 | 00:16:37 |
| 120 | 5518 |      | Luis Poitevin             | -   | V1    | Individual                | 00:47:18 | 00:16:42 |
| 121 | 5292 |      | Diogo Gamito              | -   | V2    | Individual                | 00:47:26 | 00:16:50 |
| 122 | 5379 |      | Joana Jorge               | -   | CAD   | Individual                | 00:47:30 | 00:16:53 |
| 123 | 5615 |      | Rogério Machado           | -   | SEN   | Individual                | 00:47:33 | 00:16:57 |
| 124 | 5538 |      | Marta Pais Quina          | -   | V1    | Individual                | 00:47:37 | 00:17:01 |
| 125 | 4699 | 3618 | João Bonito               | -   | V1    | Alhandra Sporting Club    | 00:47:38 | 00:17:02 |
| 126 | 5360 |      | Hugo Daniel Pereira Alves | -   | SEN   | Individual                | 00:47:45 | 00:17:09 |
| 127 | 5530 |      | Mario Jesus               | -   | V1    | Individual                | 00:47:48 | 00:17:12 |
| 128 | 5970 |      | Rui Manuel Martins        | -   | V2    | Individual                | 00:47:54 | 00:17:18 |
| 129 | 4091 | 197  | Vicente Graça             | -   | V4    | Alhandra Sporting Club    | 00:48:03 | 00:17:27 |
| 130 | 5376 |      | Inácio Serralheiro        | -   | V4    | Individual                | 00:48:06 | 00:17:30 |
| 131 | 5823 |      | Tiago Cunha               | -   | SEN   | Individual                | 00:48:06 | 00:17:30 |
| 132 | 5276 |      | Carlos Matias             | -   | SEN   | Individual                | 00:48:16 | 00:17:40 |
| 133 | 5523 |      | Margarida Sobreira        | -   | SEN   | Individual                | 00:48:20 | 00:17:44 |
| 134 | 5612 |      | Rodrigo Azevedo           | -   | SEN   | Individual                | 00:48:24 | 00:17:48 |
| 135 | 5525 |      | Mariana Lobato            | -   | SEN   | Individual                | 00:48:44 | 00:18:08 |
| 136 | 5316 |      | Filipe Rodrigues          | -   | SEN   | Individual                | 00:48:50 | 00:18:14 |
| 137 | 5237 |      | Artur Graça               | -   | V2    | Individual                | 00:48:55 | 00:18:18 |
| 138 | 5606 |      | Ricardo Botão             | -   | V1    | Individual                | 00:49:01 | 00:18:25 |
| 139 | 5816 |      | Simon Shinn               | -   | SEN   | Individual                | 00:49:15 | 00:18:39 |
| 140 | 5469 |      | Jose Lima                 | -   | V2    | Individual                | 00:49:24 | 00:18:47 |
| 141 | 5562 |      | Nuno Miguel Silva         | -   | SEN   | Individual                | 00:49:32 | 00:18:55 |
| 142 | 5548 |      | Nuno Carneiro             | -   | SEN   | Individual                | 00:49:50 | 00:19:14 |
| 143 | 5358 |      | Hugo Alexandre Antunes    | -   | SEN   | Individual                | 00:49:51 | 00:19:15 |
| 144 | 5240 |      | Bernardo Santos           | -   | SEN   | Individual                | 00:49:52 | 00:19:15 |
| 145 | 5984 |      | Molloy Fionn              | -   | V2    | Individual                | 00:49:54 | 00:19:17 |
| 146 | 5605 |      | Pedro Vicente             | -   | V1    | Individual                | 00:50:04 | 00:19:27 |
| 147 | 5633 |      | Rui Magalhães             | -   | V2    | Individual                | 00:50:08 | 00:19:31 |

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| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
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| Lu  | Dors | Lic  | Nome                      | PEN | Escal | Nome de clube                    | Total    | Diff     |
|-----|------|------|---------------------------|-----|-------|----------------------------------|----------|----------|
| 148 | 5520 |      | Luis Reis                 | -   | V4    | Individual                       | 00:50:13 | 00:19:37 |
| 149 | 5263 |      | Bruno Santos              | -   | SEN   | Individual                       | 00:50:22 | 00:19:45 |
| 150 | 1130 | 3599 | Rita Vaz                  | -   | CAD   | Clube Millennium BCP             | 00:50:30 | 00:19:53 |
| 151 | 5999 |      | Fábio Ferreira            | -   | SEN   | Individual                       | 00:50:31 | 00:19:55 |
| 152 | 5610 |      | Ricardo Jorge Viegas      | -   | SEN   | Individual                       | 00:50:35 | 00:19:58 |
| 153 | 5511 |      | Luis Morgado Ferreira     | -   | CAD   | Individual                       | 00:50:37 | 00:20:00 |
| 154 | 5540 |      | Miguel Azevedo            | -   | V1    | Individual                       | 00:50:40 | 00:20:03 |
| 155 | 5400 |      | Joao Fonseca              | -   | SEN   | Individual                       | 00:51:21 | 00:20:45 |
| 156 | 5373 |      | Hugo Ginja Gonçalves      | -   | SEN   | Individual                       | 00:51:24 | 00:20:47 |
| 157 | 4524 | 4108 | Pedro Almeida             | -   | V1    | Clube Oriental de Lisboa         | 00:51:26 | 00:20:50 |
| 158 | 3623 | 3325 | Susana Vale               | -   | SEN   | Lusitano                         | 00:51:40 | 00:21:04 |
| 159 | 5824 |      | Tiago Ramos               | -   | SEN   | Individual                       | 00:51:40 | 00:21:04 |
| 160 | 5279 |      | Catarina Isabel Bastos    | -   | SEN   | Individual                       | 00:51:50 | 00:21:13 |
| 161 | 4376 | 3496 | Clara Santos Nunes        | -   | V1    | A. H. Bombeiros Estoris / 3 IRON | 00:52:23 | 00:21:46 |
| 162 | 5986 |      | Pedro Gomes               | -   | V1    | Individual                       | 00:52:26 | 00:21:50 |
| 163 | 5620 |      | Rui Damas                 | -   | SEN   | Individual                       | 00:52:37 | 00:22:00 |
| 164 | 5324 |      | Frédéric Mota             | -   | SEN   | Individual                       | 00:53:34 | 00:22:57 |
| 165 | 5293 |      | Dora Carolo               | -   | S23   | Individual                       | 00:54:00 | 00:23:23 |
| 166 | 5831 |      | Vania Dias                | -   | V3    | Individual                       | 00:54:03 | 00:23:27 |
| 167 | 5267 |      | Carlos Iglésias           | -   | V1    | Individual                       | 00:54:09 | 00:23:33 |
| 168 | 5349 |      | Hélder Baptista           | -   | V2    | Individual                       | 00:54:35 | 00:23:59 |
| 169 | 5230 |      | Andreia Valério           | -   | SEN   | Individual                       | 00:54:53 | 00:24:16 |
| 170 | 3788 | 3547 | Pedro Mimoso              | -   | SEN   | A. H. Bombeiros Estoris / 3 IRON | 00:54:53 | 00:24:16 |
| 171 | 5289 |      | Diogo Alfarelos           | -   | SEN   | Individual                       | 00:54:55 | 00:24:18 |
| 172 | 5462 |      | Jorge Fernando Nunes      | -   | V5    | Individual                       | 00:55:06 | 00:24:30 |
| 173 | 2041 | 571  | Ana Catarina Almeida      | -   | S23   | G. D. R. de Manique de Cima      | 00:55:16 | 00:24:40 |
| 174 | 5332 |      | Gonçalo Simões            | -   | CAD   | Individual                       | 00:55:18 | 00:24:41 |
| 175 | 5577 |      | Patricia Sousa            | -   | V1    | Individual                       | 00:55:18 | 00:24:42 |
| 176 | 5539 |      | Marta Rodrigues           | -   | SEN   | Individual                       | 00:55:45 | 00:25:08 |
| 177 | 4051 | 3913 | Luis Quental              | -   | V2    | SS CGD                           | 00:55:55 | 00:25:18 |
| 178 | 6007 |      | Carlos Lopes              | -   | SEN   | Individual                       | 00:55:57 | 00:25:20 |
| 179 | 5828 |      | Tomás da Cruz Meias       | -   | JUV   | Individual                       | 00:56:35 | 00:25:58 |
| 180 | 5479 |      | José Serra                | -   | CAD   | Individual                       | 00:56:37 | 00:26:00 |
| 181 | 5219 |      | Ana Teresa Moutinho       | -   | V1    | Individual                       | 00:56:38 | 00:26:02 |
| 182 | 5463 |      | Jorge Pereira             | -   | V5    | Individual                       | 00:56:39 | 00:26:02 |
| 183 | 5390 |      | João Branco               | -   | SEN   | Individual                       | 00:57:05 | 00:26:28 |
| 184 | 5312 |      | Filipe Pinheiro           | -   | JUV   | Individual                       | 00:57:34 | 00:26:57 |
| 185 | 5303 |      | Fernando Pinheiro         | -   | V2    | Individual                       | 00:57:47 | 00:27:11 |
| 186 | 5249 |      | Bruno Jorge Martinho      | -   | SEN   | Individual                       | 00:57:54 | 00:27:18 |
| 187 | 5480 |      | José Teixeira             | -   | V1    | Individual                       | 00:58:05 | 00:27:28 |
| 188 | 5803 |      | Serafim Serrano           | -   | V4    | Individual                       | 00:58:59 | 00:28:22 |
| 189 | 5541 |      | Miguel Baptista           | -   | CAD   | Individual                       | 00:59:06 | 00:28:30 |
| 190 | 5585 |      | Paulo Bailão              | -   | V1    | Individual                       | 00:59:09 | 00:28:33 |
| 191 | 5405 |      | João Manuel Alves Martins | -   | V2    | Individual                       | 00:59:12 | 00:28:36 |
| 192 | 5616 |      | Rui Banha                 | -   | V2    | Individual                       | 00:59:18 | 00:28:42 |
| 193 | 5209 |      | Alexandre Rodrigues       | -   | SEN   | Individual                       | 00:59:18 | 00:28:42 |
| 194 | 5472 |      | José Manoel Pereira       | -   | V3    | Individual                       | 00:59:33 | 00:28:57 |
| 195 | 5528 |      | Mariana Patrocínio        | -   | SEN   | Individual                       | 01:00:02 | 00:29:26 |
| 196 | 5343 |      | Carolina Uva              | -   | SEN   | Individual                       | 01:00:02 | 00:29:26 |

|         |            |           |          |          |          |  |  |  |
|---------|------------|-----------|----------|----------|----------|--|--|--|
| Data:   | 08-06-2014 | Hora:     | 09h30    | Local:   | Oeiras   |  |  |  |
| Natação | 300 mt     | Ciclismo: | 9.400 mt | Corrida: | 2.500 mt |  |  |  |

|          |               |                  |       |
|----------|---------------|------------------|-------|
| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
|----------|---------------|------------------|-------|

| Lu  | Dors | Lic  | Nome                     | PEN | Escal | Nome de clube                     | Total    | Diff     |
|-----|------|------|--------------------------|-----|-------|-----------------------------------|----------|----------|
| 197 | 4511 | 4105 | Élia Granja              | -   | V1    | Individual                        | 01:00:07 | 00:29:30 |
| 198 | 5377 |      | Joana Aguiar             | -   | JUN   | Individual                        | 01:01:12 | 00:30:36 |
| 199 | 5488 |      | Luis Caseiro             | -   | V1    | Individual                        | 01:01:13 | 00:30:36 |
| 200 | 5993 |      | Fernando Oliveira        | -   | V2    | Individual                        | 01:06:21 | 00:35:44 |
| 201 | 5245 |      | Bruno Figueira           | -   | SEN   | Individual                        | 01:09:26 | 00:38:49 |
| 202 | 5570 |      | Patricia Balão           | -   | SEN   | Individual                        | 01:09:26 | 00:38:50 |
| 203 | 5306 |      | Fernando Serra           | -   | V3    | Individual                        | 01:10:42 | 00:40:06 |
|     | 55   | 3590 | Diogo Ferreira           | DNS | JUV   | Clube de Triatlo de Almada        |          | -        |
|     | 164  | 1725 | Maria Teresa Raposo      | DNS | JUV   | Teleperformance - "os Belenenses" |          | -        |
|     | 167  | 1734 | Luis Martins             | DNS | JUV   | Teleperformance - "os Belenenses" |          | -        |
|     | 439  | 179  | Daniela Sampaio          | DNS | JUV   | Alhandra Sporting Club            |          | -        |
|     | 649  | 919  | Duarte Cardigo           | DNS | JUV   | C. D. "Os Águias" de Alpiarça     |          | -        |
|     | 962  | 2534 | João Miguel Carvalho     | DNS | JUV   | Alhandra Sporting Club            |          | -        |
|     | 1005 | 507  | João Gabriel             | DNS | CAD   | Sport Lisboa e Benfica            |          | -        |
|     | 1008 | 311  | Hugo Pereira             | DNS | CAD   | Teleperformance - "os Belenenses" |          | -        |
|     | 1069 | 320  | Vera Vilaça              | DNS | CAD   | Teleperformance - "os Belenenses" |          | -        |
|     | 1070 | 3266 | Francisco Delgado        | DNS | CAD   | Teleperformance - "os Belenenses" |          | -        |
|     | 1116 | 639  | Miguel Tiago Silva       | DNS | CAD   | Garmin Olímpico de Oeiras         |          | -        |
|     | 1131 | 2262 | Alexandre França         | DNS | CAD   | G. D. R. de Manique de Cima       |          | -        |
|     | 1627 | 508  | Andreia Ferrum           | DNS | JUN   | C. D. "Os Águias" de Alpiarça     |          | -        |
|     | 3215 | 2167 | Rui Silva                | DNS | SEN   | Açoreana Clube Banif              |          | -        |
|     | 3268 | 3802 | Paulo Marques            | DNS | SEN   | Atlético CP Triatlo               |          | -        |
|     | 3432 | 2633 | Hugo Sousa               | DNS | SEN   | Açoreana Clube Banif              |          | -        |
|     | 4241 | 1464 | André Cunha              | DNS | V2    | Açoreana Clube Banif              |          | -        |
|     | 4473 | 4086 | Luis Sousa               | DNS | V2    | Individual                        |          | -        |
|     | 4652 | 3181 | Fausto Isaac             | DNS | V2    | Açoreana Clube Banif              |          | -        |
|     | 5107 |      | Afonso Matos             | DNS | CAD   | Individual                        |          | -        |
|     | 5142 |      | Afonso Nunes             | DNS | JUN   | Individual                        |          | -        |
|     | 5167 |      | Alexandre Costa          | DNS | SEN   | Individual                        |          | -        |
|     | 5217 |      | Ana Guimarães            | DNS | SEN   | Individual                        |          | -        |
|     | 5222 |      | André Marques            | DNS | SEN   | Individual                        |          | -        |
|     | 5236 |      | Antonio Cordeiro         | DNS | V5    | Individual                        |          | -        |
|     | 5244 |      | Bernardo Savill          | DNS | SEN   | Individual                        |          | -        |
|     | 5257 |      | Bruno Santos             | DNS | SEN   | Individual                        |          | -        |
|     | 5273 |      | Carlos Luis              | DNS | V2    | Individual                        |          | -        |
|     | 5281 |      | Claudio Cabral           | DNS | V1    | Individual                        |          | -        |
|     | 5286 |      | David Alfeirão Rodrigues | DNS | SEN   | Individual                        |          | -        |
|     | 5295 |      | Eduardo Ferreira         | DNS | SEN   | Individual                        |          | -        |
|     | 5299 |      | Fernando Miguel Afonso   | DNS | SEN   | Individual                        |          | -        |
|     | 5301 |      | Fernando Oliveira        | DNS | V2    | Individual                        |          | -        |
|     | 5307 |      | Filipe Assis             | DNS | SEN   | Individual                        |          | -        |
|     | 5310 |      | Filipe Farelo            | DNS | V1    | Individual                        |          | -        |
|     | 5317 |      | Filipe Sobral            | DNS | SEN   | Individual                        |          | -        |
|     | 5318 |      | Francisco Ferreira       | DNS | SEN   | Individual                        |          | -        |
|     | 5350 |      | Helder Moreira           | DNS | V1    | Individual                        |          | -        |
|     | 5392 |      | João Campos              | DNS | V1    | Individual                        |          | -        |
|     | 5394 |      | João César Gomes         | DNS | V1    | Individual                        |          | -        |
|     | 5410 |      | João Marques             | DNS | SEN   | Individual                        |          | -        |
|     | 5429 |      | João Nuno Martins        | DNS | SEN   | Individual                        |          | -        |

|         |            |           |          |          |          |  |  |  |
|---------|------------|-----------|----------|----------|----------|--|--|--|
| Data:   | 08-06-2014 | Hora:     | 09h30    | Local:   | Oeiras   |  |  |  |
| Natação | 300 mt     | Ciclismo: | 9.400 mt | Corrida: | 2.500 mt |  |  |  |

|          |               |                  |       |
|----------|---------------|------------------|-------|
| Ranking: | Ranking Geral | Hora de Partida: | 09h37 |
|----------|---------------|------------------|-------|

| Lu | Dors | Lic | Nome                     | PEN | Escal | Nome de clube | Total | Diff |
|----|------|-----|--------------------------|-----|-------|---------------|-------|------|
|    | 5441 |     | João Pedro Pinheiro      | DNS | SEN   | Individual    |       | -    |
|    | 5443 |     | Joao Rodrigues           | DNS | V1    | Individual    |       | -    |
|    | 5444 |     | João Rodrigues           | DNS | SEN   | Individual    |       | -    |
|    | 5446 |     | João Vivas               | DNS | S23   | Individual    |       | -    |
|    | 5492 |     | Luis Coito               | DNS | V1    | Individual    |       | -    |
|    | 5508 |     | Luis Moiteiro            | DNS | SEN   | Individual    |       | -    |
|    | 5517 |     | Luis Pedro Vieira        | DNS | V1    | Individual    |       | -    |
|    | 5521 |     | Madalena Afonso          | DNS | JUN   | Individual    |       | -    |
|    | 5532 |     | Mário Ribeiro            | DNS | V2    | Individual    |       | -    |
|    | 5542 |     | Mónica Roxo-Rosa         | DNS | SEN   | Individual    |       | -    |
|    | 5544 |     | Norberto Ferreira        | DNS | V3    | Individual    |       | -    |
|    | 5546 |     | Nuno Almeida             | DNS | V1    | Individual    |       | -    |
|    | 5550 |     | Nuno Filipe Neves Viegas | DNS | SEN   | Individual    |       | -    |
|    | 5553 |     | Nuno Malcata             | DNS | SEN   | Individual    |       | -    |
|    | 5573 |     | Patricia Graça           | DNS | V1    | Individual    |       | -    |
|    | 5591 |     | Paulo Cardoso            | DNS | V1    | Individual    |       | -    |
|    | 5593 |     | Paulo Jorge Louro        | DNS | V3    | Individual    |       | -    |
|    | 5600 |     | Pedro Maia               | DNS | SEN   | Individual    |       | -    |
|    | 5611 |     | Rodrigo Azevedo          | DNS | SEN   | Individual    |       | -    |
|    | 5623 |     | Rui Duarte Rodrigues     | DNS | V1    | Individual    |       | -    |
|    | 5624 |     | Rui Geraldes Leal        | DNS | CAD   | Individual    |       | -    |
|    | 5629 |     | Rui Lourinhã             | DNS | SEN   | Individual    |       | -    |
|    | 5800 |     | Rui Martins Leal         | DNS | V1    | Individual    |       | -    |
|    | 5807 |     | Sérgio Gomes             | DNS | SEN   | Individual    |       | -    |
|    | 5808 |     | Sérgio Pardal            | DNS | SEN   | Individual    |       | -    |
|    | 5818 |     | Solange Fernandes        | DNS | S23   | Individual    |       | -    |
|    | 5822 |     | Tiago Campos             | DNS | SEN   | Individual    |       | -    |