

Data:	12-07-2015	Hora:	16h00	Local:	Coruche			
Natação	750 mt	PT:	0 mt	Corrida:	5.000 mt			

Ranking:	Camp. Nac. Individual	Hora de Partida:	16h08
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT	P	Corrida	Total	Diff
1	3038	1004	Vasco Pessoa	-	SEN	Tecnel - CD Águas	24	00:09:51	22	00:00:41	6	00:15:27	00:26:01	
2	2066	1004	Rui Tenrinho	-	S23	Tecnel - CD Águas	3		3		3		00:26:11	00:00:10
3	1603	1008	José Felício	-	JUN	Garmin Olímpico de Oeiras	25	00:09:52	12	00:00:39	10	00:15:54	00:26:27	00:00:26
4	2149	1002	Pedro Afonso Gaspar	-	S23	Portugal Talentus	23	00:09:49	8	00:00:38	11	00:16:05	00:26:33	00:00:32
5	1014	1004	Vasco Vilaça	-	CAD	Teleperformance - "Os Belenenses"	40	00:10:23	16	00:00:40	7	00:15:29	00:26:34	00:00:33
6	2059	1008	João Francisco Ferreira	-	S23	Garmin Olímpico de Oeiras	36	00:10:21	13	00:00:39	8	00:15:34	00:26:35	00:00:34
7	1099	1008	Duarte Brás	-	CAD	Garmin Olímpico de Oeiras	38	00:10:22	44	00:00:44	9	00:15:35	00:26:42	00:00:41
8	1658	1008	Diogo Nóbrega	-	JUN	Ludens de Machico/El Bom Bom Sport	43	00:10:26	43	00:00:44	13	00:16:06	00:27:17	00:01:16
9	2040	1007	Afonso Garcia	-	S23	Garmin Olímpico de Oeiras	29	00:10:03	64	00:00:47	20	00:16:37	00:27:27	00:01:26
10	1142	1010	Tiago Fonseca	-	CAD	Garmin Olímpico de Oeiras	49	00:10:34	11	00:00:39	15	00:16:15	00:27:28	00:01:27
11	1612	1007	Afonso Feijão	-	JUN	Garmin Olímpico de Oeiras	41	00:10:24	23	00:00:41	18	00:16:30	00:27:36	00:01:35
12	2044	1007	Andre Fernandes	-	S23	Garmin Olímpico de Oeiras	26	00:09:54	71	00:00:49	25	00:16:58	00:27:42	00:01:41
13	1035	1003	Bernardo Aguiar	-	CAD	Sport Lisboa e Benfica	37	00:10:21	29	00:00:42	22	00:16:45	00:27:49	00:01:48
14	3282	1010	Márcio Neves	-	SEN	Peniche A. C.	56	00:10:52	59	00:00:47	14	00:16:13	00:27:53	00:01:52
15	2016	1006	Luis Pedro Ferreira	-	S23	Alhandra Sporting Club	4		4		4		00:27:54	00:01:53
16	1119	1017	Miguel Baltazar	-	CAD	Kainagua	33	00:10:14	15	00:00:40	28	00:17:02	00:27:57	00:01:56
17	1644	1007	Miguel Fortunato	-	JUN	Alhandra Sporting Club	44	00:10:28	36	00:00:43	24	00:16:53	00:28:05	00:02:04
18	1584	1012	André Dias	-	JUN	Sporting CP	46	00:10:30	20	00:00:41	26	00:16:58	00:28:10	00:02:09
19	5396		Federico Scarabino	-	JUN	Individual	5		5		5		00:28:12	00:02:11
20	1078	1015	André Cruz	-	CAD	Clube de Nataçã de Torres Novas	45	00:10:29	34	00:00:43	27	00:16:59	00:28:12	00:02:11
21	1102	1003	Leonardo Aniceto	-	CAD	Sport Lisboa e Benfica	66	00:11:07	10	00:00:39	17	00:16:27	00:28:13	00:02:12
22	3568	1023	Ricardo Rego	-	SEN	Clube de Nataçã de Torres Novas	51	00:10:35	31	00:00:42	32	00:17:17	00:28:35	00:02:34
23	2124	1013	João Mansos	-	S23	Nutrimania Sports Nutrition/Amorense	31	00:10:13	35	00:00:43	41	00:17:42	00:28:39	00:02:38
24	3704	1010	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	82	00:11:48	9	00:00:39	16	00:16:17	00:28:44	00:02:43
25	1568	1007	Nuno Ribeiro	-	JUN	Alhandra Sporting Club	35	00:10:16	21	00:00:41	46	00:17:49	00:28:47	00:02:46
26	1112	1009	Pedro Velosa	-	CAD	Clube Futebol Andorinha	50	00:10:34	7	00:00:38	37	00:17:35	00:28:48	00:02:47
27	3744	1025	José João Bica	-	SEN	C. N. Colégio Vasco da Gama	39	00:10:23	65	00:00:47	40	00:17:39	00:28:50	00:02:49
28	3823	1012	Pedro Videira	-	SEN	Individual	28	00:10:02	57	00:00:47	50	00:18:04	00:28:54	00:02:53
29	1066	1007	Tiago Pinto	-	CAD	Alhandra Sporting Club	79	00:11:36	6	00:00:38	21	00:16:40	00:28:55	00:02:54
30	1076	1004	Pedro Carlos	-	CAD	Teleperformance - "Os Belenenses"	67	00:11:09	32	00:00:42	30	00:17:05	00:28:57	00:02:56
31	1167	1013	Filipe Santos	-	CAD	Nutrimania Sports Nutrition/Amorense	53	00:10:42	14	00:00:39	44	00:17:44	00:29:07	00:03:06
32	1165	1020	Samuel Agostinho	-	CAD	Clube Nataçã Rio Maior	61	00:10:58	74	00:00:49	33	00:17:23	00:29:11	00:03:10
33	2086	1010	Miguel Furtado	-	S23	SFRAA TRIATLO	59	00:10:55	50	00:00:46	38	00:17:35	00:29:17	00:03:16
34	1116	1008	Miguel Tiago Silva	-	CAD	Garmin Olímpico de Oeiras	27	00:09:58	17	00:00:40	63	00:18:43	00:29:22	00:03:20
35	1043	1018	José Barreto	-	CAD	Núcleo Sportinguista da Golegã	89	00:12:10	41	00:00:44	19	00:16:33	00:29:28	00:03:27
36	1118	1015	Guilherme Pires	-	CAD	Clube Triatlo Fundão	48	00:10:33	48	00:00:45	53	00:18:17	00:29:36	00:03:35
37	2005	1022	Gonçalo Oliveira	-	S23	Clube de Nataçã da Amadora	77	00:11:31	27	00:00:42	36	00:17:32	00:29:46	00:03:45
38	1037	1003	João Lopes	-	CAD	Tecnel - CD Águas	73	00:11:26	55	00:00:46	43	00:17:44	00:29:57	00:03:56
39	1634	1008	João Luís Jacinto	-	JUN	Garmin Olímpico de Oeiras	68	00:11:10	116	00:00:58	45	00:17:49	00:29:58	00:03:57
40	2027	1023	Gonçalo Santos	-	S23	AHBE - Bombeiros Estoris	52	00:10:40	124	00:01:01	55	00:18:24	00:30:06	00:04:05
41	1138	1011	Miguel Guedelha	-	CAD	G. D. R. de Manique de Cima	83	00:11:52	19	00:00:40	39	00:17:38	00:30:12	00:04:11
42	1615	1008	Miguel Melo Almeida	-	JUN	Garmin Olímpico de Oeiras	75	00:11:30	51	00:00:46	52	00:18:09	00:30:25	00:04:24
43	1104	1029	Joaquim Cerqueira	-	CAD	Alhandra Sporting Club	91	00:12:12	33	00:00:43	35	00:17:31	00:30:26	00:04:25
44	2130	1004	Nuno Lima	-	S23	Tecnel - CD Águas	69	00:11:12	18	00:00:40	61	00:18:38	00:30:31	00:04:30
45	3142	1017	Pedro Figueira	-	SEN	Clube 4 Estilos	85	00:11:57	24	00:00:41	49	00:17:54	00:30:33	00:04:32
46	1131	1011	Alexandre França	-	CAD	G. D. R. de Manique de Cima	76	00:11:31	67	00:00:48	54	00:18:21	00:30:40	00:04:39
47	1055	1009	Vadim Parkhomchuk	-	CAD	Clube Futebol Andorinha	92	00:12:16	30	00:00:42	42	00:17:43	00:30:41	00:04:40
48	1604	1002	Miguel Tomé	-	JUN	SFRAA TRIATLO	71	00:11:18	58	00:00:47	65	00:18:47	00:30:53	00:04:52
49	4711	1016	Marco Sousa	-	V1	Clube de Nataçã de Torres Novas	97	00:12:54	80	00:00:50	31	00:17:16	00:31:01	00:05:00

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Natação	750 mt	PT:	0 mt	Corrida:	5.000 mt			

Ranking:	Camp. Nac. Individual	Hora de Partida:	16h08
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT	P	Corrida	Total	Diff
50	1009	1021	Francisco Sousa	-	CAD	CERVELO LINCE TRIATHLON	57	00:10:53	82	00:00:50	71	00:19:17	00:31:02	00:05:01
51	1098	1021	Diogo Vilaça	-	CAD	CERVELO LINCE TRIATHLON	74	00:11:29	93	00:00:53	62	00:18:41	00:31:03	00:05:02
52	2057	1012	Bernardo Guerra	-	S23	Sporting CP	70	00:11:16	69	00:00:48	67	00:18:59	00:31:03	00:05:02
53	1585	1012	Sávio Accioly	-	JUN	Sporting CP	81	00:11:41	49	00:00:46	60	00:18:37	00:31:05	00:05:04
54	1045	1013	David Agostinho	-	CAD	Nutrimania Sports Nutrition/Amorense	72	00:11:23	86	00:00:52	68	00:19:02	00:31:18	00:05:17
55	1152	1011	Rodrigo Pinho	-	CAD	G. D. R. de Manique de Cima	88	00:12:03	66	00:00:47	58	00:18:32	00:31:23	00:05:22
56	1107	1006	André Picado	-	CAD	Alhandra Sporting Club	78	00:11:34	63	00:00:47	69	00:19:05	00:31:26	00:05:25
57	1538	1004	Gabriel Ubaldo Teixeira	-	JUN	Teleperformance - "Os Belenenses"	65	00:11:07	47	00:00:45	86	00:20:00	00:31:53	00:05:52
58	1050	1013	Filipe Marques	-	CAD	Nutrimania Sports Nutrition/Amorense	55	00:10:45	42	00:00:44	95	00:20:32	00:32:02	00:06:01
59	3552	1023	João Nuno Martins	-	SEN	Clube Oriental de Lisboa	96	00:12:52	72	00:00:49	57	00:18:30	00:32:12	00:06:11
60	1096	1012	Miguel Melo	-	CAD	Sporting CP	80	00:11:41	81	00:00:50	78	00:19:48	00:32:20	00:06:19
61	4128	1012	Luis Filipe Lopes	-	V2	Individual	94	00:12:41	109	00:00:57	64	00:18:44	00:32:23	00:06:22
62	3368	1010	Pedro Magalhães	-	SEN	Assoc. Académica S. Mamede	104	00:13:23	123	00:01:01	51	00:18:08	00:32:34	00:06:33
63	2029	1016	Pedro Serra	-	S23	Clube de Nataçã de Torres Novas	87	00:11:59	28	00:00:42	83	00:19:53	00:32:35	00:06:34
64	1048	1021	Dinis Andrade	-	CAD	CERVELO LINCE TRIATHLON	63	00:11:00	122	00:01:00	98	00:20:37	00:32:38	00:06:37
65	1001	1012	Francisco Henriques	-	CAD	Sporting CP	84	00:11:52	39	00:00:44	89	00:20:11	00:32:49	00:06:48
66	1021	1020	Nuno Paulo	-	CAD	S.U.Colarense	106	00:13:40	26	00:00:42	56	00:18:26	00:32:49	00:06:48
67	1164	1016	Rafael Marques	-	CAD	Clube de Nataçã de Torres Novas	98	00:13:00	46	00:00:45	74	00:19:30	00:33:15	00:07:14
68	1134	1021	Duarte Santos	-	CAD	FET- Fátima Escola de Triatlo	1		1		1		00:33:17	00:07:16
69	1605	1021	Marco Carreira	-	JUN	FET- Fátima Escola de Triatlo	93	00:12:22	54	00:00:46	88	00:20:09	00:33:18	00:07:17
70	4497	1005	Alexandre Feliz	-	V1	TRI-OESTE	95	00:12:45	73	00:00:49	77	00:19:47	00:33:23	00:07:22
71	3624	1001	Rodrigo Costa	-	SEN	REPSOL TRIATLO	58	00:10:55	136	00:01:09	109	00:21:37	00:33:41	00:07:40
72	1000	1024	Rodrigo Esteves	-	CAD	Sporting CP	86	00:11:58	92	00:00:53	101	00:20:53	00:33:45	00:07:44
73	1566	1006	Alexandru Statiuc	-	JUN	Alhandra Sporting Club	42	00:10:25	52	00:00:46	121	00:22:41	00:33:53	00:07:52
74	1012	1004	Luis Martins	-	CAD	Teleperformance - "Os Belenenses"	113	00:14:08	78	00:00:50	72	00:19:20	00:34:19	00:08:18
75	4786	1025	Rui Galinha	-	V1	Núcleo Sportinguista da Golegã	116	00:14:52	101	00:00:55	59	00:18:33	00:34:21	00:08:20
76	4562	1020	Luís Manuel Rosário	-	V2	S.U.Colarense	105	00:13:40	106	00:00:55	85	00:19:55	00:34:32	00:08:30
77	4456	1018	Helder Moringa	-	V2	DURA / Ateneu Artístico Cartaxense	110	00:13:56	87	00:00:52	79	00:19:50	00:34:40	00:08:39
78	3088	1017	Luis Galrito	-	SEN	Kainagua	100	00:13:06	88	00:00:53	99	00:20:42	00:34:41	00:08:40
79	4798	1025	Jorge Vieira	-	V2	S.U.Colarense	142	00:17:44	97	00:00:53	12	00:16:05	00:34:44	00:08:43
80	4060	1010	António Moura	-	V4	Peniche A. C.	103	00:13:20	127	00:01:02	93	00:20:29	00:34:52	00:08:51
81	4521	1015	Rogério Pires	-	V1	Clube Triatlo Fundão	139	00:17:25	129	00:01:03	23	00:16:52	00:35:20	00:09:19
82	1651	1024	Ricardo Sousa	-	JUN	GCA Donas	129	00:15:47	25	00:00:41	70	00:19:08	00:35:38	00:09:37
83	1157	1020	Constantin Schiopu	-	CAD	REPSOL TRIATLO	114	00:14:23	95	00:00:53	94	00:20:30	00:35:47	00:09:46
84	4022	1005	Paulo Teles	-	V1	G.A.A. Vila Franca de Xira	111	00:14:04	119	00:00:59	100	00:20:50	00:35:54	00:09:53
85	4614	1018	Luís Santos	-	V2	Alhandra Sporting Club	141	00:17:42	76	00:00:50	34	00:17:27	00:35:59	00:09:58
86	4644	1015	Luís Gonçalves	-	V1	Clube Triatlo Fundão	118	00:14:58	99	00:00:55	91	00:20:15	00:36:09	00:10:08
87	4480	1002	Pedro Goucha Jorge	-	V3	Sporting CP	109	00:13:55	133	00:01:06	106	00:21:11	00:36:13	00:10:12
88	4196	1013	Jorge Manuel Cochicho	-	V1	AMICICLO GRÂNDOLA	124	00:15:28	114	00:00:58	87	00:20:07	00:36:35	00:10:34
89	4055	1006	Jean-Michel Vie	-	V1	Alhandra Sporting Club	128	00:15:47	105	00:00:55	80	00:19:53	00:36:36	00:10:35
90	4263	1025	Pedro Ribeiro	-	V1	S.U.Colarense	146	00:18:20	137	00:01:12	29	00:17:05	00:36:38	00:10:37
91	4039	1014	José Varela	-	V4	Louletano	131	00:15:58	139	00:01:15	75	00:19:38	00:36:51	00:10:50
92	5006	1024	Luís Rocha	-	V1	Teleperformance - "Os Belenenses"	133	00:16:02	110	00:00:57	82	00:19:53	00:36:53	00:10:51
93	4556	1029	Rizério Salgado	-	V4	Individual	134	00:16:08	118	00:00:59	81	00:19:53	00:37:00	00:10:59
94	1144	1008	Rodrigo Amoreira	-	CAD	GCA Donas	149	00:18:24	53	00:00:46	47	00:17:50	00:37:02	00:11:01
95	4730	1023	Júlio Martins	-	V4	Clube Triatlo Fundão	138	00:17:22	150	00:01:46	48	00:17:53	00:37:02	00:11:01
96	4025	1008	João Medeiro	-	V3	Garmin Olímpico de Oeiras	132	00:16:00	140	00:01:16	84	00:19:55	00:37:11	00:11:10
97	1101	1006	Cristiano Barardo	-	CAD	TRI-OESTE	119	00:14:59	108	00:00:56	107	00:21:15	00:37:11	00:11:10
98	4428	1022	Artur Miranda	-	V1	Clube de Nataçã da Amadora	126	00:15:45	120	00:00:59	92	00:20:29	00:37:13	00:11:12

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT	P	Corrida	Total	Diff
99	4117	1026	João Carlos Narra	-	V2	Clube de Natação da Amadora	123	00:15:26	89	00:00:53	108	00:21:15	00:37:35	00:11:34
100	4314	1018	Bruno Girão	-	V1	Individual	137	00:16:54	85	00:00:52	90	00:20:13	00:38:00	00:11:59
101	4727	1023	Carlos Alberto Custodio	-	V1	Câmara Lisboa Clube	121	00:15:20	117	00:00:58	112	00:21:43	00:38:02	00:12:01
102	3280	1029	António Sousa	-	SEN	Lusitano	130	00:15:49	145	00:01:23	104	00:20:59	00:38:12	00:12:11
103	1146	1024	António Barata	-	CAD	GCA Donas	135	00:16:42	96	00:00:53	103	00:20:56	00:38:33	00:12:32
104	4629	1015	António Martinho	-	V3	Clube Oriental de Lisboa	108	00:13:55	147	00:01:29	127	00:23:20	00:38:45	00:12:44
105	3435	1022	Bruno Godinho	-	SEN	Clube de Natação da Amadora	136	00:16:43	68	00:00:48	114	00:21:50	00:39:22	00:13:21
106	4744	1023	Pedro Silva	-	V1	Clube de Natação de Torres Novas	120	00:15:19	107	00:00:56	125	00:23:10	00:39:25	00:13:24
107	1669	1026	Ruben Almeida Santos	-	JUN	Clube de Natação da Amadora	127	00:15:46	56	00:00:46	128	00:23:25	00:39:58	00:13:57
108	4301	1017	Pedro Fardilha	-	V1	MOTRINDE - Clube dos Galitos	112	00:14:05	125	00:01:01	143	00:25:28	00:40:35	00:14:34
109	4403	1017	Paulo Jorge Santos	-	V3	Câmara Lisboa Clube	122	00:15:26	149	00:01:44	131	00:23:32	00:40:42	00:14:41
110	3357	1002	Marco Cerruti	-	SEN	REPSOL TRIATLO	125	00:15:38	141	00:01:17	136	00:24:19	00:41:15	00:15:14
111	3037	1026	Joaquim Potes	-	SEN	Kainagua	144	00:18:07	143	00:01:20	122	00:22:43	00:42:12	00:16:11
112	4294	1013	José Panóias	-	V4	Quintajense	143	00:18:06	148	00:01:31	124	00:23:01	00:42:40	00:16:39
113	4741	1008	Pedro Luis Lopes	-	V1	Garmin Olímpico de Oeiras	145	00:18:17	134	00:01:07	130	00:23:30	00:42:54	00:16:53
114	4462	1029	Henrique Jorge	-	V2	Clube de Natação da Amadora	148	00:18:23	132	00:01:05	132	00:23:32	00:43:01	00:17:00
115	4433	1028	Bruno Faria	-	V1	Individual	150	00:19:13	113	00:00:58	129	00:23:25	00:43:37	00:17:36
116	4795	1025	Mario Jesus	-	V1	S.U.Colarensense	147	00:18:21	128	00:01:02	135	00:24:14	00:43:39	00:17:37
117	4432	1015	João Matos	-	V2	Clube Triatlo Fundão	140	00:17:40	138	00:01:14	139	00:24:55	00:43:50	00:17:49
1141	1008	Frederico Marques	DNF	CAD	Garmin Olímpico de Oeiras		00:10:23		00:00:43					-
1154	1011	Bruno Carrazedo	DNF	CAD	G. D. R. de Manique de Cima		00:12:51		00:00:47					-
3432	1012	Hugo Sousa	DNS	SEN	Açoreana Clube Banif									-
2088	1008	Fábio João Azinheirinha	DNS	S23	Garmin Olímpico de Oeiras									-
4382	1010	Paulo Fonseca	DNS	V2	Clube de Triatlo de Almada									-
4793	1018	Paulo Silvestre	DNS	V1	DURA / Ateneu Artístico Cartaxense									-
4652	1012	Fausto Isaac	DNS	V2	Açoreana Clube Banif									-
1557	1004	Hugo Baluga	DNS	JUN	AMICICLO GRÂNDOLA									-
1044	1018	Diogo Lino	DNS	CAD	Individual									-
2006	1030	Gonçalo Sousa	DNS	S23	Lusitano									-
1147	1025	Vasco Mesquita	DNS	CAD	GCA Donas									-
3403	1022	Joao Castro Teixeira	DNS	V3	Clube de Natação da Amadora									-
4600	1004	João Cardoso	DNS	V2	Teleperformance - "Os Belenenses"									-
3525	1002	Pedro Xavier	DNS	SEN	Individual									-
4384	1004	Paulo Carvalho	DNS	V3	Tecnel - CD Aguias									-
3546	1003	Nuno Felício	DNS	SEN	AHBE - Bombeiros Estoris									-
4588	1019	Paulo Sousa	DNS	V1	FC Ferreiras									-
4193	1010	Luis Correia Ferreira	DNS	V1	Assoc. Académica S. Mamede									-