

Data:	06-07-2014	Hora:	08h40	Local:	Caminha				
Natação	1.900 mt	Transição:	0 mt	Ciclismo:	90.000 mt	Transição:	0 mt	Corrida:	21.100 mt
Ranking:	Cam. Nac. Grupos de Idade		Hora de Partida:	08h43					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
1	3296	1102	Jorge Duarte	-	30-34	Garmin Olímpico de Oeiras	16	00:25:32	60	00:02:12	2	02:50:22	23	00:00:52	1	01:23:21	04:42:21	
2	2000	1411	Bruno Pereira	-	20-24	Sport Lisboa e Benfica	5	00:23:16	1	00:00:52	4	02:51:49	78	00:01:26	3	01:25:09	04:42:34	00:00:13
3	3260	838	Rafael Gomes	-	30-34	AMA/Grupo Valco/Bfour	8	00:23:38	29	00:01:34	5	02:52:08	5	00:00:39	4	01:25:43	04:43:44	00:01:23
4	3140	226	Tiago Maia	-	20-24	Sport Lisboa e Benfica	1	00:20:41	4	00:01:01	3	02:50:58	1	00:00:35	18	01:34:14	04:47:31	00:05:10
5	3400	284	Marco Costa	-	30-34	Garmin Olímpico de Oeiras	46	00:27:58	13	00:01:14	12	02:56:31	4	00:00:38	2	01:23:55	04:50:18	00:07:57
6	3583	1379	Paulo Adão Coelho	-	35-39	Clube Triatlo de Perosinho	6	00:23:25	5	00:01:02	14	02:57:15	36	00:00:59	6	01:28:03	04:50:46	00:08:25
7	6188		Jose Luis Dorado Veitez	-	35-39	Individual	30	00:26:55	19	00:01:22	1	02:48:09	2	00:00:35	22	01:35:17	04:52:20	00:09:59
8	5800		Diego Pérez Veieites	-	25-29	Individual	14	00:25:13	32	00:01:35	10	02:56:15	81	00:01:30	8	01:29:21	04:53:55	00:11:34
9	2020	1654	Bruno Freitas	-	20-24	Ludens de Machico/El Bom Bom Sport	4	00:23:10	3	00:00:54	7	02:53:37	54	00:01:10	23	01:35:40	04:54:33	00:12:12
10	3259	1505	Nuno Piteira	-	25-29	Kainagua	2	00:21:58	10	00:01:11	17	02:59:35	31	00:00:57	12	01:31:49	04:55:31	00:13:10
11	5107		Alejandro Gonzalez Buceta	-	35-39	Individual	60	00:29:07	34	00:01:37	8	02:54:57	17	00:00:45	21	01:34:37	05:01:05	00:18:44
12	5868		Gonzalo González Piñero	-	40-44	Individual	40	00:27:39	6	00:01:05	19	03:01:02	8	00:00:43	11	01:31:08	05:01:40	00:19:19
13	3795	3336	Luis Merca	-	25-29	Alhandra Sporting Club	9	00:23:45	17	00:01:18	20	03:01:11	7	00:00:43	24	01:36:00	05:02:59	00:20:38
14	2110	2905	Francisco Maria Carvalho	-	20-24	Teleperformance - "os Belenenses"	33	00:27:04	66	00:02:20	6	02:52:54	6	00:00:40	37	01:40:06	05:03:06	00:20:45
15	3105	2893	João Fragoso	-	30-34	Quintajense Futebol Clube	56	00:28:30	18	00:01:18	28	03:03:25	80	00:01:28	7	01:28:40	05:03:24	00:21:03
16	2088	3297	Fábio João Azinheirinha	-	20-24	Garmin Olímpico de Oeiras	3	00:22:38	15	00:01:15	32	03:05:31	10	00:00:44	17	01:34:13	05:04:23	00:22:02
17	4141	424	Rui Pedro Costa	-	40-44	Ateneu Artístico Cartaxense	66	00:29:14	9	00:01:11	27	03:03:22	22	00:00:50	10	01:30:32	05:05:12	00:22:51
18	3837	1604	Nelson Mestre	-	30-34	Leões do Sul	7	00:23:29	7	00:01:08	16	02:58:44	35	00:00:59	42	01:41:07	05:05:28	00:23:07
19	5934		Jose Luis Nespereira	-	45-49	Individual	68	00:29:26	31	00:01:35	9	02:55:21	45	00:01:04	31	01:38:31	05:05:59	00:23:38
20	4321	3410	Luis Duarte	-	40-44	TRI-OESTE	17	00:25:39	28	00:01:34	22	03:01:24	86	00:01:34	26	01:37:04	05:07:17	00:24:56
21	5624		David Antonio Romero	-	40-44	Individual	97	00:32:20	71	00:02:24	23	03:02:01	28	00:00:54	9	01:30:23	05:08:03	00:25:42
22	5908		Javier Garcia Lago	-	45-49	Individual	15	00:25:22	50	00:01:58	25	03:02:12	40	00:01:01	29	01:37:54	05:08:29	00:26:08
23	6105		Moises Leboso Morais	-	35-39	Individual	42	00:27:45	65	00:02:19	11	02:56:16	84	00:01:32	40	01:40:55	05:08:50	00:26:29
24	6131		Romulo Soto Vaquez	-	35-39	Individual	52	00:28:16	59	00:02:12	13	02:56:51	11	00:00:44	48	01:43:17	05:11:21	00:29:00
25	5972		Lino Portela Cordeiro	-	45-49	Individual	72	00:29:41	82	00:02:43	33	03:05:51	90	00:01:37	15	01:32:40	05:12:34	00:30:13
26	3738	743	Nuno Ventura	-	30-34	TRIATLO CLUBE TAP	22	00:26:10	11	00:01:12	42	03:11:01	32	00:00:58	16	01:33:19	05:12:41	00:30:20
27	3840	1608	Tiago Pinho	-	25-29	CFV	100	00:32:39	25	00:01:31	34	03:06:22	3	00:00:37	20	01:34:23	05:15:33	00:33:12
28	3057	650	Henrique Matias	-	35-39	OEIRAS SPORT CLUBE	31	00:26:58	21	00:01:28	40	03:09:44	19	00:00:47	25	01:36:49	05:15:48	00:33:27
29	5914		Joao Teixeira	-	35-39	Individual	108	00:33:44	72	00:02:25	15	02:58:24	93	00:01:39	36	01:39:56	05:16:11	00:33:50

Data:	06-07-2014	Hora:	08h40	Local:	Caminha						
Natação	1.900 mt	Transição:	0 mt	Ciclismo:	90.000 mt	Transição:	0 mt	Corrida:	21.100 mt		
Ranking:	Cam. Nac. Grupos de Idade		Hora de Partida:	08h43							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
30	3431	726	Henrique Venâncio	-	35-39	Peniche A. C.	35	00:27:26	47	00:01:56	24	03:02:01	64	00:01:16	50	01:43:35	05:16:15	00:33:54
31	3128	616	José Ferreira	-	35-39	McDonalds/TriBraga	25	00:26:33	16	00:01:17	31	03:05:00	51	00:01:06	46	01:43:15	05:17:12	00:34:51
32	4429	2774	Pedro Silva Santos	-	40-44	OEIRAS SPORT CLUBE	18	00:25:46	75	00:02:33	18	03:00:23	30	00:00:56	69	01:48:04	05:17:43	00:35:22
33	3468	2722	António Moita	-	35-39	Clube Triatlo de Perosinho	80	00:30:58	95	00:03:04	43	03:11:21	12	00:00:44	14	01:32:06	05:18:14	00:35:53
34	3061	2880	Pedro Monteiro	-	30-34	C. N. Colégio Vasco da Gama	82	00:31:03	55	00:02:07	29	03:03:33	74	00:01:23	38	01:40:42	05:18:51	00:36:30
35	3031	980	Paulo Marques	-	35-39	Clube de Praças da Armada	112	00:34:20	88	00:02:52	48	03:13:00	68	00:01:19	5	01:27:39	05:19:13	00:36:52
36	3356	2469	João Pedro Fulgêncio	-	35-39	TRI-OESTE	71	00:29:33	24	00:01:31	38	03:09:35	48	00:01:05	28	01:37:39	05:19:25	00:37:04
37	3692	3486	Ricardo Miranda	-	25-29	Pedalarte Triatlo	58	00:28:52	46	00:01:55	30	03:03:38	29	00:00:56	53	01:44:14	05:19:37	00:37:16
38	4047	1715	José Morgado	-	45-49	OEIRAS SPORT CLUBE	85	00:31:13	26	00:01:31	36	03:07:50	33	00:00:58	34	01:38:54	05:20:29	00:38:08
39	4003	3577	João Miguel Nunes	-	45-49	Alhandra Sporting Club	76	00:30:13	57	00:02:09	41	03:10:40	15	00:00:45	33	01:38:48	05:22:37	00:40:16
40	4397	794	Carlos Manuel Silva	-	50-54	Individual	117	00:35:00	92	00:03:02	45	03:11:46	79	00:01:27	13	01:32:03	05:23:20	00:40:59
41	4120	870	José Magalhães Dias	-	40-44	A. M. C. R. Fonte Grada	19	00:25:58	56	00:02:08	55	03:16:53	66	00:01:19	30	01:38:23	05:24:43	00:42:22
42	3735	740	Ricardo Filipe Costa	-	25-29	A. H. Bombeiros Estoris / 3 IRON	12	00:24:40	30	00:01:34	46	03:11:57	38	00:01:00	60	01:45:43	05:24:56	00:42:35
43	4247	2070	Fernando Damas	-	60-64	A. H. Bombeiros Estoris / 3 IRON	65	00:29:14	22	00:01:29	47	03:12:29	25	00:00:53	41	01:41:03	05:25:10	00:42:49
44	5600		César Punzón Rodríguez	-	35-39	Individual	53	00:28:19	68	00:02:22	21	03:01:22	73	00:01:23	79	01:51:57	05:25:25	00:43:04
45	3041	3714	Rui Souto	-	30-34	Pedalarte Triatlo	113	00:34:33	94	00:03:03	26	03:02:54	44	00:01:03	54	01:44:15	05:25:51	00:43:30
46	5629		Diego Gonzalez Gonzalez	-	30-34	Individual	74	00:29:58	23	00:01:29	37	03:09:32	47	00:01:04	58	01:45:01	05:27:07	00:44:46
47	4073	2236	Nuno Carvalhinho	-	40-44	TRIATLO CLUBE TAP	67	00:29:25	14	00:01:14	44	03:11:33	57	00:01:13	52	01:44:10	05:27:37	00:45:16
48	4284	654	Emanuel Matos	-	40-44	AMICICLO GRÂNDOLA	77	00:30:39	12	00:01:13	49	03:13:03	34	00:00:59	44	01:41:57	05:27:52	00:45:31
49	4178	299	Joaquim Fernandes	-	50-54	Grupo Desportivo Corticeiras	64	00:29:11	2	00:00:53	53	03:15:36	43	00:01:02	47	01:43:16	05:30:00	00:47:39
50	3804	3605	António Morais	-	35-39	Clube Triatlo de Perosinho	11	00:24:27	104	00:03:30	35	03:06:48	75	00:01:24	93	01:55:21	05:31:32	00:49:11
51	6064		Manuel Gonzalez Cuña	-	40-44	Individual	116	00:34:54	97	00:03:05	51	03:14:44	91	00:01:37	27	01:37:18	05:31:39	00:49:18
52	4108	225	Paulo Leitão Santos	-	50-54	Peniche A. C.	48	00:28:07	38	00:01:40	64	03:21:59	60	00:01:14	35	01:39:02	05:32:04	00:49:43
53	3044	3699	Sergio Alpuim	-	30-34	Pedalarte Triatlo	51	00:28:14	49	00:01:57	50	03:14:18	14	00:00:45	68	01:47:42	05:32:59	00:50:38
54	4100	2804	Samuel Neves	-	40-44	CAPGE	45	00:27:58	52	00:02:03	61	03:20:38	55	00:01:11	43	01:41:37	05:33:29	00:51:08
55	3454	2690	Carlos Santos Silva	-	35-39	Individual	21	00:26:09	58	00:02:11	57	03:17:37	62	00:01:15	64	01:46:47	05:34:01	00:51:40
56	6137		Xan Xosé Suárez Vilela	-	30-34	Individual	13	00:25:01	76	00:02:33	75	03:27:08	27	00:00:54	39	01:40:53	05:36:32	00:54:11
57	6073		Manuel Rivero Fernandez	-	40-44	Individual	62	00:29:08	39	00:01:43	58	03:18:49	69	00:01:19	66	01:47:01	05:38:02	00:55:41
58	6146		Xosé Martínez Reboredo	-	35-39	Individual	57	00:28:45	74	00:02:29	59	03:19:36	83	00:01:32	65	01:46:48	05:39:12	00:56:51

Data:	06-07-2014	Hora:	08h40	Local:	Caminha						
Natação	1.900 mt	Transição:	0 mt	Ciclismo:	90.000 mt	Transição:	0 mt	Corrida:	21.100 mt		

Ranking:	Cam. Nac. Grupos de Idade	Hora de Partida:	08h43
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
59	5905		Ignacio Delgado Rodriguez	-	40-44	Individual	99	00:32:33	35	00:01:38	39	03:09:41	61	00:01:14	91	01:54:51	05:39:58	00:57:37
60	6096		Mar Villar Zamuz	-	30-34	Individual	20	00:25:59	54	00:02:06	54	03:16:19	59	00:01:13	88	01:54:32	05:40:11	00:57:50
61	4127	1165	Emanuel Marques	-	50-54	Assoc. Académica S. Mamede	28	00:26:45	8	00:01:08	60	03:19:45	16	00:00:45	78	01:51:48	05:40:14	00:57:52
62	3097	2892	Ricardo Carvalho	-	25-29	CFV	54	00:28:20	89	00:02:56	52	03:14:48	21	00:00:49	89	01:54:42	05:41:37	00:59:16
63	3108	3025	Nuno Santos	-	30-34	A. H. Bombeiros Estoris / 3 IRON	44	00:27:53	37	00:01:39	56	03:17:05	82	00:01:30	87	01:54:26	05:42:35	01:00:14
64	5921		Jorge Sousa	-	45-49	Individual	27	00:26:39	61	00:02:12	73	03:26:19	53	00:01:08	62	01:46:16	05:42:36	01:00:15
65	4039	1371	José Varela	-	55-59	Louletano	95	00:32:07	112	00:03:52	63	03:21:23	65	00:01:17	55	01:44:31	05:43:12	01:00:51
66	3386	3174	José Rodrigo Araújo	-	25-29	Clube Triatlo de Perosinho	114	00:34:36	93	00:03:02	79	03:31:41	98	00:01:43	19	01:34:20	05:45:24	01:03:03
67	5971		Lalo Rodriguez Villar	-	50-54	Individual	50	00:28:11	80	00:02:39	76	03:27:51	124	00:02:47	57	01:44:42	05:46:12	01:03:51
68	4569	2632	Paulo Costa	-	40-44	Assoc. Académica S. Mamede	36	00:27:27	62	00:02:14	68	03:23:59	9	00:00:44	81	01:52:12	05:46:36	01:04:15
69	3460	4077	Paulo Fernandes	-	35-39	Veteranos do Porto	106	00:33:09	81	00:02:42	74	03:26:37	119	00:02:23	45	01:43:09	05:48:03	01:05:42
70	3715	618	Pedro Reis	-	35-39	Assoc. Académica S. Mamede	75	00:30:07	27	00:01:32	70	03:24:25	49	00:01:05	82	01:52:32	05:49:42	01:07:21
71	6099		Miguel Angel Cogolludo	-	35-39	Individual	47	00:28:05	85	00:02:51	83	03:33:27	39	00:01:00	56	01:44:42	05:50:06	01:07:45
72	5960		Juan Antonio Sanjorge	-	40-44	Individual	93	00:31:49	77	00:02:34	67	03:23:53	77	00:01:25	75	01:50:24	05:50:06	01:07:45
73	4455	323	António Gouveia	-	40-44	TRI CAP - Penafirme	87	00:31:28	44	00:01:53	62	03:21:18	111	00:02:07	84	01:53:39	05:50:27	01:08:06
74	3838	3549	Nelson Moreira	-	35-39	A. H. Bombeiros Estoris / 3 IRON	34	00:27:24	45	00:01:54	72	03:25:19	18	00:00:46	94	01:55:42	05:51:07	01:08:46
75	5932		José Luis Dantas	-	25-29	Individual	120	00:35:17	83	00:02:46	65	03:22:02	71	00:01:21	77	01:51:38	05:53:06	01:10:45
76	3502	3139	José Alexandre	-	35-39	Individual	29	00:26:49	113	00:03:57	80	03:31:46	94	00:01:40	73	01:49:34	05:53:47	01:11:26
77	4249	871	Luis Cipriano	-	40-44	A. M. C. R. Fonte Grada	103	00:33:01	20	00:01:25	97	03:41:41	37	00:00:59	32	01:38:36	05:55:44	01:13:23
78	6116		Pedro Comesaña Alfaro	-	35-39	Individual	83	00:31:05	124	00:04:46	78	03:30:40	122	00:02:42	63	01:46:45	05:56:02	01:13:40
79	4572	2648	Luis Viegas	-	45-49	Leões do Sul	59	00:28:58	115	00:04:05	85	03:35:39	70	00:01:20	61	01:46:07	05:56:11	01:13:50
80	3596	3402	Paulo Bouça	-	30-34	Pedalarte Triatlo	126	00:37:22	110	00:03:44	69	03:24:10	107	00:02:00	76	01:50:34	05:57:51	01:15:30
81	4330	1163	José Fernando Silva	-	50-54	Assoc. Académica S. Mamede	98	00:32:32	70	00:02:23	77	03:29:18	112	00:02:10	80	01:52:02	05:58:26	01:16:05
82	3836	3637	Bruno Safara	-	30-34	H2H CLUB BETTER LIVING	37	00:27:27	48	00:01:56	100	03:42:26	56	00:01:12	59	01:45:23	05:58:26	01:16:05
83	4440	326	Elisabete Sousa	-	40-44	TRI CAP - Penafirme	88	00:31:28	36	00:01:38	81	03:32:54	52	00:01:06	86	01:54:17	06:01:26	01:19:05
84	3085	1890	Teresa Cardoso	-	35-39	OLI-Clube dos Galitos	94	00:31:49	64	00:02:19	90	03:37:20	46	00:01:04	72	01:49:19	06:01:54	01:19:33
85	6133		Tiago Cunha	-	30-34	Individual	89	00:31:36	51	00:02:02	95	03:40:35	24	00:00:53	71	01:49:10	06:04:17	01:21:56
86	3368	1176	Pedro Magalhães	-	25-29	Assoc. Académica S. Mamede	49	00:28:08	43	00:01:52	82	03:33:17	87	00:01:34	104	02:00:30	06:05:23	01:23:02
87	5808		Fábio Araújo	-	20-24	Individual	78	00:30:43	102	00:03:23	88	03:37:05	96	00:01:42	83	01:53:14	06:06:09	01:23:47

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Ranking:	Cam. Nac. Grupos de Idade	Hora de Partida:	08h43
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
88	4259	806	Paulo Neves	-	45-49	Assoc. Académica S. Mamede	41	00:27:40	40	00:01:48	66	03:23:41	42	00:01:02	114	02:12:21	06:06:34	01:24:13
89	3233	2203	Nuno Fonseca	-	35-39	Individual	84	00:31:12	41	00:01:49	89	03:37:13	26	00:00:53	97	01:57:15	06:08:25	01:26:04
90	6130		Ricardo Pais Araújo	-	25-29	Individual	24	00:26:13	106	00:03:33	87	03:36:56	103	00:01:50	103	02:00:16	06:08:50	01:26:29
91	4245	2063	Carlos Pereira	-	45-49	CERVELO LINCE TRIATHLON	96	00:32:13	127	00:05:51	105	03:45:42	92	00:01:38	49	01:43:24	06:08:50	01:26:29
92	5869		Hélio Machado	-	30-34	Individual	73	00:29:43	86	00:02:51	101	03:42:39	89	00:01:36	92	01:54:58	06:11:50	01:29:29
93	4297	4153	Helder Rodrigues	-	40-44	Individual	127	00:37:26	126	00:05:44	92	03:38:50	121	00:02:31	67	01:47:33	06:12:06	01:29:45
94	4580	2661	Marco Silva	-	40-44	Porto Runners	111	00:34:20	78	00:02:38	110	03:50:39	20	00:00:47	51	01:43:43	06:12:09	01:29:48
95	4185	1169	Nuno Barros	-	40-44	Assoc. Académica S. Mamede	10	00:24:07	63	00:02:17	71	03:25:15	102	00:01:50	118	02:18:51	06:12:21	01:30:00
96	6365	3218	Luis Pires	-	55-59	Assoc. Académica S. Mamede	104	00:33:04	129	00:07:30	84	03:34:11	127	00:02:57	96	01:57:06	06:14:49	01:32:28
97	4536	4115	Christophe Ferreira	-	40-44	Individual	128	00:37:46	128	00:07:23	91	03:37:55	126	00:02:56	74	01:50:04	06:16:06	01:33:45
98	5553		Augusto Almeida	-	45-49	Individual	107	00:33:20	123	00:04:31	94	03:40:15	130	00:04:32	90	01:54:47	06:17:27	01:35:06
99	4442	111	Antonio Nascimento	-	40-44	H2H CLUB BETTER LIVING	92	00:31:44	125	00:05:24	106	03:46:03	113	00:02:10	85	01:54:08	06:19:31	01:37:10
100	4272	2002	Paulo Manuel Ferreira	-	40-44	H2H CLUB BETTER LIVING	102	00:32:55	84	00:02:46	103	03:43:54	58	00:01:13	99	01:58:41	06:19:31	01:37:10
101	3487	3121	Tiago Sousa	-	30-34	A. H. Bombeiros Estoris / 3 IRON	70	00:29:31	42	00:01:51	118	03:59:04	50	00:01:05	70	01:48:52	06:20:25	01:38:04
102	5593		Carlos Costa	-	25-29	Individual	23	00:26:12	33	00:01:36	104	03:44:37	13	00:00:45	107	02:07:36	06:20:49	01:38:28
103	3320	3972	Nuno Teixeira	-	30-34	Individual	81	00:31:00	119	00:04:10	108	03:48:40	114	00:02:10	102	01:59:16	06:25:19	01:42:58
104	3622	4152	Angela Fernandes	-	30-34	PedalarTE Triatlo	86	00:31:21	91	00:03:00	98	03:41:41	63	00:01:15	108	02:08:12	06:25:31	01:43:10
105	3653	217	José Pinto Coelho	-	30-34	Alhandra Sporting Club	79	00:30:45	107	00:03:34	111	03:53:13	110	00:02:04	95	01:56:00	06:25:38	01:43:17
106	4336	235	José Calheiros Dias	-	50-54	Veteranos do Porto	26	00:26:36	101	00:03:13	113	03:55:20	104	00:01:51	101	01:59:12	06:26:15	01:43:53
107	4014	742	João Santos	-	50-54	A. H. Bombeiros Estoris / 3 IRON	55	00:28:27	105	00:03:31	107	03:46:50	101	00:01:48	113	02:11:25	06:32:04	01:49:42
108	5573		Bruno Figueira	-	35-39	Individual	119	00:35:09	118	00:04:10	112	03:54:44	85	00:01:33	100	01:59:08	06:34:47	01:52:26
109	6040		Lorena Garcia Lago	-	35-39	Individual	38	00:27:31	53	00:02:05	117	03:58:06	99	00:01:47	106	02:06:40	06:36:11	01:53:50
110	5299		António Ferreira	-	45-49	Individual	90	00:31:37	99	00:03:09	119	04:01:56	115	00:02:12	98	01:57:46	06:36:41	01:54:20
111	5591		Carlos Alberto Neiva	-	50-54	Individual	130	00:41:21	87	00:02:52	96	03:40:41	72	00:01:23	112	02:10:37	06:36:55	01:54:34
112	3354	1682	Sara Teixeira	-	25-29	Grupo Desportivo Corticeiras	43	00:27:47	67	00:02:20	114	03:55:32	41	00:01:02	111	02:10:30	06:37:12	01:54:51
113	4035	1516	Paulo Lamego	-	40-44	C. N. Colégio Vasco da Gama	32	00:27:02	90	00:03:00	99	03:42:04	109	00:02:01	123	02:23:22	06:37:31	01:55:10
114	5862		Georgina Eltenton	-	25-29	Individual	39	00:27:36	69	00:02:22	102	03:42:55	100	00:01:48	126	02:25:27	06:40:10	01:57:49
115	6187		Tom Cassar	-	25-29	Individual	124	00:36:20	114	00:03:57	86	03:36:24	106	00:01:57	122	02:21:30	06:40:10	01:57:49
116	5909		João Manuel Verde	-	45-49	Individual	123	00:35:56	96	00:03:04	109	03:50:16	123	00:02:46	109	02:09:10	06:41:14	01:58:53

Data:	06-07-2014	Hora:	08h40	Local:	Caminha						
Natação	1.900 mt	Transição:	0 mt	Ciclismo:	90.000 mt	Transição:	0 mt	Corrida:	21.100 mt		

Ranking:	Cam. Nac. Grupos de Idade	Hora de Partida:	08h43
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
117	4236	1173	Rui Pena	-	40-44	Assoc. Académica S. Mamede	91	00:31:40	109	00:03:36	116	03:57:00	67	00:01:19	110	02:09:56	06:43:32	02:01:11
118	3439	4070	Hugo Correia	-	30-34	Clube Triatlo de Perosinho	118	00:35:02	79	00:02:38	93	03:39:17	76	00:01:25	127	02:31:14	06:49:38	02:07:17
119	3263	1174	Maria Joana Creissac	-	30-34	Assoc. Académica S. Mamede	61	00:29:07	73	00:02:27	121	04:04:55	95	00:01:41	116	02:17:44	06:55:56	02:13:35
120	4255	804	Paulo Castro Rocha	-	55-59	Veteranos do Porto	109	00:33:46	121	00:04:14	123	04:06:34	120	00:02:27	115	02:13:16	07:00:19	02:17:58
121	5968		Juan Pita	-	40-44	Individual	125	00:37:15	130	00:07:49	120	04:02:01	128	00:03:19	120	02:19:47	07:10:13	02:27:52
122	4575	4156	Francisco Pimenta	-	45-49	CFV	121	00:35:35	120	00:04:10	126	04:23:31	117	00:02:15	105	02:05:09	07:10:42	02:28:21
123	4112	3947	Maria João Lima	-	45-49	Assoc. Académica S. Mamede	122	00:35:38	103	00:03:29	122	04:05:24	97	00:01:42	125	02:24:49	07:11:04	02:28:43
124	6189		Oscar Cardoso	-	18-19	Individual	69	00:29:27	98	00:03:09	115	03:55:59	88	00:01:34	130	02:57:21	07:27:33	02:45:12
125	4328	813	Anette Kind	-	50-54	Assoc. Académica S. Mamede	101	00:32:53	100	00:03:12	127	04:26:57	129	00:04:07	124	02:24:07	07:31:18	02:48:57
126	4549	1171	Silvia Pedroso	-	40-44	Assoc. Académica S. Mamede	105	00:33:06	122	00:04:16	129	04:40:39	105	00:01:57	121	02:19:51	07:39:50	02:57:29
127	4023	432	Francisco Bexiga	-	55-59	Clube de Praças da Armada	115	00:34:41	117	00:04:10	128	04:39:09	118	00:02:20	119	02:19:41	07:40:02	02:57:41
128	4243	4046	João Pedro Cunha	-	45-49	Individual	110	00:33:51	116	00:04:06	124	04:10:26	116	00:02:15	129	02:53:06	07:43:47	03:01:26
129	6061		Luis Miguel Martins	-	45-49	Individual	129	00:40:54	111	00:03:46	125	04:12:15	125	00:02:49	128	02:44:02	07:43:49	03:01:28
130	6134		Tuxa Negri	-	20-24	Individual	63	00:29:08	108	00:03:35	130	04:57:14	108	00:02:01	117	02:18:16	07:50:17	03:07:56
	3511	2782	Nuno Silva	DNF	35-39	CAPGE		00:26:16		00:02:34								-
	3513	3142	Paulo Pereira	DNF	35-39	Individual		00:33:58		00:04:11								-
	3631	3414	Virgilio Barbosa	DNF	35-39	PedalarTE Triatlo		00:25:01		00:02:35								-
	4146	656	José Afonso	DNF	40-44	McDonalds/TriBraga		00:27:52		00:01:23								-
	4517	2126	Paulo Rua	DNF	40-44	Veteranos do Porto		00:30:41		00:03:01		04:29:09						-
	4618	1055	João Duarte	DNF	40-44	Quintajense Futebol Clube		00:29:24		00:01:44								-
	5903		Iago Vara Adrio	DNF	35-39	Individual		00:25:02		00:02:29								-
	6122		Pedro Mguel Gonçalves	DNF	35-39	Individual		00:28:04		00:02:48		03:23:31		00:01:20				-
	4162	797	Henrique Gonçalves	DNS	60-64	Veteranos do Porto												-
	5142		Alejandro Hernandez	DNS	45-49	Individual												-
	5611		Daniel Rosendo Moreira	DNS	30-34	Individual												-
	5807		Enrique Viñas Romero	DNS	35-39	Individual												-
	5818		Fernando Iglesias Pérez	DNS	30-34	Individual												-
	5822		Fernando Paulo Salvador	DNS	35-39	Individual												-
	5834		Francisco Javier Rodriguez	DNS	45-49	Individual												-

Data:	06-07-2014	Hora:	08h40	Local:	Caminha					
Natação	1.900 mt	Transição:	0 mt	Ciclismo:	90.000 mt	Transição:	0 mt	Corrida:	21.100 mt	
Ranking:	Cam. Nac. Grupos de Idade		Hora de Partida:	08h43						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff	
	5879		Hugo Filipe Silva Ribeiro	DNS	30-34	Individual													-
	5907		Ivo Manuel Correia	DNS	35-39	Individual													-
	5930		Jose Joaquin Barrientos	DNS	40-44	Individual													-
	5939		José Pinho	DNS	25-29	Individual													-
	6107		Nuno Carlos Campos	DNS	40-44	Individual													-
	6110		Paulo Pimenta	DNS	40-44	Individual													-
	6123		Pedro Ribeiro	DNS	25-29	Individual													-
	6125		Ricardo Araújo	DNS	25-29	Individual													-
	6136		Vitor Leite	DNS	45-49	Individual													-