

Data:	14-02-2015	Hora:	15h30	Local:	Arronches						
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt		

Ranking:	Camp. Nac. Clubes Duatlo	Hora de Partida:	15h32
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
1	3290	1008	Sérgio Manuel Silva	-	SEN	Garmin Olímpico de Oeiras	1	00:16:11	1	00:00:22	9	00:32:18	1	00:00:20	1	00:07:48	00:57:00	
2	2060	1003	Filipe Azevedo	-	S23	C. D. "Os Águias" de Alpiarça	2	00:16:12	21	00:00:29	7	00:32:10	2	00:00:24	2	00:08:04	00:57:22	00:00:21
3	2149	1002	Pedro Afonso Gaspar	-	S23	Portugal Talentus	4	00:16:21	27	00:00:29	3	00:32:02	20	00:00:29	3	00:08:08	00:57:31	00:00:31
4	1571	1017	Tomás Azevedo	-	JUN	C. D. "Os Águias" de Alpiarça	5	00:16:22	2	00:00:24	6	00:32:09	38	00:00:31	4	00:08:09	00:57:37	00:00:37
5	1655	1013	Tiago Leão	-	JUN	Nutrimania Sports Nutrition/Amorense	6	00:16:28	6	00:00:26	4	00:32:02	8	00:00:26	6	00:08:23	00:57:46	00:00:46
6	1536	1008	Nuno Miguel André	-	JUN	Garmin Olímpico de Oeiras	9	00:16:36	3	00:00:25	2	00:31:55	7	00:00:26	11	00:08:35	00:57:59	00:00:59
7	2047	1015	Hugo Alves	-	S23	Clube Triatlo Fundão	8	00:16:36	9	00:00:27	1	00:31:53	30	00:00:30	15	00:08:41	00:58:09	00:01:09
8	3810	1004	Pedro Ribeiro	-	SEN	C. D. "Os Águias" de Alpiarça	17	00:17:00	34	00:00:30	5	00:32:07	31	00:00:30	18	00:08:47	00:58:56	00:01:56
9	3266	1008	Ricardo Gouveia	-	SEN	Garmin Olímpico de Oeiras	14	00:16:57	13	00:00:27	8	00:32:13	99	00:00:37	22	00:08:50	00:59:07	00:02:06
10	1542	1011	João Ferreira Pereira	-	JUN	G. D. R. de Manique de Cima	3	00:16:21	8	00:00:27	28	00:34:08	41	00:00:31	5	00:08:19	00:59:47	00:02:47
11	2018	1006	Luis Gabriel Monteiro	-	S23	Alhandra Sporting Club	7	00:16:35	16	00:00:28	18	00:33:51	18	00:00:28	9	00:08:26	00:59:51	00:02:51
12	1552	1007	Bernardo Portela	-	JUN	Garmin Olímpico de Oeiras	11	00:16:36	7	00:00:26	20	00:33:54	49	00:00:32	8	00:08:26	00:59:56	00:02:56
13	3488	1024	Cláudio Paulinho	-	SEN	SFRAA TRIATLO	27	00:17:12	94	00:00:37	12	00:33:11	79	00:00:35	28	00:09:00	01:00:37	00:03:36
14	3139	1018	Rui Narigueta	-	SEN	Garmin Olímpico de Oeiras	31	00:17:17	42	00:00:31	13	00:33:11	45	00:00:32	33	00:09:08	01:00:40	00:03:40
15	1568	1007	Nuno Ribeiro	-	JUN	Alhandra Sporting Club	23	00:17:09	18	00:00:29	32	00:34:11	5	00:00:25	7	00:08:25	01:00:41	00:03:41
16	1585	1012	Sávio Accioly	-	JUN	Sporting CP	15	00:16:58	33	00:00:30	38	00:34:21	9	00:00:27	10	00:08:31	01:00:48	00:03:47
17	1657	1017	Simão Albuquerque	-	JUN	Sporting CP	18	00:17:06	11	00:00:27	30	00:34:10	6	00:00:26	13	00:08:38	01:00:49	00:03:49
18	1102	1003	Leonardo Aniceto	-	CAD	Sport Lisboa e Benfica	21	00:17:08	106	00:00:41	22	00:33:55	4	00:00:25	14	00:08:40	01:00:52	00:03:52
19	1603	1008	José Felício	-	JUN	Garmin Olímpico de Oeiras	12	00:16:37	5	00:00:26	46	00:34:42	10	00:00:27	21	00:08:49	01:01:02	00:04:01
20	5908		Raul Fuentes Palomo	-	SEN	Fisioterapia Jova E.M.D Sancicenteña	34	00:17:21	46	00:00:31	21	00:33:55	63	00:00:34	17	00:08:42	01:01:05	00:04:05
21	1035	1003	Bernardo Aguiar	-	CAD	Sport Lisboa e Benfica	35	00:17:24	62	00:00:33	19	00:33:51	15	00:00:28	24	00:08:53	01:01:11	00:04:11
22	5859		Javier Garcia Gañan	-	V1	A. D. Triatlón Pacense	33	00:17:21	20	00:00:29	24	00:34:02	12	00:00:28	23	00:08:52	01:01:13	00:04:13
23	1644	1007	Miguel Fortunato	-	JUN	Alhandra Sporting Club	24	00:17:09	39	00:00:30	27	00:34:07	97	00:00:37	26	00:08:53	01:01:19	00:04:19
24	1649	1005	Tiago Morgado	-	JUN	Clube de Natação de Torres Novas	39	00:17:48	23	00:00:29	15	00:33:30	11	00:00:27	34	00:09:09	01:01:24	00:04:24
25	3261	1005	Nuno Preciado	-	SEN	SFRAA TRIATLO	25	00:17:10	45	00:00:31	34	00:34:13	55	00:00:33	27	00:08:57	01:01:26	00:04:26
26	1165	1020	Samuel Agostinho	-	CAD	Clube Natação Rio Maior	52	00:18:09	12	00:00:27	11	00:33:10	67	00:00:34	37	00:09:10	01:01:33	00:04:32
27	3412	1004	Rui Dolores	-	SEN	AMICICLO GRÂNDOLA	19	00:17:08	43	00:00:31	33	00:34:12	51	00:00:32	40	00:09:18	01:01:43	00:04:43
28	3344	1018	Nuno Carvalho	-	SEN	Ateneu Artístico Cartaxense	26	00:17:12	71	00:00:34	14	00:33:15	96	00:00:37	84	00:10:05	01:01:44	00:04:43
29	3391	1015	Miguel Salvado	-	SEN	Clube Triatlo Fundão	51	00:18:07	55	00:00:32	10	00:33:06	23	00:00:29	50	00:09:30	01:01:46	00:04:46

Data:	14-02-2015	Hora:	15h30	Local:	Arronches							
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt			
Ranking:	Camp. Nac. Clubes Duatlo			Hora de Partida:	15h32							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
30	1663	1017	Rodrigo Ladeira	-	JUN	Clube 4 Estilos	13	00:16:48	4	00:00:26	45	00:34:37	37	00:00:31	43	00:09:23	01:01:47	00:04:46
31	3592	1005	Tiago Lousa	-	SEN	SFRAA TRIATLO	20	00:17:08	101	00:00:38	49	00:34:45	75	00:00:35	16	00:08:42	01:01:51	00:04:50
32	2086	1010	Miguel Furtado	-	S23	SFRAA TRIATLO	37	00:17:35	69	00:00:34	39	00:34:23	39	00:00:31	20	00:08:48	01:01:53	00:04:53
33	1075	1008	Francisco Luis	-	CAD	Ludens de Machico/El Bom Bom Sport	22	00:17:09	10	00:00:27	36	00:34:14	69	00:00:34	54	00:09:33	01:01:59	00:04:59
34	3346	1025	Roberto Fernandez	-	SEN	Núcleo Sportinguista da Golegã	40	00:17:50	67	00:00:34	26	00:34:06	22	00:00:29	29	00:09:00	01:02:01	00:05:00
35	2016	1006	Luis Pedro Ferreira	-	S23	Alhandra Sporting Club	10	00:16:36	36	00:00:30	17	00:33:51	61	00:00:33	108	00:10:33	01:02:06	00:05:05
36	3674	1006	Pedro Carreira	-	SEN	TRI-OESTE	44	00:17:56	17	00:00:28	25	00:34:04	35	00:00:31	36	00:09:10	01:02:10	00:05:10
37	1066	1007	Tiago Pinto	-	CAD	Alhandra Sporting Club	28	00:17:12	14	00:00:28	48	00:34:44	13	00:00:28	44	00:09:23	01:02:17	00:05:17
38	4710	1015	Sérgio Santos	-	V1	Clube Triatlo Fundão	16	00:16:58	24	00:00:29	52	00:35:07	107	00:00:39	38	00:09:11	01:02:25	00:05:25
39	3472	1008	José Veiga	-	SEN	Garmin Olimpico de Oeiras	32	00:17:20	41	00:00:30	64	00:35:24	24	00:00:29	25	00:08:53	01:02:40	00:05:39
40	3306	1018	Gonçalo Resina	-	SEN	Núcleo Sportinguista da Golegã	41	00:17:50	60	00:00:32	31	00:34:11	71	00:00:35	52	00:09:32	01:02:42	00:05:42
41	4793	1018	Paulo Silvestre	-	V1	Ateneu Artístico Cartaxense	47	00:17:57	26	00:00:29	43	00:34:32	16	00:00:28	39	00:09:16	01:02:44	00:05:44
42	4773	1004	Rui Gonçalves	-	V1	AMICICLO GRÂNDOLA	38	00:17:41	97	00:00:37	47	00:34:43	98	00:00:37	35	00:09:09	01:02:49	00:05:49
43	2056	1005	André Duarte	-	S23	TRI-OESTE	48	00:17:57	66	00:00:33	41	00:34:31	34	00:00:31	49	00:09:29	01:03:03	00:06:03
44	4037	1025	Gary Blesson	-	V3	Clube de Condeixa	45	00:17:56	84	00:00:35	40	00:34:31	101	00:00:38	47	00:09:28	01:03:10	00:06:09
45	4151	1018	António Calafate	-	V2	Núcleo Sportinguista da Golegã	62	00:18:17	64	00:00:33	35	00:34:14	52	00:00:32	59	00:09:38	01:03:15	00:06:15
46	5905		David Pueretas Tenorio	-	CAD	Club Triatlón Lugones	43	00:17:56	32	00:00:29	44	00:34:37	19	00:00:28	64	00:09:47	01:03:19	00:06:19
47	4786	1025	Rui Galinha	-	V1	Núcleo Sportinguista da Golegã	71	00:18:39	88	00:00:36	16	00:33:46	36	00:00:31	69	00:09:50	01:03:24	00:06:23
48	1037	1003	João Lopes	-	CAD	C. D. "Os Águias" de Alpiarça	46	00:17:57	50	00:00:31	23	00:34:01	29	00:00:30	104	00:10:28	01:03:28	00:06:28
49	1118	1015	Guilherme Pires	-	CAD	Clube Triatlo Fundão	55	00:18:13	29	00:00:29	37	00:34:17	127	00:00:43	73	00:09:56	01:03:40	00:06:39
50	1076	1004	Pedro Carlos	-	CAD	Teleperformance - "Os Belenenses"	30	00:17:13	51	00:00:31	81	00:36:28	57	00:00:33	31	00:09:05	01:03:52	00:06:52
51	3159	1015	André Jesus	-	SEN	Clube Oriental de Lisboa	54	00:18:13	40	00:00:30	62	00:35:22	66	00:00:34	41	00:09:19	01:04:00	00:07:00
52	3174	1001	João Daniel Ferreira	-	SEN	Individual	50	00:18:01	77	00:00:34	66	00:35:32	64	00:00:34	53	00:09:33	01:04:17	00:07:16
53	1055	1009	Vadim Parkhomchuk	-	CAD	Clube Futebol Andorinha	42	00:17:52	107	00:00:41	89	00:36:35	90	00:00:36	12	00:08:38	01:04:24	00:07:24
54	1082	1021	Raul Santos	-	CAD	FET- Fátima Escola de Triatlo	61	00:18:17	58	00:00:32	58	00:35:12	27	00:00:30	72	00:09:55	01:04:27	00:07:27
55	5903		Roberto Serrano Jaramillo	-	SEN	A. D. Triatlón Pacense	75	00:18:49	82	00:00:35	50	00:35:02	48	00:00:32	48	00:09:28	01:04:29	00:07:28
56	2005	1022	Gonçalo Oliveira	-	S23	CNA	59	00:18:16	80	00:00:35	77	00:36:22	32	00:00:30	19	00:08:48	01:04:33	00:07:33
57	3719	1014	João Miguel Ferreira	-	SEN	OEIRAS SPORT CLUBE	63	00:18:19	54	00:00:32	60	00:35:15	14	00:00:28	79	00:10:00	01:04:36	00:07:36
58	4584	1017	Antonio Ferreira	-	V2	Clube de Condeixa	56	00:18:13	112	00:00:43	57	00:35:10	114	00:00:40	68	00:09:49	01:04:37	00:07:37

Data:	14-02-2015	Hora:	15h30	Local:	Arronches							
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt			
Ranking:	Camp. Nac. Clubes Duatlo			Hora de Partida:	15h32							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
59	3473	1012	Luis Mendes	-	SEN	C. D. Escola Santana	66	00:18:30	15	00:00:28	51	00:35:06	105	00:00:39	74	00:09:57	01:04:42	00:07:41
60	1112	1009	Pedro Velosa	-	CAD	Clube Futebol Andorinha	68	00:18:32	30	00:00:29	70	00:36:09	50	00:00:32	32	00:09:07	01:04:52	00:07:51
61	1079	1016	Ricardo Margarido	-	CAD	Clube de Nataçao de Torres Novas	36	00:17:34	47	00:00:31	99	00:37:00	53	00:00:32	45	00:09:24	01:05:03	00:08:03
62	3130	1015	Rui Belo	-	SEN	Teleperformance - "Os Belenenses"	64	00:18:20	22	00:00:29	83	00:36:29	3	00:00:25	42	00:09:23	01:05:07	00:08:06
63	4615	1002	Miguel Lourenço	-	V1	Individual	67	00:18:31	110	00:00:42	71	00:36:09	43	00:00:32	46	00:09:25	01:05:20	00:08:20
64	3784	1008	Paulo Gonçalves	-	SEN	Clube de Praças da Armada	83	00:19:15	111	00:00:42	56	00:35:09	93	00:00:37	58	00:09:37	01:05:22	00:08:21
65	1605	1021	Marco Carreira	-	JUN	FET- Fátima Escola de Triatlo	60	00:18:16	52	00:00:32	78	00:36:24	78	00:00:35	56	00:09:35	01:05:24	00:08:24
66	3530	1018	José Rodrigues	-	SEN	Ateneu Artístico Cartaxense	74	00:18:48	119	00:00:46	67	00:35:38	91	00:00:36	57	00:09:37	01:05:27	00:08:27
67	4357	1008	Jorge Teixeira	-	V2	Clube de Praças da Armada	53	00:18:10	103	00:00:40	76	00:36:21	80	00:00:35	61	00:09:43	01:05:31	00:08:30
68	3107	1011	Bruno Dias	-	SEN	G. D. R. de Manique de Cima	78	00:19:04	143	00:00:56	55	00:35:09	112	00:00:40	62	00:09:44	01:05:34	00:08:34
69	4482	1021	Arlindo Brás	-	V1	Clube Triatlo de Abrantes	57	00:18:16	114	00:00:44	72	00:36:10	65	00:00:34	70	00:09:52	01:05:37	00:08:37
70	4708	1017	Luis Alegrias	-	V1	Kainagua	77	00:18:56	155	00:01:09	42	00:34:32	150	00:00:54	89	00:10:10	01:05:43	00:08:43
71	4792	1025	Antonio Sequeira	-	V2	Clube Triatlo Fundão	65	00:18:23	137	00:00:53	69	00:36:00	157	00:00:59	55	00:09:34	01:05:51	00:08:51
72	1107	1006	André Picado	-	CAD	Alhandra Sporting Club	88	00:19:19	28	00:00:29	63	00:35:23	72	00:00:35	87	00:10:07	01:05:55	00:08:55
73	3215	1002	Rui Silva	-	SEN	Clube Oriental de Lisboa	94	00:19:24	96	00:00:37	59	00:35:13	73	00:00:35	83	00:10:04	01:05:56	00:08:55
74	1160	1016	Rogério Silva	-	CAD	ETri. Santo António Évora	89	00:19:19	38	00:00:30	61	00:35:19	118	00:00:41	97	00:10:21	01:06:13	00:09:13
75	1167	1013	Filipe Santos	-	CAD	Nutrimania Sports Nutrition/Amorense	70	00:18:36	48	00:00:31	90	00:36:41	42	00:00:31	77	00:09:58	01:06:19	00:09:18
76	1166	1002	João Maria Inácio	-	CAD	TRI-OESTE	98	00:19:45	113	00:00:44	54	00:35:08	129	00:00:44	82	00:10:02	01:06:24	00:09:24
77	3742	1004	Miguel Garcia	-	SEN	AMICICLO GRÂNDOLA	81	00:19:14	118	00:00:45	53	00:35:07	141	00:00:50	106	00:10:32	01:06:30	00:09:30
78	3492	1024	Mário Cruz	-	SEN	SFRAA TRIATLO	115	00:20:14	124	00:00:47	29	00:34:09	92	00:00:37	124	00:11:05	01:06:54	00:09:53
79	1134	1021	Duarte Santos	-	CAD	FET- Fátima Escola de Triatlo	90	00:19:21	57	00:00:32	86	00:36:33	76	00:00:35	80	00:10:01	01:07:04	00:10:04
80	1085	1021	Francisco Orfão	-	CAD	FET- Fátima Escola de Triatlo	79	00:19:05	68	00:00:34	105	00:37:34	85	00:00:36	51	00:09:31	01:07:22	00:10:22
81	3519	1023	Ricardo Franco	-	SEN	Clube Triatlo Fundão	124	00:20:40	74	00:00:34	65	00:35:28	44	00:00:32	95	00:10:18	01:07:34	00:10:33
82	4707	1023	Bruno Maia	-	V1	Clube de Praças da Armada	80	00:19:06	132	00:00:52	95	00:36:55	77	00:00:35	88	00:10:09	01:07:39	00:10:39
83	3599	1017	João França Alves	-	SEN	MOTRINDE - Clube dos Galitos	49	00:18:01	53	00:00:32	122	00:39:28	87	00:00:36	30	00:09:03	01:07:42	00:10:41
84	1156	1011	Diogo Araújo	-	CAD	G. D. R. de Manique de Cima	69	00:18:34	92	00:00:36	109	00:37:57	117	00:00:41	76	00:09:57	01:07:47	00:10:47
85	5896		Pablo Iglésias Garcia	-	SEN	A. D. Triatlón Pacense	73	00:18:48	142	00:00:56	106	00:37:41	147	00:00:52	60	00:09:39	01:07:57	00:10:57
86	4047	1005	José Morgado	-	V2	SFRAA TRIATLO	105	00:19:59	102	00:00:40	87	00:36:34	59	00:00:33	96	00:10:19	01:08:05	00:11:05
87	1016	1016	Pedro Pencas	-	CAD	ETri. Santo António Évora	107	00:20:07	87	00:00:35	80	00:36:26	40	00:00:31	102	00:10:27	01:08:08	00:11:08

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Ranking:	Camp. Nac. Clubes Duatlo	Hora de Partida:	15h32
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
88	2029	1016	Pedro Serra	-	S23	Clube de Nataçao de Torres Novas	87	00:19:18	75	00:00:34	101	00:37:12	100	00:00:38	103	00:10:28	01:08:11	00:11:11
89	2048	1024	André Matos	-	S23	ETri. Santo António Évora	108	00:20:08	93	00:00:37	75	00:36:21	70	00:00:34	105	00:10:31	01:08:12	00:11:12
90	1583	1006	Jorge Canuto	-	JUN	TRI-OESTE	119	00:20:28	49	00:00:31	94	00:36:55	28	00:00:30	67	00:09:48	01:08:13	00:11:13
91	1078	1015	André Cruz	-	CAD	Clube de Nataçao de Torres Novas	29	00:17:13	61	00:00:33	120	00:39:21	132	00:00:45	98	00:10:21	01:08:14	00:11:14
92	3586	1008	Miguel Carneiro	-	SEN	Clube de Praças da Armada	93	00:19:24	138	00:00:54	93	00:36:51	126	00:00:43	101	00:10:26	01:08:19	00:11:19
93	4230	1018	Rui Baptista	-	V1	Clube de Condeixa	86	00:19:17	147	00:00:59	98	00:36:59	138	00:00:49	92	00:10:16	01:08:21	00:11:21
94	1601	1016	Rodrigo Carvalho	-	JUN	Clube de Nataçao de Torres Novas	85	00:19:16	123	00:00:47	108	00:37:52	68	00:00:34	71	00:09:54	01:08:27	00:11:26
95	1538	1004	Gabriel Ubaldo Teixeira	-	JUN	Teleperformance - "Os Belenenses"	97	00:19:38	44	00:00:31	97	00:36:58	81	00:00:36	112	00:10:44	01:08:28	00:11:28
96	1643	1012	Hugo Luis	-	JUN	C. D. Escola Santana	99	00:19:48	56	00:00:32	92	00:36:51	95	00:00:37	111	00:10:41	01:08:30	00:11:30
97	4401	1004	Joaquim Manuel Lopes	-	V3	AMICICLO GRÂNDOLA	114	00:20:14	121	00:00:46	73	00:36:11	111	00:00:40	117	00:10:49	01:08:42	00:11:41
98	3444	1005	Flávio Cordeiro	-	SEN	SFRAA TRIATLO	104	00:19:57	116	00:00:44	88	00:36:34	74	00:00:35	119	00:10:53	01:08:45	00:11:45
99	1045	1013	David Agostinho	-	CAD	Nutrimania Sports Nutrition/Amorense	106	00:20:00	89	00:00:36	103	00:37:21	128	00:00:43	85	00:10:05	01:08:48	00:11:47
100	4143	1015	Carlos Pedro	-	V1	Clube Oriental de Lisboa	126	00:20:49	91	00:00:36	84	00:36:30	60	00:00:33	99	00:10:25	01:08:55	00:11:54
101	5843		Alexander McGregor	-	SEN	A. D. Triatlón Pacense	84	00:19:16	150	00:01:02	113	00:38:37	133	00:00:45	63	00:09:45	01:09:28	00:12:28
102	4166	1020	Martino Montez	-	V1	Clube Nataçao Rio Maior	120	00:20:33	108	00:00:42	91	00:36:43	120	00:00:41	118	00:10:52	01:09:33	00:12:33
103	3814	1022	Miguel Alexandre Santos	-	SEN	Clube Triatlo de Abrantes	110	00:20:11	136	00:00:52	96	00:36:56	108	00:00:39	126	00:11:06	01:09:46	00:12:46
104	3815	1022	Ricardo Rosado	-	SEN	Clube Triatlo de Abrantes	58	00:18:16	63	00:00:33	129	00:40:17	122	00:00:42	78	00:09:58	01:09:46	00:12:46
105	4570	1025	Pedro Marques	-	V3	A. M. C. R. Fonte Grada	129	00:20:51	109	00:00:42	107	00:37:41	83	00:00:36	75	00:09:57	01:09:49	00:12:49
106	1600	1016	João Diogo Vieira	-	JUN	Clube de Nataçao de Torres Novas	140	00:21:28	85	00:00:35	68	00:35:55	102	00:00:38	132	00:11:14	01:09:52	00:12:52
107	1090	1012	Leandro Mendonça	-	CAD	C. D. Escola Santana	72	00:18:45	98	00:00:38	125	00:39:42	54	00:00:32	94	00:10:17	01:09:56	00:12:56
108	4156	1002	José Augusto Ribeiro	-	V3	A. C. R. Ribeira	103	00:19:55	95	00:00:37	110	00:38:19	47	00:00:32	107	00:10:33	01:09:58	00:12:57
109	4780	1025	Nelson Machado Gois	-	V1	Clube de Condeixa	109	00:20:10	129	00:00:51	100	00:37:05	145	00:00:51	127	00:11:06	01:10:06	00:13:05
110	2150	1004	João Canas	-	S23	Teleperformance - "Os Belenenses"	95	00:19:27	31	00:00:29	128	00:40:01	21	00:00:29	66	00:09:47	01:10:16	00:13:16
111	1071	1018	Bernardo Ferraz	-	CAD	Atlético Clube Montemorense	101	00:19:51	104	00:00:40	118	00:39:05	119	00:00:41	81	00:10:02	01:10:21	00:13:20
112	2057	1012	Bernardo Guerra	-	S23	Sporting CP	91	00:19:22	99	00:00:38	124	00:39:41	116	00:00:40	91	00:10:13	01:10:37	00:13:36
113	1668	1026	João Marques	-	JUN	CNA	96	00:19:34	86	00:00:35	121	00:39:28	17	00:00:28	109	00:10:35	01:10:43	00:13:43
114	4516	1008	António Madeira	-	V4	Clube de Praças da Armada	100	00:19:49	152	00:01:07	117	00:38:53	135	00:00:45	90	00:10:12	01:10:48	00:13:47
115	1153	1016	Diogo Bandeira	-	CAD	ETri. Santo António Évora	131	00:20:59	19	00:00:29	82	00:36:28	88	00:00:36	152	00:12:16	01:10:51	00:13:51
116	4521	1015	Rogério Pires	-	V1	Clube Triatlo Fundão	143	00:21:38	78	00:00:34	74	00:36:19	82	00:00:36	141	00:11:45	01:10:53	00:13:53

Data:	14-02-2015	Hora:	15h30	Local:	Arronches						
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt		
Ranking:	Camp. Nac. Clubes Duatlo			Hora de Partida:	15h32						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
117	1651	1024	Ricardo Sousa	-	JUN	GCA Donas	82	00:19:15	126	00:00:48	130	00:40:38	121	00:00:41	65	00:09:47	01:11:11	00:14:11
118	1050	1013	Filipe Marques	-	CAD	Nutrimania Sports Nutrition/Amorens	138	00:21:16	100	00:00:38	102	00:37:19	110	00:00:40	135	00:11:19	01:11:14	00:14:14
119	4776	1024	Agnelo Quelhas	-	V2	Clube Triatlo Fundão	128	00:20:50	163	00:01:17	79	00:36:25	137	00:00:46	148	00:11:58	01:11:19	00:14:19
120	4059	1001	Fernando Feijão	-	V5	Individual	127	00:20:50	37	00:00:30	112	00:38:27	62	00:00:33	131	00:11:12	01:11:34	00:14:34
121	2030	1021	Paulo Silva	-	S23	FET- Fátima Escola de Triatlo	116	00:20:16	81	00:00:35	116	00:38:51	89	00:00:36	134	00:11:16	01:11:36	00:14:36
122	1152	1011	Rodrigo Pinho	-	CAD	G. D. R. de Manique de Cima	92	00:19:23	35	00:00:30	131	00:40:45	113	00:00:40	93	00:10:17	01:11:37	00:14:36
123	1001	1012	Francisco Henriques	-	CAD	Sporting CP	146	00:21:45	59	00:00:32	104	00:37:31	84	00:00:36	137	00:11:29	01:11:55	00:14:55
124	3251	1023	Mário Pires	-	SEN	MOTRINDE - Clube dos Galitos	137	00:21:13	127	00:00:49	114	00:38:41	125	00:00:42	114	00:10:46	01:12:13	00:15:13
125	3677	1015	Rui Manuel Pereira	-	SEN	A. M. C. R. Fonte Grada	130	00:20:56	83	00:00:35	111	00:38:22	106	00:00:39	143	00:11:47	01:12:21	00:15:20
126	4450	1017	Paulo Carvalhinho	-	V2	Kainagua	123	00:20:35	164	00:01:25	115	00:38:48	151	00:00:54	115	00:10:46	01:12:31	00:15:30
127	4065	1002	José Silva	-	V3	A. C. R. Ribeira	102	00:19:51	72	00:00:34	136	00:41:10	56	00:00:33	116	00:10:49	01:12:58	00:15:58
128	4196	1013	Jorge Manuel Cochicho	-	V1	AMICICLO GRÂNDOLA	113	00:20:13	151	00:01:04	126	00:39:51	143	00:00:51	128	00:11:07	01:13:07	00:16:07
129	4225	1026	José Amora	-	V2	Nucleo Sportinguista da Golegã	144	00:21:42	166	00:01:41	85	00:36:31	164	00:01:25	147	00:11:57	01:13:18	00:16:18
130	1012	1004	Luis Martins	-	CAD	Teleperformance - "Os Belenenses"	112	00:20:13	73	00:00:34	132	00:40:49	26	00:00:30	136	00:11:23	01:13:31	00:16:31
131	1146	1024	António Barata	-	CAD	GCA Donas	122	00:20:34	65	00:00:33	138	00:41:14	25	00:00:29	123	00:11:05	01:13:58	00:16:58
132	1140	1023	Carlos André Reis	-	CAD	FET- Fátima Escola de Triatlo	132	00:21:00	145	00:00:58	123	00:39:33	149	00:00:54	138	00:11:35	01:14:01	00:17:01
133	4055	1006	Jean-Michel Vie	-	V1	Alhandra Sporting Club	145	00:21:43	90	00:00:36	119	00:39:17	104	00:00:39	144	00:11:50	01:14:07	00:17:06
134	1144	1008	Rodrigo Amoreira	-	CAD	GCA Donas	125	00:20:40	25	00:00:29	140	00:41:28	46	00:00:32	125	00:11:06	01:14:16	00:17:16
135	3303	1017	José Mercês	-	SEN	Clube 4 Estilos	135	00:21:11	161	00:01:16	127	00:39:58	148	00:00:53	139	00:11:38	01:14:57	00:17:57
136	1164	1016	Rafael Marques	-	CAD	Clube de Nataçao de Torres Novas	111	00:20:11	130	00:00:51	148	00:42:59	115	00:00:40	100	00:10:25	01:15:08	00:18:08
137	1117	1022	Filipe Baia-Baia	-	CAD	REPSOL TRIATLO	133	00:21:01	154	00:01:09	139	00:41:28	134	00:00:45	113	00:10:46	01:15:10	00:18:10
138	4478	1004	Fernando Pombo	-	V5	Teleperformance - "Os Belenenses"	136	00:21:12	70	00:00:34	144	00:42:05	109	00:00:39	122	00:11:03	01:15:34	00:18:34
139	3112	1022	João Martins	-	SEN	MOTRINDE - Clube dos Galitos	134	00:21:06	148	00:01:00	145	00:42:12	140	00:00:50	121	00:10:57	01:16:08	00:19:07
140	6317	1022	Artur Miranda	-	V1	CNA	118	00:20:26	146	00:00:58	146	00:42:41	154	00:00:58	129	00:11:07	01:16:12	00:19:12
141	4797	1025	Paulo Reis	-	V1	S.U.Colarens	139	00:21:25	115	00:00:44	141	00:41:36	130	00:00:44	145	00:11:52	01:16:22	00:19:22
142	5860		Juan Francisco Alcántara	-	V1	A. D. Triatlón Pacense	142	00:21:37	140	00:00:55	149	00:42:59	86	00:00:36	120	00:10:57	01:17:06	00:20:06
143	1110	1006	António Figueiredo Lopes	-	CAD	Alhandra Sporting Club	150	00:22:38	117	00:00:45	143	00:41:55	33	00:00:31	146	00:11:57	01:17:46	00:20:46
144	6353	1025	Vasco Mesquita	-	CAD	GCA Donas	121	00:20:34	139	00:00:54	150	00:43:50	161	00:01:11	151	00:12:10	01:18:41	00:21:40
145	4117	1026	João Carlos Figueiredo	-	V2	CNA	117	00:20:25	167	00:01:45	153	00:44:40	165	00:01:25	110	00:10:39	01:18:57	00:21:57

Data:	14-02-2015	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt	
Ranking:	Camp. Nac. Clubes Duatlo		Hora de Partida:	15h32						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
146	4030	1025	José Salvado	-	V3	Clube Triatlo Fundão	155	00:24:01	153	00:01:09	133	00:40:52	142	00:00:50	154	00:12:36	01:19:30	00:22:29
147	4752	1024	Hugo Matias	-	V1	ETri. Santo António Évora	147	00:21:55	131	00:00:51	152	00:44:24	136	00:00:45	140	00:11:43	01:19:41	00:22:41
148	4744	1023	Pedro Silva	-	V1	Clube de Nataçao de Torres Novas	165	00:25:54	149	00:01:01	134	00:41:03	139	00:00:50	149	00:11:58	01:20:47	00:23:47
149	3307	1015	Ricardo Marques	-	SEN	Clube Triatlo Fundão	156	00:24:39	133	00:00:52	142	00:41:38	124	00:00:42	156	00:12:59	01:20:51	00:23:51
150	4067	1002	Carlos Leite	-	V5	A. C. R. Ribeira	159	00:24:44	134	00:00:52	147	00:42:45	144	00:00:51	142	00:11:47	01:21:00	00:24:00
151	3514	1008	Hugo Matos	-	SEN	Clube de Praças da Armada	148	00:22:22	120	00:00:46	137	00:41:10	155	00:00:58	166	00:16:16	01:21:34	00:24:34
152	4342	1014	Luis Filipe Silva	-	V4	TRIATLO CLUBE TAP	164	00:25:50	162	00:01:17	135	00:41:09	103	00:00:38	158	00:13:09	01:22:04	00:25:04
153	1010	1004	Hugo Cecílio	-	CAD	Teleperformance - "Os Belenenses"	149	00:22:24	128	00:00:50	159	00:47:01	159	00:01:05	133	00:11:16	01:22:38	00:25:38
154	1048	1021	Dinis Andrade	-	CAD	CERVELO LINCE TRIATHLON	141	00:21:33	141	00:00:56	162	00:48:05	153	00:00:56	130	00:11:07	01:22:38	00:25:38
155	1098	1021	Diogo Vilaça	-	CAD	CERVELO LINCE TRIATHLON	76	00:18:54	76	00:00:34	163	00:52:42	94	00:00:37	86	00:10:06	01:22:55	00:25:54
156	1145	1025	Abilio Dias	-	CAD	GCA Donas	153	00:23:35	105	00:00:41	158	00:46:36	152	00:00:56	150	00:12:00	01:23:50	00:26:50
157	4036	1007	Miguel Gomes	-	V1	C. N. Colégio Vasco da Gama	158	00:24:41	125	00:00:48	154	00:44:54	123	00:00:42	157	00:13:00	01:24:06	00:27:05
158	4346	1015	Jorge Carreiras	-	V2	Clube Oriental de Lisboa	161	00:25:06	157	00:01:10	151	00:44:01	158	00:01:00	159	00:13:14	01:24:33	00:27:33
159	1636	1016	André Garrido	-	JUN	ETri. Santo António Évora	151	00:23:34	144	00:00:57	155	00:45:19	146	00:00:52	163	00:14:21	01:25:05	00:28:05
160	4559	1019	António Cardote	-	V3	Lusitano	154	00:23:54	156	00:01:09	157	00:46:27	162	00:01:16	153	00:12:22	01:25:10	00:28:10
161	4406	1022	Pedro Basilio	-	V2	Clube Triatlo de Abrantes	152	00:23:35	159	00:01:12	156	00:46:27	163	00:01:24	164	00:14:33	01:27:13	00:30:13
162	4739	1015	Nuno Pires	-	V1	Clube Triatlo Fundão	157	00:24:40	158	00:01:12	160	00:47:58	166	00:01:43	162	00:14:14	01:29:49	00:32:49
163	4023	1008	Francisco Bexiga	-	V4	Clube de Praças da Armada	162	00:25:12	160	00:01:14	161	00:47:58	160	00:01:08	165	00:14:40	01:30:14	00:33:14
164	3401	1017	Hugo Carrageta	-	SEN	Kainagua	166	00:26:34	135	00:00:52	164	00:53:13	131	00:00:44	160	00:13:49	01:35:14	00:38:14
165	1669	1026	Ruben Almeida Santos	-	JUN	CNA	160	00:24:55	79	00:00:34	167	00:57:06	58	00:00:33	155	00:12:57	01:36:07	00:39:06
166	4648	1015	José Valério	-	V5	Clube Oriental de Lisboa	163	00:25:18	165	00:01:31	165	00:53:31	167	00:01:45	161	00:14:12	01:36:19	00:39:19
167	3403	1022	Joao Castro Teixeira	-	V3	CNA	167	00:29:22	122	00:00:47	166	00:55:35	156	00:00:59	167	00:16:39	01:43:22	00:46:22
	2043	1018	Carlos Carvalho	DNF	S23	Ateneu Artístico Cartaxense												-
	4011	1017	João Albuquerque	DNF	V3	Clube 4 Estilos		00:21:45		00:00:49								-
	1009	1021	Francisco Sousa	DNS	CAD	CERVELO LINCE TRIATHLON												-
	1108	1006	Edi Cristeta	DNS	CAD	Alhandra Sporting Club												-
	3039	1007	Custódio António	DNS	SEN	Garmin Olímpico de Oeiras												-
	3166	1003	João Azevedo	DNS	SEN	C. D. "Os Águias" de Alpiarça												-
	3310	1012	Pedro Martins	DNS	SEN	C. D. Escola Santana												-

Data:	14-02-2015	Hora:	15h30	Local:	Arronches							
Corrida	5.000 mt	Transição:	0 mt	Ciclismo:	20.500 mt	Transição:	0 mt	Corrida:	2.500 mt			
Ranking:	Camp. Nac. Clubes Duatlo			Hora de Partida:	15h32							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
	3362	1008	Pedro Eloy	DNS	SEN	Garmin Olímpico de Oeiras												-
	3558	1025	Nuno José Silva	DNS	SEN	Garmin Olímpico de Oeiras												-
	3608	1013	Nuno Miguel Tinoco	DNS	SEN	Clube de Condeixa												-
	3740	1015	Francisco Gaspar	DNS	SEN	A. M. C. R. Fonte Grada												-
	4461	1001	Carlos Dias	DNS	V4	AMICICLO GRÂNDOLA												-
	4520	1015	Vitor Pereira	DNS	V2	Clube Triatlo Fundão												-